



Non-Profit Organization

# Tidbits

Volume 24—Issue 8

[www.hdsclf.org](http://www.hdsclf.org)

August 2023



## Field Trip to Galapagos Island at Houston Zoo—July 7, 2023

**Kneel:** Dennis Smith, Ruth Billiot **Front Row:** Sidney Lasry, Sohie Lasry, Lee Morgan, Celia Lasry, Doina Langham, Cristina Rodriguez, Lydia Minor Diane Finnegan, Marion McCreary, Eddie Billiot, Jim Dermon, Jose Ybarra **Back Row:** Simone Lasry, Dominique Parisi, Lee Rodriguez, Tom Langham, Rachelle Guidry, Christine Johnson, Lori Davis, Carolyn Dill, Kevin Finnegan, Thurman Amerson **Picture taken by Robert Bellard**

After a few weeks of a long heat wave, we finally had nice weather and a few rain showers Friday-July 7th. We were like kids and were excited to visit the zoo as we hadn't visited Houston Zoo for a while.

We went straight to the first-of-its-kind Galapagos Island Exhibit. For information, the Galápagos archipelago (a group of islands off Ecuador's coast) features some of the world's most endangered species. This island is west of Ecuador.

Houston Zoo is involved with the Charles Darwin Foundation, which participates in the display dedicated to Galapagos Island, which experiences pollution including plastic

bottles, and even plastic straws. Many organization volunteers worldwide work hard to preserve the national park.

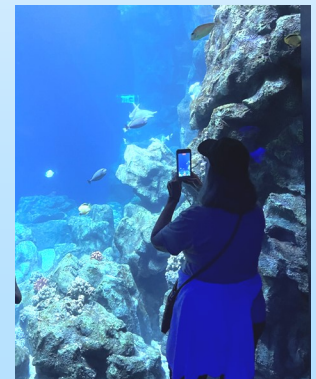
The rain poured as soon as we entered the sea lion tunnel. Luckily, it took less than 30 minutes. There are 23 different species of animals. We saw ten tortoises, small and giant. Many of the animals in the exhibit are from somewhere other than Galapagos because those are protected species.

What an extraordinary experience at Houston Zoo, especially with the Galapagos Islands exhibit and everyone took their pictures.

**Luncheon time!**  
We had a delicious meal at Cleburne Cafeteria.



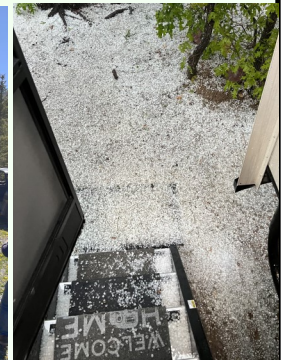
## Galapagos Island at Houston Zoo—Highlights



### Our Vacation by Christine Klenert

My husband, Thomas, and I started our vacation trip last Memorial weekend. Here is the list of places we visited:

- Glen Rose, Tx, rode an e-bike in perfect weather for five days.
- Tijeras, NM, at the top of the mountain where the climate was hot.
- Albuquerque, NM, and I went shopping for five days.
- Angel Fire, Southern State Deaf Camping with 200 deaf families. We enjoyed our time with old and new friends, craft class, and game tournament.
- At 9000 feet at the top, Gunnison, Colorado, was very windy and dusty. It was a beautiful small town.
- Colorado Springs, and surprisingly, we had a hailstorm on the first day. It was not long before the weather warmed, and we rode our e-bike.
- At Manitou Spring town and Old Colorado Spring town, we went shopping. The mountain was stunning to see.





### MY FUN VACATION IN PHOENIX, AZ

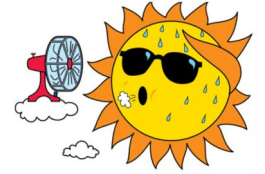
By Sidney Gilland

I flew to Phoenix, AZ, to see my sister, Kim, and brother-in-law Steve for two weeks, from June 27- to July 11. The lady who sat next to me knew ASL. She works as a school teacher for Deaf & Hard of Hearing kids. I enjoyed signing with her.

It was 110-117\* while I was in Phoenix. We went swimming in my sister's pool every evening because it was too hot during the day. I loved it. On July 4th, there were no fireworks this year because the Phoenix area is too dry, but I got to spend time with my nephew and his family. It was enjoyable to be with everyone.

I had a wonderful vacation. I can't wait to return when it's not so hot so we can go to the Grand Canyon Sedona.

