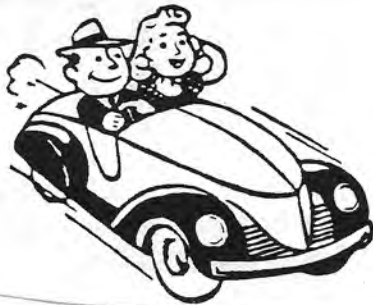


Houston Deaf Senior Citizens

Volume 1

August, 2000

Issue 8



Enjoy Your Summer!



FLASH

FLASH

FLASH

Senior Citizens meeting will go back to
Metropolitan Multi-Service Center

1475 West Gray
on
August 9, 2000



FROM THE EDITOR

FIELD TRIP

Houston
Deaf Senior
Citizen
Newsletter

Editor
Frank Shaw

Staff

Karen Clifton

Mary Jo
Stevens

Audrey
Wright

Later this year four field trips have been arranged for Houston Deaf Senior Citizens. The events will be:

Sept 27 th	Brenham
Oct 18 th	Bush Library in College Station
Nov 15 th	New Braunfels
Dec 6 th	Katy Mill Mall

Details of each event will be announced later. Anyone who is interested in going to any of these field trips should come to MMSC meeting and sign up. Phone calls will not accepted. Signing up is on a first come, first serve basis.

Thank you!
Frank Shaw

Please send any news, information or recipe that you wish to share with other Senior Citizens. Mail to: Houston Deaf Senior Citizens, ~~2654 Krasner Drive~~, Houston, TX 77028, email to hdsnews@yahoo.com, or fax to (281) 416-0799 or (713) 781-4576.

RENEWALS:

Thank you for your renewal: Jerry Hassel, Harry Huthnance, Inah Mae Jones, Jennie Lee Jordan, Ima Jean Martin, and Charles & Barbara Warren.

NEW SUBSCRIBER:

Welcome to our new subscriber: P. Aaron Theriot.

LOVE FUNDS:

We personally want to thank you very much for your generous donations to **LOVE FUND**: Arlene Benham, Maurice Ford, Elnora Morgan and Frank Shaw.

Special thanks to: Christine & Joy McKinnon for their donations to **LOVE FUND** in *memory of Lester Naffaly* who passed away on July 2nd.

Another special thanks to Lorene Blomdahl, Menefee Holdren, Christine & Joy McKinnon, and Pemella & Curtis Smith for their donations to **LOVE FUND** in *memory of Ruby Lavender*.

Clyde & Marie Hays made a craft of 'Bag Lady' dispenser for the raffle. We earned \$19.00 and donated to **LOVE FUND**. The winner was Floyd Wicker from the raffle. Thank you, Clyde and Marie, for your generous donation and support.

Anyone who wishes to donate \$\$\$ to **LOVE FUND** should please make check or money order payable to Houston Deaf Senior Citizens Fund. Please mail to:

HEALTH NEWS:



Brown Recluse Spider

Adult brown recluse spiders are soft-bodied, yellowish-tan to dark brown, about ¼ to ½ inch long and have long, delicate grayish to dark brown legs covered with short, dark hairs. They are found mainly in the southern and mid-western states especially Arkansas, Oklahoma and Missouri. They are not aggressive, but people are most often bitten when putting on clothing or shoes not used for long periods of time. They usually occur in houses on the floor or behind furniture or undisturbed areas. Bites are most dangerous to children, elderly and those who are in poor health condition. Death rarely happens from bites, but getting medical attention immediately is important to prevent from any damage to tissues in the bite area.

If bitten, you should remain calm, collect the spider, if possible, for positive identification and contact your physician, hospital and/or Poison Information Center. Apply antiseptic solution directly to the bite area to prevent infection and ice packs to relieve local swelling and pain.

TIPS of prevention from touching spiders are:

- 1) Shake out clothing and shoes before dressing
- 2) Inspect bedding and towels before using
- 3) Dust and vacuum thoroughly and more frequently around windows, corners in rooms, and under furniture, and in storage areas.
- 4) Install screens on doors and windows to prevent entry. Seal or caulk cracks and crevices where spiders can enter the house.

