



Non-Profit Organization

# Tidbits



Volume 26—Issue 2

[www.hdsclf.org](http://www.hdsclf.org)

February 2025

## Social Meeting—January 8, 2025



Chili Contest Winners  
Jan, Mary Ann, Sidney



Servers  
Joanie, Nancy, Carolyn



Special Thanks to all  
who bought salads  
and bread.



Shooting  
Snowballs  
Cup Game



Self-defense  
Demo

On January 8, 2025, we started our first meeting of 2025 and had a chili luncheon. Special thanks to Sidney Gilland, Mary Ann Ryba, and Jan Dermon for making delicious chili; all three were the contest winners.

Jim talked briefly about the plan for our activities for the coming three months.

Carolyn Dill led two games called "Snowballs Cup Game" instead of other balls, and the other was "Shooting Snowballs through a Hoop." What are snowballs? They are made of cotton!

After the games, Officer James Sobota gave his presentation about self-defense. He wanted us to be aware of our surroundings and basic moves. One of the main reasons seniors are so often victimized is that they seem like easy targets. Here is a list of some of the basics to avoid being a target:

- If someone starts moving toward you and asking for help, tell them immediately that you can't help them and keep moving.
- When you go out to a restaurant or mall, always find a wall and sit back against it.
- Fight as dirty as you can. Poke your attacker in the eye with your fingers, car keys, walking stick, umbrella, or anything else you have. Punch him in the nose or neck. If you can, knee him in the groin (for men). Hitting these areas will cause your attacker to go off balance or fall back, and then you run away from your attacker.
- Don't be overly trusting. While giving people the benefit of believing they're good and trying to be friendly, please don't do it with a blind eye. There are ways to avoid being overly trusted and avoid putting yourself and your property at risk.

For more info, go to

<https://ammo.com/articles/arming-elderly-self-defense-guide-senior-citizens>



Front Row: Marion McCreary, Lori Davis, Elias Rodriguez, Cristina Rodriguez, Celia Lasry, Diana Finnegan, Jeanne Hilferty, Larry Hilferty, Robert Bellard  
 Middle Row: Lori Davis, Jim Dermon, Dominique Parisi, Kevin Finnegan, Deborah Wold, Sidney Gilland  
 Back Row: Christopher Kelley, Donald Payne, Clyde Andrew, Kathy Laws, Robby Laws



## HDSCLF Field Trip 01-11-2025

By: Robby Laws

On January 11, 2025 (Saturday), we took a field trip to two different places: Daikin Park (formerly Minute Maid Park) and The Post. Both are in the Downtown Houston area.

Daikin Park is the home stadium of the Houston Astros baseball team, and it was a very interesting tour of the entire facility. We learned about its history, which goes back well over a century. Two wonderful ladies with us who are sign language interpreters did a wonderful job translating for the friendly guides who led us on the tour.

Afterward, we went to The Post, a former post office later converted into a shopping center with a food court, where we ate lunch. There is also a rooftop park and farm with spectacular Downtown views.

Fun Fact: some HDSC members were once employees of the Downtown post office!





### Visiting Old Town Spring

Feb. 15, 2025

**Lunch on Your Own  
Wunsche Brothers**

**Deadline: Feb. 12, 2025**

**Contact:: Jim Dermon  
(936-828-4013)**

Meet at the South Parking Lot  
behind Memorial City Mall  
at 9:30 am  
Bus Leaves at 10:00 am

### **Tentative Field Trips**

**April—June 2025**



Astros Game (June)  
NRG Stadium  
Painted Churches  
The Health Museum  
Wild Animal Safari

### Sam Houston Boat Tour

March 15, 2025

**Lunch on Your Own  
Kelley's Country Cooking  
30 People Limit**

**Deadline: Feb. 12, 2025**

**Contact:: Jim Dermon  
(936-828-4013)**

Meet at the South Parking Lot  
behind Memorial City Mall  
at 8:00 am  
Bus Leaves at 8:30 am



THE TOUR IS FREE

## **Sam Houston Boat Tour Sets Sail**

Join Port Houston for a one-of-a-kind, waterborne voyage that provides a unique and educational introduction to the Houston Ship Channel, home to one of the busiest and most diverse ports in the world.



### **2025 Annual Trip, Waco, Waxahachie, Corsicana—2 Days/1 Night—April 29-30, 2025**

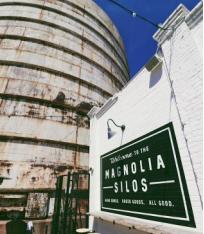
**Cost: \$100-\$125 Per Person\* (per person-two-accompany) Deposit \$50 due Feb. 12, 2025**

**Meals on Your Own**

**Contact Jim Dermon—936.828.4013 for the sign-up**

#### **Waco:**

Dr. Pepper, Homestead Heritage  
Magnolia Market at the Silos, Waco Mammoth



#### **Waxahachie & Corsicana:**

Historical Downtown, Pearce Museum, Collin St  
Bakery, Capehart Communication Collection



\*The price is subject to change.

Price is for anyone and over 60 years old residing in Houston area.

Please contact Jim Dermon for pricing. Full payment is due no later than April 1st.

Monthly payment can be arranged. After April 1st, is non-refundable.



Kevin/Diane Finnegan: Our daughter Colleen Finnegan graduated with a DNP (Doctor of Nurse Practitioner) on December 5, 2024; we're very proud of her.

## Board of Directors and Tidbits Committees



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# February 2025

## Valentines Luncheon February 12th Chicken Spaghetti

What to Bring for Lunch  
Contact Joanie Stephens  
VP 281-815-4052

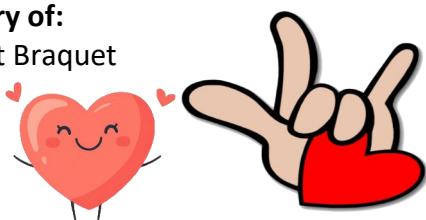


### Tidbit Newsletter

Renewals: Carltonya Black, Charlie Cooney,  
Earl Johnson, Barbara Ross

### Donation in Memory of:

Sonny & Margaret Braquet  
(Sidney Braquet)



Send some news, your trip, an announcement (newborn baby, birthday, anniversary, craft, obituary, and color photos to me before or on **15th day of each month**. Thanks!

Jan Dermon Editor of HDSCLF Tidbits  
Email: jdermon.senior@gmail.com

Houston Deaf Senior Citizens Love Fund, Inc.  
Non-profit, 501(c)(3) tax exempt organization

SUBSCRIPTION  DONATION  
 **NON-MEMBER**  **MEMBER**

New  Renewal  
\$5.00 per year-Electronic  
\$12.00 per year-Paper

**NON-MEMBER**  **MEMBER**  
Year(s) = \$ \_\_\_\_ .00

### Please Print Clearly

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### Donation/Gift Subscription

**OFFICE USE ONLY**  
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 Receipt # \_\_\_\_\_  
 V/P/Phone \_\_\_\_\_  
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Gift Subscription from (Giver) \_\_\_\_\_  
 Donation to HDSCLF \$ \_\_\_\_\_ in memory of \_\_\_\_\_  
Donation \$ \_\_\_\_\_ to the Houston Deaf Senior Citizens Love Fund (tax deductible)

Make payable to **HDSCLF** and mail this form with personal check or money order to  
Houston Deaf Senior Citizens Love Fund, Attn: Treasurer, PO Box 131072, Spring, TX 77393.  
Thank you.