HOUSTON DEAF SENIORS OF TEXAS NEWSLETTER

Volume 9

February 2008

EDITOR'S MESSAGE

Hi, everyone!

I made another mistake in January's Newsletter. Please forgive me for putting the incorrect address for First Colony Mall in Sugar Land, TX for the H. H. T. Social that was on Jan. 11th. Sorry for the confusion Smiling......

If you have any information, jokes, recipes, event, pictures, sports, or news that you want me to publish, please send them to me by the 15th of each month. Please keep articles to less than 300 words, due to limited space on the newsletter. My E-mail address is <u>nmorris726@comcast.net</u>. Or you can mail to me at 15335 Falmouth Ave., Houston, TX 77084-1412.

Please note that Editor may, at her discretion, edit articles or news items for brevity and to correct errors. I'm going to do the best I can and I appreciate your patience.

Have a HAPPY VALENTINE'S DAY!

Nancy Morrís

Senior Citizen Trip to Cleveland, TX

Our trip started at 8:40 AM heading to Cheesemakers, Inc. After arriving, we were escorted into a room to sit and listen to our Speaker, Kate. She explained how the company was established. Then, we watched several videos. We learned that goat milk is much better for our health. It is rich, creamy, high in calcium and low in lactose, calories, and cholesterol and, best of all, it has less fat than cow's milk. Goat Milk has superior ease of digestion, making it an ideal convalescent diet for people with digestive upsets or ulcers. "Chevre" is their goat cheese made with 100% fresh goat's milk for a fresh, mild creamy flavor. Lone Star Chevre can be substituted for cream cheese as it contains half the fat and calories. It's good to use for favorite dips, hors d'oeuvres, and sauces or crumbled on salads.

Cheesemakers, Inc. also gets a steady local milk supply from their 7 Texas Dairy Farms. From that milk, they produce various Jaimito Mexican Style Cheeses. These cheeses have a real Southwest taste and are handmade from quality ingredients. Since there are too many cheeses to list, please check out their website. It also has genuine, time-tested recipes.

We were able to taste samples of these cheeses with crackers. For more information, check out their website at <u>www.cheesemakers.com</u>. They are located at 2266 South Walker Road, Cleveland, TX 77328. Call 1-936-537-3570 for a tour if you are interest.

Our next stop was at Golden Corral in Conroe, TX for a good lunch. We arrived safely back to Woodhaven Baptist Deaf Church that afternoon.



Issue 02



February 1, 2008 (Friday):



ASL social will be at Fish Company Restaurant, 1000 Bass Pro Dr., Pearland, TX 77047 from 5PM till 9PM. Let's come to meet and enjoy chatting with your old and new friends. Any questions, please e-mail to Earl Johnson at ejohnson127@comcast.net.

February 3, 2008 (Sunday):



Lone Star Deaf Bowling is having a Super Bowl game party at Sokol, 1314 West Patton, Houston, TX 77009. BBQ will be catered and served beginning at 3PM. However, you may arrive at 2PM to pay admission fee. Please read more information about this party in the News.

February 3, 2008 (Sunday):



ASL Social will have Super Bowl 2008 social at Jax Grill Restaurant, 1613 Shepherd, Houston, TX 77007 from 10AM to 9PM. Please come and have a great time watching the Super Bowl game with your friends. Any questions, please e-mail to Earl Johnson at ejohnson127@comcast.net.

February 5, 2008 (Tuesday):



Positive Interaction Program (PIP) will hold a meeting at Woodhaven Baptist Deaf Church, 9920 Long Point Rd. on Tuesday by 7:30 PM. Our presentation topic will be "Animal Cruelty Investigations". This informative presentation will inform our members on updates and laws, regarding how local law enforcement deals with this issue, which could be a problem in our neighborhoods around Houston. Interpreter and captioning provided. Hope everyone can make it as there will be Door Prizes!

February 8, 2008 (Friday):



Houston Hand Talk Social will be at Memorial City Mall, I-10 Freeway at Gessner Road, Houston, TX 77024. from 5 PM till 9 PM. Let's come to meet and enjoy chatting with your old and new friends. Any questions, please e-mail to Roger Spivey at spivey39@yahoo.com.