“HOW TO SURVIVE A HEART ATTACK WHEN ALONE”

By Health Cares, Rochester General Hospital via Chapter 240s newsletter

Many people are alone when they suffer a heart attack. What can they do? Without help a person whose heart stops beating properly begins to feel faint and has about 10 seconds left before losing consciousness.

However, these victims can help themselves by coughing repeatedly and very vigorously.

A deep breath should be taken before each cough, and the cough must be deep and make prolonged, as when producing sputum (salvia or spit) from deep inside the chest. A breath and a cough must be repeated about every two seconds without let up until help arrives, or until the heart is felt to be beating normally again.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get someone and, between breaths, call for help. You will be giving yourself CPR with this technique. It could save your life!!!

DEAF HISTORY

By Karen Hansen-Clifton

Andrew Foster

1925-1987

This is the story of a deaf African-American who fought all the odds of his time to become a successful person in life. Many deaf Africans are forever grateful for better education through the efforts of Dr. Andrew Foster. Please read on.

in 1947 Foster worked in a factory after he graduated from Alabama School for the Colored Deaf. He only had 8th grade education. Mr. Eric Malzkuhn, a vocational rehabilitation counselor, was impressed about how intelligent Foster was; so Malzkuhn encouraged him to go to school and get ready for college. Unfortunately, Michigan School for the Deaf (MSD) rejected Foster's application for enrollment because he was not really a resident of Michigan. His parents lived in Alabama.

At that time in Alabama African-American and white people had to be separated in school by law. African-Americans could not eat, shop, or go to school with white people. Malzkuhn knew that African-Americans did not have equal opportunities with whites even in the northern state of Michigan. They were segregated in practically everything.

Malzkuhn decided to process papers for Foster to enroll at Gallaudet College in Washington, D.C. He was not surprised when Gallaudet did not approve Foster's application because Foster was not ready for college work. At Gallaudet the policy was probably not for "whites only", but he figured out that it was possible "whites mostly." He did not know of any African-American who had ever graduated. Malzkuhn, deaf himself, knew that sometimes people had to prove themselves to be accepted as equal. He encouraged Foster to take some classes to prove to Gallaudet that he could do it. Foster could not afford to quit his full time job so he took high school correspondence courses from America School in Chicago and night classes at the Detroit Institute of Commerce.

At first Foster thought about going into either business or becoming a professional fighter, but he was deeply religious. Every Sunday he attended church where there were many deaf people. He was so eager to learn more about God that, he often stayed there after church to discuss with the minister. One day a missionary who had been to Jamaica gave a presentation about Deaf Jamaicans living difficult lives. This made Foster realize how lucky Deaf people in the United States were. Even African-American deaf people could go to school to learn how to read and write.

At last Foster enrolled at Gallaudet in 1951 and completed his education in three years including summer courses instead of five years. After graduation, he went to Eastern Michigan University and was the first African-American to get a Master of Arts (MA) degree at Eastern Michigan. He was inspired by the missionary from Jamaica and decided to attend Christian Missions College in Seattle, Washington where he earned his third degree. Afterwards, he moved to Ghana, West Africa to set up his first school using a small room belonging to a church. He started with twelve students. Thereafter the school grew rapidly.

By 1968 Foster had set up five deaf schools; two in Ghana and three in Nigeria. In the following two decades, Foster set up over 30 schools, most of them affiliated with churches. The Deaf in Africa (and indeed elsewhere in the world) were thought to be dumb and were seen as a curse. With Foster's help, hundreds of Deaf Africans are now able read and write. Dr. Andrew Foster died in a plane crash in 1987. He was married to Berta Zuther and they had five children.



