



Non-Profit Organization

Tidbits

Volume 26—Issue 2

www.hdsclf.org

February 2025

Social Meeting—January 8, 2025



Chili Contest Winners
Jan, Mary Ann, Sidney



Servers
Joanie, Nancy, Carolyn

On January 8, 2025, we started our first meeting of 2025 and had a chili luncheon. Special thanks to Sidney Gilland, Mary Ann Ryba, and Jan Dermon for making delicious chili; all three were the contest winners.

Jim talked briefly about the plan for our activities for the coming three months.

Carolyn Dill led two games called "Snowballs Cup Game" instead of other balls, and the other was "Shooting Snowballs through a Hoop." What are snowballs? They are made of cotton!

After the games, Officer James Sobota gave his presentation about self-defense. He wanted us to be aware of our surroundings and basic moves. One of the main reasons seniors are so often victimized is that they seem like easy targets. Here is a list of some of the basics to avoid being a target:

- If someone starts moving toward you and asking for help, tell them immediately that you can't help them and keep moving.
- When you go out to a restaurant or mall, always find a wall and sit back against it.
- Fight as dirty as you can. Poke your attacker in the eye with your fingers, car keys, walking stick, umbrella, or anything else you have. Punch him in the nose or neck. If you can, knee him in the groin (for men). Hitting these areas will cause your attacker to go off balance or fall back, and then you run away from your attacker.
- Don't be overly trusting. While giving people the benefit of believing they're good and trying to be friendly, please don't do it with a blind eye. There are ways to avoid being overly trusted and avoid putting yourself and your property at risk.

For more info, go to

<https://ammo.com/articles/arming-elderly-self-defense-guide-senior-citizens>



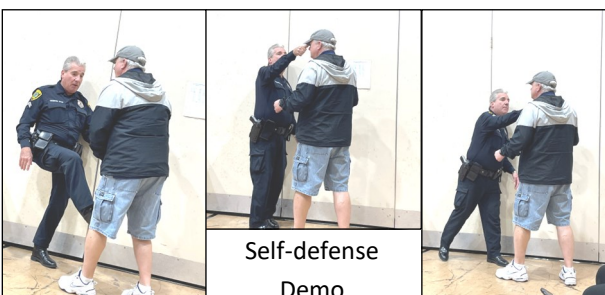
Special Thanks to all
who bought salads
and bread.



Shooting
Snowballs
Cup Game



Self-defense
Demo





HDSCLF Field Trip 01-11-2025

By: Robby Laws

On January 11, 2025 (Saturday), we took a field trip to two different places: Daikin Park (formerly Minute Maid Park) and The Post. Both are in the Downtown Houston area.

Daikin Park is the home stadium of the Houston Astros baseball team, and it was a very interesting tour of the entire facility. We learned about its history, which goes back well over a century. Two wonderful ladies with us who are sign language interpreters did a wonderful job translating for the friendly guides who led us on the tour.

Front Row: Marion McCreary, Lori Davis, Elias Rodriguez, Cristina Rodriguez, Celia Lasry, Diana Finnegan, Jeanne Hilferty, Larry Hilferty, Robert Bellard
Middle Row: Lori Davis, Jim Dermon, Dominique Parisi, Kevin Finnegan, Deborah Wold, Sidney Gilland
Back Row: Christopher Kelley, Donald Payne, Clyde Andrew, Kathy Laws, Robby Laws

Afterward, we went to The Post, a former post office later converted into a shopping center with a food court, where we ate lunch. There is also a rooftop park and farm with spectacular Downtown views.

Fun Fact: some HDSC members were once employees of the Downtown post office!





Visiting Old Town Spring

Feb. 15, 2025

Lunch on Your Own
Wunsche Brothers

Deadline: Feb. 12, 2025

Contact:: Jim Dermon

(936-828-4013)

Meet at the South Parking Lot

behind Memorial City Mall

at 9:30 am

Bus Leaves at 10:00 am

Tentative Field Trips

April—June 2025



Astros Game (June)
NRG Stadium
Painted Churches
The Health Museum
Wild Animal Safari

Sam Houston Boat Tour

March 15, 2025

Lunch on Your Own
Kelley's Country Cooking
30 People Limit

Deadline: Feb. 12, 2025

Contact:: Jim Dermon

(936-828-4013)

Meet at the South Parking Lot

behind Memorial City Mall

at 8:00 am

Bus Leaves at 8:30 am



PORT HOUSTON™

THE TOUR IS FREE

Sam Houston Boat Tour Sets Sail

Join Port Houston for a one-of-a-kind, waterborne voyage that provides a unique and educational introduction to the Houston Ship Channel, home to one of the busiest and most diverse ports in the world.



2025 Annual Trip, Waco, Waxahachie, Corsicana—2 Days/1 Night—April 29-30, 2025

Cost: \$100-\$125 Per Person* (per person-two-accompany) Deposit \$50 due Feb. 12, 2025

Meals on Your Own

Contact Jim Dermon—936.828.4013 for the sign-up

Waco:

Dr. Pepper, Homestead Heritage
Magnolia Market at the Silos, Waco Mammoth



Waxahachie & Corsicana:

Historical Downtown, Pearce Museum, Collin St
Bakery, Capehart Communication Collection



*The price is subject to change.

Price is for anyone and over 60 years old residing in Houston area.

Please contact Jim Dermon for pricing. Full payment is due no later than April 1st.

Monthly payment can be arranged. After April 1st, is non-refundable.





Kevin/Diane Finnegan: Our daughter Colleen Finnegan graduated with a DNP (Doctor of Nurse Practitioner) on December 5, 2024; we're very proud of her.

Board of Directors and Tidbits Committees



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February 2025

Valentines Luncheon

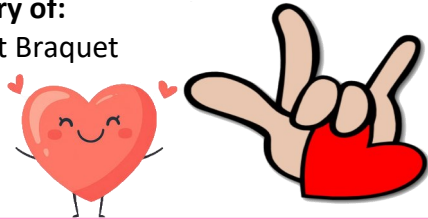
February 12th
Chicken Spaghetti

What to Bring for Lunch
Contact Joanie Stephens
VP 281-815-4052

Tidbit Newsletter

Renewals: Carltonya Black, Charlie Cooney,
Earl Johnson, Barbara Ross

Donation in Memory of:
Sonny & Margaret Braquet
(Sidney Braquet)



Send some news, your trip, an announcement (newborn baby, birthday, anniversary, craft, obituary, and color photos to me before or on **15th day of each month**. Thanks!
Jan Dermon Editor of HDSCLF Tidbits
Email: jdermon.senior@gmail.com

<input type="checkbox"/> New <input type="checkbox"/> Renewal		<input type="checkbox"/> \$5.00 per year-Electronic <input type="checkbox"/> \$12.00 per year-Paper	<input type="checkbox"/> SUBSCRIPTION <input type="checkbox"/> DONATION	Houston Deaf Senior Citizens Love Fund, Inc. Non-profit, 501(c)(3) tax exempt organization
Name: _____		Year(s) = \$____.00		
Spouse: _____		Please Print Clearly		
Address: _____		OFFICE USE ONLY <input type="checkbox"/> Money Order <input type="checkbox"/> Check <input type="checkbox"/> Cash		
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Email (Required): _____		VP/Phone _____ Fax _____		
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<input type="checkbox"/> Donation to HDSCLF \$_____ in memory of _____ (tax deductible)				
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Make payable to HDSCLF and mail this form with personal check or money order to Houston Deaf Senior Citizens Love Fund, Attn: Treasurer, PO Box 131072, Spring, TX 77393. Thank you.				