February 13, 2008 (Wednesday):



Houston Deaf Seniors of Texas will have a regular business meeting at West Gray Adaptive Recreation Center, 1475 West Gray, Houston, TX 77019 at 9:00 am till 1:00 pm. Please attend the meeting to vote for our next overnight trip. James Fair is doing an excellent job as President conducting our meetings.

February 14, 2008 (Thursday):



Our trip will go to Texas City, TX to visit Texas City Museum. We will be eating at Reef Seafood House. Everyone needs to be at Woodhaven Baptist Deaf Church, 9920 Long Point Rd. at 7:15 AM as the bus will leave at 7:45 AM.

February 15, 2008 (Friday):



ASL Social will be at SteaKountry, 11130 Gulf Freeway #900, Houston, TX 77034 from 3PM to 9PM. Let's come to meet and enjoy chatting with your old and new friends. Any questions, please e-mail to Earl Johnson at ejohnson127@comcast.net.

February 21, 2008 (Thursday):



Houston Deaf Senior Citizens will have a fellowship and potluck at Woodhaven Baptist Deaf Church at 9920 Long Point Rd. from 9 AM to 1 PM. If you wish to bring a covered dish, contact Evelyn Autry at 713-984-8186 TTY or Nancy Krone at 281-565-8614 TTY and let them know what you plan to bring

February 27, 2008 (Wednesday):



Houston Deaf Seniors of Texas will have a social meeting at West Gray Adaptive Recreation Center, 1475 West Gray, Houston, TX 77019 at 9:00 am till 1:00 pm. We are having a Speaker, Vornica from Texas Health Spring to speak to us about Medicare and Insurance plans. Breakfast will be serve that morning.

LOVE FUND



Zelma Curbello wants to thank Floyd Wicker and Nellie Bishop for their donations.

Thank you note was received from Debbie Lokey. The contents of the card said, "Dear Zelma & Senior Citizens: I want to thank you for all your prayers, support, and cards during John's funeral. I wish all of you a very Blessed Christmas with the love of family and the laughter of children. May you each have a healthy and prosperous 2008. God Bless You, Deborah Lokey. May the wonders of the holiday season fill your heart with peace and your home with joy. Merry Christmas!"

Anyone who wishes to donate money to HDSC Love Fund, Inc. (a 501(c)(3) nonprofit corporation) or HDST Newsletter should please make check or money order payable to either **Houston Deaf Senior Citizens** - **Love Fund** or **HDST Newsletter Fund.** And mail to:

HDSC Love Fund, Inc.ORHDST Newsletterc/o Mrs. Zelma Curbelloc/o Audrey Leger9623 TiltreeP. O. Box 664Houston, TX 77075-4042Missouri City, TX 77459

NEW SUBSCRIBERS:

Welcome our subscribers: Janie Morales and David Naumann.

RENEWAL SUBSCRIBERS:

Thank you for your renewal: Lee & Laura Colvin, Beverly L. Decuir, M/M Gibbons, Bobby J. Griggs, Hermina Gumm, Marlene A. Hanks, Doris M. Jameson, Mary Alice Luna, Betty Jo Quinn, Marie Ramos, Nell Shanefield, Judy Thomas, Burba Thornton, and Glynn & Alma Whittemore.

Hermina Gumm's subscription is a gift from Dorothy Krystyniak. Dorothy, thank you for your generous gift.

DONATIONS TO NEWSLETTER: Thanks to Marie Ramos and Glynn & Alma Whittemore for your hearty support in donating to the HDST Newsletter Fund.

Correction of New Subscriber's Name on January 2008 issue: Name listed as Andrew J. Harris in error as it should have been Andrew J. Haines. Our apologies to Andrew.



Ann Trahan Thompson, 58, passed away on December 17th, 2007. The funeral arrangements are being announced later. She graduated from LSD in 1967. Her 40th Anniversary with husband, Woody, was celebrated on September 23rd. She has a deaf sister, Judith Perrodin and a deaf brother, Sidney Trahan. Her deaf father is Sidney Trahan, Sr. who lives in VDL in Lafayette.