~ KITCHEN TIPS N IDEAS ~

1. Cottage cheese will remain fresher longer if you store it upside down in the refrigerator. This slows the effects of oxidation.
2. To keep milk past it's expiration date add salt. A pinch of salt in a gallon will do it. The salt slows the rate of bacteria growth.
3. Brown sugar will not harden if stored in the freezer.
4. A good trick when you go away on vacation is to place a baggie with a few ice cubes in the freezer. If a power failure occurs while you are gone and the food thaws and then refreezes you will know about it when you get home.
5. Ice cream container sealed in a plastic bag will stop ice crystals from forming when it is in the freezer.
6. Potato chip bag open again and they're all stale and yucky??? Pop them in the microwave for 30 to 60 seconds, let stand for two minutes and they will be crispy again.
7. To keep those pesky insects away from your plants, combine one bulb of garlic, one small onion and one-tablespoon cayenne pepper in the blender. Mix with one-quart water and let stand for one hour. Then add one tablespoon Ivory liquid and mist your plants!!!
8. Club soda - - removes stains, cleans sinks.
9. Broccoli stalks - - Don't discard the tough ends of broccoli stalks. Use them for making soups.
10. Dropping cookie dough - - To get cookie dough to drop without sticking, dip the spoon in milk first.



JOKES:

"WHY DOGS SHOULD BE PRESIDENT"

(Author unkown)

- They work well together.
- They work for the good of the pack.
- They protect their young and their elders.
- They do not kill indiscriminately.
- They do not lie, cheat or steal.
- They won't spend money redecorating the White House.
- They do not read newspapers, watch TV or give interviews.
- Their clothes don't have zippers or pockets.
- They don't indulge in fantasies.
- They can be NEUTERED!



CALENDAR OF EVENTS

Aug 8 & 9, 2000 @ AMC Studio 30 – 2949 Dunvale

Open captioned movie: “**Big Momma’s House**” – Check the time in the newspaper.

Aug 9, 2000 (Wednesday)

- Senior Citizens will meet at Metropolitan Multi-Service Center (MMSC) at 1475 West Gray from 9 a.m. to 1 p.m.
- Enron Field Trip: Meet at MMSC at 9:00 AM. Bus will leave at 9:30 AM. Tour prices: \$3.00 – senior citizen, \$4.00 – non-member.

Aug 15 & 16, 2000 @ AMC Studio 30 – 2949 Dunvale

Open captioned movie: “**Titan AE**” – Check the time in the newspaper.

Aug 18, 2000 at Metropolitan Multi-Service Center at 1475 West Gray at 7 p.m. – 9:30 p.m.

OPTICA – “**Bernard Bragg Series**” – The magical enthusiasm of a Deaf man whose achievements represent a triumph of human will and spirit. Based on his autobiography, “**Lessons in Laughter**”.

Aug 19, 2000 (Saturday): ADA

There will be a coalition for the Deaf/Hard of Hearing Consumers from 1:00 to 5:00 PM. The location will be at MMSC, 1475 West Gray, Houston. Hope many of you will be there to give your input for the future and support of our Deaf/Hard of Hearing and the Handicapped.

Aug 23, 2000 (Wednesday)

Senior Citizens will meet at Metropolitan Multi-Service Center at 1475 West Gray from 9 a.m. to 1 p.m.

Aug 24, 2000 (Thursday)

Senior Citizens will meet at Woodhaven Baptist Church at 9920 Long Point. There will be potluck for lunch. If you wish to bring a covered dish, please contact Maurice Ford at (713) 455-3507 TTY or Elnora Morgan at (713) 675-1531 TTY who are in charge of covered dishes and let them know what you will bring.

Aug 29 & 30, 2000 @ AMC Studio 30 – 2949 Dunvale (two movies)

Open captioned movies: “**Me, Myself & Irene**” and “**Perfect Storm**” – Check the time in the newspaper.














REMINDER:


“TAKE TOUR TO ENRON FIELDS”

WHERE: Enron Field
 WHAT: Tour
 WHEN: Wednesday, August 9, 2000
 TIME: 9:00 AM to meet at MMSC where bus will depart at 9:30
 TOUR PRICES: \$3.00 Senior Citizens for tour
 \$4.00 Non-member for tour

Contact Billy Buza at 713-921-7073 TTY for more information.

August 2000

SUN	MON	TUE	WED	THU	FRI	SAT
6 Raymond Edgley 	7	8 Doris Adams Christine McKinnon 	9 S.C.M.M.S.C. 	10 Margaret Braquet 	11 	12 Lanier Page 
13	14 Nellie Bishop 	15	16	17 S.C. Social Woodhaven	18	19
20	21 Avie Alamiz 	22	23 S.C.M.M.S.C. 	24	25	26
27	28	29	30	31 Jesse Dirdeen  Joe & Christine McKinnon-1962 		

 Social Meeting

 Birthday

 Anniversary

Rest In Peace



OBITUARIES

Weldon Hollis, Sr., 70, of Robstown, died on May 12, 2000. He was a foreman of Nueces County Record Star, former president of Corpus Christi Area Council for the Deaf, a commissioner of Texas Commission for the Deaf, president of Coastal Bend Silent Club and a secretary of Texas Association of the Deaf. He was a graduate from Texas School for the Deaf. Survivors are included his wife, Gerry; a son, Weldon, Jr. of Corpus Christi, a brother, Marvin Hollis of Dallas, a sister, Ida Lynch of Mariette, GA, two grandchildren and six great-grandchildren.

Dorothy G. Hays Briscoe Goldsmith, 81, of Austin passed away on Thursday, May 25, 2000. Born to Andrew and Lillie Hays in Lexington, Texas. The service was held at Cook-Walden/Forest Oaks Funeral Home and buried at Cook-Walden/Forest Oaks Memorial Park on Saturday, May 27th.

Ruby E. Lavender, 88, of Houston, passed away Wednesday, June 21, 2000. The family received friends Friday, June 23rd from 5:00 to 8:00 PM at Forest Park East Funeral Home. The services was held at Woodhaven Baptist Deaf Church of Houston at 3:00 PM on Saturday, June 24th and buried at Goodson Family Cemetery in Pinehurst, Texas.

Lester Naffally, 88, of Austin (husband of Norma (Hensley) suddenly had a massive heart attack and passed away on July 2nd, 2000. According to his wish, there was no funeral or memorial service in both two hometowns, Austin, Texas and Walnut Creek, California.



NEWS FROM MARY JO STEVENS:

Just in case you are wondering why I haven't come to MMSC meeting for a while... My mobile home was sold in June and I moved to Weimer, Texas to taking care of my mother. Since I am the oldest in the family and single, I accepted the responsibility to take care of her. Of course, I won't forget all of you. I do love and miss you all. My plan is to visit my friends here sometimes when my time is permitted. By the way, I am still involved with the SC Newsletter.

NEWS FROM OPAL PIERCY:

Lennie Morton, Hazel Richard, and Opal Piercy went to visit Margaret Braquet one afternoon. She is home from the hospital after falling and breaking her pelvis. Her condition is getting better, but her memory is not doing well. She is lonely and would appreciate to have visitors; so we hope some of you can visit her. She lives with her son, Sidney at 818 ½ Euclid. All you need is to go to the side of the fence in the back and push the button. The maid will come and open the gate.

Eugene and Opal drove to Grapevine to visit their son and his family. We stayed a week and visited Emmett and Margaret Hall one day. Unfortunately, they were not at home so we left a note with Harry's phone number. Then next day they called and agreed to meet us in Arlington for lunch. We had a good visit with them. Next day we drove to Dallas and met Verdneil Brown. She took us to visit her daughter, Judy. Verdneil looks the same as years back in school and says "Hi" to all of you who know her.

NEWS FROM MAURICE FORD:

On July 5th, my friends Cliff Floeck, Buddy Baxter, Chris Surjane (mother of Buddy from Ohio), Linda Schneider (a good friend of Chris at her job) and I went on a long trip to Abilene. The purpose of going to Abilene was to remodel our house (Cliff, Buddy and me). The house required a lot of things to be fixed up like painting walls, new wallpapers, new linoleum floor, carpets, etc. Excitedly, we got new appliances for our kitchen and washer room. After putting the new linoleum on the floor in kitchen, it looks very nice. Chris and her friend, Linda, stayed at Inez Floeck's house (Cliff's mother) while Cliff, Buddy and I were at our new house. Inez also lives in Abilene since 1962. On Sunday night all of us took a break to rest and then joined with Inez to dine out at Abuelo's Mexican Restaurant. Inside of the restaurant the scenic decorations was attractive that looked like in Mexico and the foods were so delicious. Chris, Buddy and Cliff had Texas size frozen margaritas. Inez and Linda enjoyed their frost beer mugs while I only drank water. We all worked hard on the remodeling, but it is still not finishing. I was saddening when Chris and Linda had to return back to Ohio on Tuesday of July 11th, but we all had good laughs and wonderful time. Maybe some day you could come over for a visit and see our beautiful house. The trip was quite an adventure for all of us.