Frank Roy Martino, Jr., 71, passed away on Wednesday, December 26th, 2007. He was a retired printer. Arrangements were done by Thomason Funeral Home in San Marcos, TX. This information was obtained from the Austin American-Statesman on 12/28/2007.

Linda McKnight Drescher, 60, of Columbus, TX passed away on Saturday, December 29th, 2007 at Ben Taub Hospital in Houston, TX. She was a native of Beaumont and a long time resident of Corpus Christi before moving to Columbus six year ago. She is survived by her husband of 35 years, David William Drescher of Columbus; daughter, Kristie Weaver and her husband, Daniel; father and mother, Wilburn Shorty and Joyce McKnight; sisters and brother, Melissa Littlepage and husband, Marvin, Melanie Dee Dee Sims and husband, Dee, Bryan McKnight and wife Denise all of Lumberton; sister-in-law, Pat Mackey of Columbus; and numerous nieces and nephews. She was preceded in death by brother-in-law, Roy Drescher.

Graveside service was held 11:00 AM on Thursday, January 3, 2008 at Forest Lawn Memorial Park in Beaumont, 490 Cemetery Road in Silsbee. Reverend Steve Kerr of First Presbyterian Church of Silsbee was officiating. A gathering of family and friends was at 5:00 PM till 8:00 PM on Wednesday, January 2nd, 2008 at the mortuary. Memorial contributions may be made to Texas School For The Deaf, 1102 South Congress Avenue, Austin, TX 78704-1728 where Mrs. Drescher was a graduate.



Lois D. Simpson, 94, passed away on January 1st, 2008. Funeral services was scheduled for 3:00 PM on Friday, January 4th in the Cottle-Pearson Funeral Home Chapel in Overton, TX with Reverend Tommy Harden officiating. Burial was in Mason Cemetery. Mrs. Simpson was born March 13, 1913 in Smith County to the late George W. and Daisy L. Cooley Ledford. She married the late William Simpson on June 10, 1933 in Troup. She was cofounder of Houston School for the Deaf and retired in 1973 after 27 years as a teacher. She was an avid fund raiser and a member of Arp Emmanuel Baptist Church.

Along with her parents and husband, she was preceded in death by two brothers, Otis Ledford and Rudolph Ledford and two sisters, Jimmie Sorrell and Alice Stovall. Survivors include two sons and a daughter-in-law, Harold and Doris Simpson of Marietta, GA and Glenn Simpson of Houston, TX; sister, Judy Thompson of Arp, TX; three grandchildren, Tara Simpson, Harold Simpson Jr., and Brick Simpson; four great grandchildren, Alexandra Hodges, Antonia Hodges, James Hodges III, and Noah Simpson; and numerous nieces and nephews.

Pallbearers were Randy Mullican, Vernon Bedair, James Locklear, Richard Locklear, Brick Simpson, and Harold Simpson, Jr.

L. V. Thornton's sister, **Betty B. Ince**, 80, of Mt. Vernon, Illinois, passed away late Saturday evening, January 12, 2008 at 10:00 P.M. at St. Mary's Good Samaritan Hospital in Mt. Vernon, Ill. She was born on Saturday, May 28, 1927 in Meadows, Texas to the late Cleo and Clara Elizabeth (Cruise) Thornton.

Visitation was held from 5:00 to 7:00 P.M. on Tuesday, January 15, 2008 at Hughey Funeral Home in Mt. Vernon, III. Funeral Service was held at 10:00 A.M. on Wednesday, January 16, 2008. Reverend Ron Moyer officiated. Interment: Bethel Memorial Cemetery in Mt. Vernon, III.

Surviving family members include 5 Sons: James Ince, George Ince, John Ince & wife Ursula, Larry Ince & wife Tammy Ince, all of Mt. Vernon, III, Bruce Ince & wife DeeDee of Rockport, TX; 4 Daughters: Louise Rutherford, Peggy Ince, Betty Pace & husband Barry all of Mt. Vernon, III, and Nancy King & husband Charles of Lake Jackson, TX; 2 Brothers: L.V. Thornton of Dallas, TX and Leon Thornton & wife Kay of Big Sandy, TX; 34 Grandchildren, Several Great-grandchildren, 3 Great-Great-Grandchildren. Several Nieces and Nephews also survive. Her parents and one son preceded her in death.