NEWS FROM MONTIE STROTHER:

On the holiday of Fourth of July our trip to Arkansas and Kansas was wonderful. My wife and son, Lynn, were accompanied me to visit another son and grandsons. We stayed in Little Rock for two days and then went to Wichita, Kansas and watched the beautiful fireworks in Derby (20 miles from Wichita). Our grandson took us on a guided tour of the historical "Cow-Town Village" of 1869 in Wichita where the pioneers and their cattle settled. Afterwards we visited the old town in downtown, founded in 1800. This old town was a distinct section, separated from the others. The streets are covered with red bricks just like the buildings and sidewalks. There are lots of iron trimmings around the buildings and sidewalks. There are underground shopping centers in those buildings. John Wayne, the movie star, made lots of cowboy movies in Wichita. It was a famous town in those days.

THANK YOU LETTER FROM ARTHUR CRAIG:

Dear Friends,

Your gift to Woodhaven Baptist Deaf Church in memory of Ruby Lavender is a loving expression.

Thank you for giving and be assured that the gift is one that will be used in the Lord's work. God always blesses those who love, serve, and give to His church from their material resources.

"Each man should give what he has decided to give, not reluctantly or under compulsion,
for God loves a cheerful giver." II Corinthians 9:7

May God bless you as you serve Him under the leadership of the Holy Spirit.

In His service,
Arthur Craig, Pastor to the Deaf

LETTER FROM MRS. HUGH H. POE:

On May 26, 2000 at 2:00 AM my husband, Hugh Poe, passed away from pneumonia. He also had Alzheimer's disease. It broke my heart, but this is God's Will. Now he is in peace after two-months suffering. We have been married for 57 years. I feel lost without my Hugh. We have already sold our sweet home in Seattle, north of University of Washington where our oldest son, Hugh E. Poe, graduated. He has a very good job. I am so proud of him. It's worth it to see children to go to university for a better future.

From the bottom of my heart I still remain a TEXAN.

Respectfully,
Mrs. Hughs (Katie Rives), formerly Mrs. Duncan before marrying Hugh in 1948

News from Jerry Hassell:

Lester Naffally, husband of Norma Hensley Naffally passed away suddenly from a massive heart attack at their home in Austin in the early morning of July 2. He was 88 years old. Lester graduated from California School for the Deaf in Berkeley and attended Gallaudet University for several years. He worked as a mechanic in San Jose, CA for over 40 years. He moved to Walnut Creek, CA in 1989. He met Norma on a cruise to Tahiti and eventually married her. Before his death, he and Norma alternately lived in Walnut Creek and Austin. According to his wish, there was no funeral or memorial service in both Austin and California.

News from P. Aaron Theriot:

Hi Everyone. Gracie Mae had cataract surgery on one of her eyes on June 27th. The surgery was successful. The other eye will have a surgery on 18th of July. I stay home and take care of her. I will have a hip replacement sometimes in August if Gracie is fully recovered. If Gracie's sister or daughter can take care of Gracie, my surgery might schedule sooner. Please pray for me that my hip replacement surgery will be successful. Our youths are not around anymore, but God's love never fails us.
Love from Gracie and me.

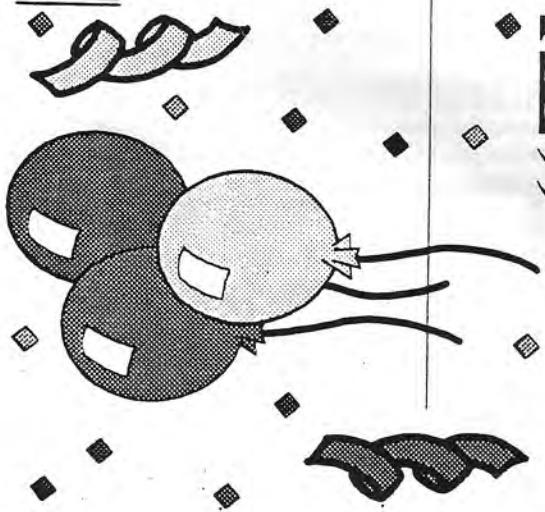
OPTICA NEWS:

There was a camp for deaf kids and hearing kids of deaf parents at Metropolitan Multi- Service Center provided by Illuminations... Theatre with the Deaf – OPTICA from July 10 to 22. The theme of the camp was called "Little Hands Theatre Activity". Two weeks of activities included ASL acting, scenery construction, costumes, make-up, field trips, sack lunches, skit/play development, swimming pool, etc. Susan Jackson, Project Director invited the senior citizens to come over and volunteer to meet kids and tell stories. Frank Shaw and Audrey Wright went there on Friday, the 14th. They told different stories about old times, childhood and depression times: no jobs, limited groceries, no air conditioner, using tin tubs, moon house in place of our current toilet bowl, etc. The kids were excited and asked a lot of questions. They were especially interested in a moon house and could not imagine why there was no restroom in the house. OPTICA staff invited Frank and Audrey to stay for lunch. They really enjoyed being with the kids. Illuminations... Theatre with the Deaf – OPTICA is planning similar activities next year. Hope many of you will be able to participate then.

TIPS

Spray your Tupperware or any plastic bowls with nonstick cooking spray before pouring in tomato-based sauces. . . no more stains. . .





Deaf & Hard of Hearing PIP Meeting



“Thirteen Year Party”

Our guest speaker will be Mayor Lee P. Brown

Woodhaven Church for the Deaf

9920 Long Point

WHEN: 7:00 p.m....



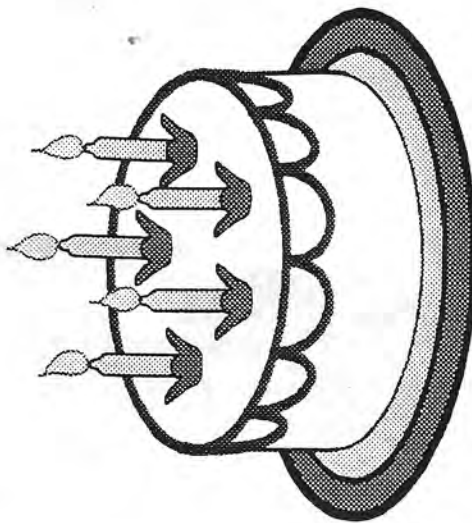
THURSDAY, August 3rd, 2000

From: Officer **RANDY MELTON**

Hope to see you there. My TDD # 713-308-9071

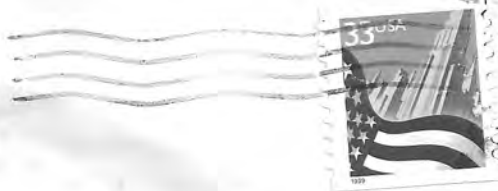
Emergency # 911 - then tap space bar !

Voice # 713-308-9079 Fax # 713-308-9073



Interpreter & Captioner provided

Houston Deaf Senior Citizens
[Redacted]



ADDRESS CORRECTION REQUESTED



77088X1020 01



NIGHTINGALE ADULT DAY CENTER

~~5800 Holly~~
Houston, TX 77074

~~Mary Redman & Rita Lee~~
(713) 981-1543 Voice / TTY

You may call them by RELAY TEXAS ~~1-800-733-2989~~
Funded in part by Texas Commission for the Deaf and Hard of Hearing

Please enter my subscription: (1 year...\$10.00)

() New Subscriber () Renewal

Enclose () check () money order

Please make payable to: **Houston Deaf Senior Citizens**

Mail to

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

MOVING?

MOVING COMPANY

Please make sure your

NEWSLETTER

moves with you!

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____