Betty was a member of the V.F.W. Auxiliary for several years. For those who wish to donate, memorials may be given to the American Heart Association or to American Diabetes Association and accepted at the funeral home or may be mailed to Hughey Funeral Home, P O Box 721, Mt. Vernon, Illinois 62864.

DID YOU KNOW THIS?

Submitted by Audrey Leger

With the cold weather coming, this is good advice to help with colds, flu, and arthritis pain.



Quaker Oats for fast pain relief... It's not for breakfast any more! Mix 2 cups of Quaker Oats and 1 cup of water in a bowl and warm in the microwave for 1 minute, cool slightly, and apply the mixture to your hands for soothing relief from arthritis pain.



Achy muscles from a bout of the flu? Mix 1 Tablespoon of horseradish in 1 cup of olive oil. Let the mixture sit for 30 minutes, then apply it as a massage oil, for instant relief for aching muscles.



Sore throat? Just mix 1/4 cup of vinegar with 1/4 cup of honey and take 1 tablespoon six times a day. The vinegar kills the bacteria.



Did you know that drinking two glasses of Gatorade can relieve headache pain almost immediately-without the unpleasant side effects caused by traditional "pain relievers."

PLEASE send me news for this Newsletter as it's your Newsletter to share with others. If you have any information to share with us about your family members, friends, pictures, sports, or achievements, please send them to me. Thank you so much! Smiling.....



Lone Star Deaf Bowling

Submitted by Jose Ybarra

On Feburary 3rd, Super Bowl party will be held at Sokol, 1314 West Patton, Houston, TX 77009. The phone number is 713-861-2828 (Voice) if you need directions. Admission is \$3 fee for prizes. The cost to eat there is \$5 for ages of 62+ years. For those that are 61 years old and under, the cost is \$8. BBQ will be catered. The menu includes Brisket, Sausage, Ham, beans, potato salad, and desserts. Committee will bring salad, tea (sweet and unsweeten), and cake. Drinks can be purchase at the counter. Sheriff will be there, too. Pay at the door which will be opened for the party at 2 PM. The food will be serve at 3 PM. There will be games to play such as Uno, 31 Poker, Mexican Trains, etc. You are welcome to bring your game, too. Or you can just visit and chat with friends. Please contact Jose Ybarra or Nancy Morris for more information.

Viable to Launch Videophone at CES

Submitted by Glenn Lockhart

Viable Inc., a provider of video relay services (VRS) for deaf and hard of hearing, Has unveil its videophone on Saturday, January 5, at the International Consumer Electronics Show (CES) in Las Vegas, NV. "Our videophone will inaugurate the wireless age for VRS users," said Viable CEO and founder John T.C. Yeh. "We are literally introducing to our customers to an exciting, new technology standard that blows away every other videophone currently available." Although the CES opened to the public January 7-10, Viable has announced its videophone at CES Unveiled, an exclusive media event attended by the international press community occurring before the CES opening. Viable also had an exhibition booth throughout the CES. All deaf and hard of hearing attendees were welcome to test the videophone and interact with Viable representatives at booth space #36904. "The CES i internationally recognized as the top electronics tradeshow, and Viable aspires to lead the VRS industry into the next generation of communication technologies," said Anthony Mowl, who will manage the nationwide rollout of the videophone. "It is fitting that we celebrate the tradition of innovation CES has by launching the most revolutionary videophone ever." Viable, Inc. provides next-generation video relay services for deaf and hard of hearing persons that can be accessed wherever there is Internet or wireless connectivity, opening them to a world of communication possibilities. Founded in 2006, Viable is a private, deaf-owned company, and the majority of its employees are deaf and hard of hearing and are personally vested in the innovation and development of the company's products and services. Please visit www.viable.net for further information.

Old Folks Fellowship

Submitted by Julie Spaulding

New location for the fellowship will be at Kountry Steak and Buffet at 1010 Antoine, Houston, TX. It will be held on March 7th.

DeafNation Expo

Announced by Billy Buza at our Senior Citizen Meeting

The Expo will be held on Saturday, March 1st at The Crockett Center, 10601 N. Lamar, Austin, TX 78753. The Exhibit hours are 9AM to 6PM. Admissions and parking are free. The event includes Exhibitions, Entertainment, Seminars & Workshops, and Children's Activities. Event Sponsors are Sorenson Communications and Sprint Relay. For more information, check out the website - deafnation.com.

L. V. Thornton's brief news:

-Our niece, Nelda Tucker, passed away early Saturday evening on January 12, 2008 before their sister, Betty B. Ince. My brother, Leon and I were unable to make it to the funerals. Instead, we sent flowers to both. I loved Betty so much. She and I teased together for many years. We'll miss them greatly. Also, we had our loss of 3 brothers and 5 sisters.

Deaf Cruise trip to Hawaii:

DeafDigest Blue - January 13, 2008

Aloha! Are you looking for a GREAT PARADISE Cruise Vacation? Look no further, we already have arranged it for you! Check out more information on Deaf Cruise Hawaii scheduled for July 26, 2009! Contact information is through VP at 480-555-1212 or Email address is sales@deafcruise.com. Their website address is: http://www.DeafCruise.com/hawaii.

Recipes for parties:

Submitted by Dennis Smith with permission from his sister, MJ

For the VEGGIE PIZZA, press 2 packages of crescent roll dough into jelly roll pan. Bake at 350 degrees for 10 minutes. Cool. Combine 2 - 8 oz. cream cheeses, 2/3 cup mayonnaise, 1 tsp. dill weed, and 1 tsp. onion powder. Spread over cooled crust. Top with finely chopped red onion, green pepper, black olives, tomato, green olives, and carrots. You can add green onion, radishes, mushroom, broccoli, or cauliflower for varieties.

For the FRUIT PIZZA, mix 2 cups flour, 1 cup butter, and 4 Tbsp sugar. Pat into jelly roll pan and bake at 350 degrees for 10 or 15 minutes. Cool. Combine 2 - 8 oz. cream cheese and half cup sugar. Spread over crust. Top with fruit, bananas, strawberries, and kiwi that has been sliced or chopped.

For small pizza pan, take ½ Pillsbury sugar cookies dough to press in pizza pan. Bake following directions on package. Cool. Combine 3 oz. soft cream cheese and one cup cool whip. Spread over crust and top with kiwi, chunked pineapple, banana or any fruits you like.

These are good for parties.

Speaker for February 27th

Submitted by Ann Wheeler

I've made arrangements for Vornica from Texas Health Spring to speak to us. She will be bringing breakfast foods for us to enjoy before she begins to speak. Please make plans to come and listen. You are free to ask questions about Medicare and Medical Insurance.

If you are interest in hearing from other Speakers, please feel free to let me know. I'll be happy to contact someone to come and speak to us. We want to keep you all educated with what is happening in our lives. Nancy Morris has requested that I handle the Speakers for the 4th Wednesday of each month.

Unbaked Cookies

Submitted by Margie Scribner

Boil 2 cups sugar, ½ cup milk, ½ cup shortening, 4 Tbsp. cocoa, and pinch of salt or omit salt hard for 1 minute. Remove from heat. Add ½ cup Peanut Butter, 3 cups Oatmeal (Quick) and 1 tsp. Vanilla. Mix until thick. Then, drop by spoonful on waxed paper. The cookies are ready when cold. Reader's Digest February, 2008

Waiting in the ER for test results, I Overheard a doctor talking to another Patient. "So," he said, "I understand You've lost the ability to speak. When did this happen?" Anna Goodberlet Kankakee, Illinois

Purely by coincidence, I ran into my Husband in our local grocery store on Valentine's Day. Tom was carrying A beautiful pink azalea, and I joked, "That better be for me." From behind, A woman's voice: "It is now." Patricia Rut Stockton, CA





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