### What you need to know about summer heat in Houston—



- Typically, Houston does not reach triple-digit highs until July.
- Residents need to stay safe and be on the lookout for signs of heat stroke.
- Be sure not to leave children or pets in cars. A hot car can turn deadly very quickly
- The City of Houston plans has opened 22 cooling centers.
- ERCOT is expecting record power demand and may ask for conservation.



### Houston Deaf Seniors' Cookout July 19, 2023

Special Thanks to  
Chef Kunle Adogebye for  
BBQing burgers and hot dogs.

**Houston Astros/Boston Red Sox  
Thursday, August 24, 2023**



**Cost: Over 60—\$15  
Under 59—\$20  
(Non-Refundable)**

Meet at the South Parking Lot  
behind Memorial City Mall at **11:00 am**  
Bus leaves at **11:30 am**

**Contact Jim Dermon—936-828-4013**

**Deadline: 08/01/2023**

**A Day at Post Houston  
September 16, 2023**



Meet at the South Parking Lot  
behind Memorial City Mall at **10:00 am**

Bus leaves at **10:30 am**

**Contact Christine Johnson—979-413-5014**

**Deadline: 08/09/2023**

**Tentative Field Trips for October, November, and December 2023**



Texas Hatters  
Lockhart, TX



Prison Museum—Huntsville, TX

Danish Heritage Museum  
Danevang, TX

The coming Social events are:

- On August 9<sup>th</sup>, Joel Silva will speak on Dementia/Alzheimer's.
- On September 13<sup>th</sup>, Shirley Trahan will speak on changes in Medicare.
- On October 11<sup>th</sup> the 40<sup>th</sup> Anniversary Party will be.
- On November 8<sup>th</sup>, Joel Silva will talk about Stress Management.



Social Meeting — 2nd Wednesday of the Month 8/9, 9/13, 10/11, 11/8, 12/13

Field Trips—8/05, 9/16, 10/14, 11/18, 12/09

## HDSCLF's 40<sup>th</sup> Anniversary Party

**July 10, 2023**

The committee for the 40th Anniversary Party is looking forward to you all attending this party. It will be a fun event and will have announcements as well as games to play. Lunch will be catered for a delicious meal. Please make sure you send in your money of \$35 to Christine Johnson or mail it to HDSCLF's Post Office box. Everyone that has paid will be allowed in.

The deadline is September 15th. Come and enjoy a great day!

### Please Note:

**HDSCLF 40th Anniversary Party**  
**Cost: \$35.00**  
**Deadline September 15, 2023**

**Chairperson**  
Nancy Morris—  
nmorris726@gmail.com

**Co-Chairperson**  
Christine Johnson—979-413-5014

## Mark Your Calendar!



### **HDSCLF** **40th Anniversary Luncheon** **1983—2023**

**Wednesday, October 11, 2023**  
**9:00 AM to 3:00 PM**  
Metropolitan Multi-Service Center  
1475 West Gray St  
Houston, TX 77019

### **Houston Deaf Senior Love Fund Luncheon — \$35.00 Per Person**

Name:

Address:

City/Zip:

Phone/VP

Email:

Mail this form with a check or money order (payable to HDSCLF) to  
Houston Deaf Senior Citizens Love Fund, PO Box 131072, Spring, TX 77393  
MEMO: 40th Registration Due date by September 15, 2023.

**One Pan Pasta**  
Submitted by Jan Dermon



My favorite recipe is One Pan Pasta. It is perfect for a hot summer day.... use only one pan to cook.

- 12 ounces linguine
- 12 ounces grape tomatoes, each cut in half
- 1 small onion, thinly sliced
- 4 cloves garlic, sliced thinly
- ½ teaspoon red pepper flakes
- 2 tablespoons olive oil
- 2 sprigs basil
- 4 ½ cups water
- salt and ground black pepper to taste
- Parmesan cheese, grated (optional)

In a large skillet over high heat, combine all of the ingredients except cheese.

Bring the water to a boil, stirring and turning the pasta frequently with tongs to ensure everything cooks evenly.

Once the pasta is al dente and the water has nearly evaporated from the pan, taste it, and feel free to season it with a little more salt and ground black pepper before serving.

Serve immediately topped with some grated Parmesan cheese.

**Tidbit Newsletter**

**Renewals:**

Eddie/Ruth Billiot, Billy Buza, Patricia Fair, Jeri Koche, Rochelle Simpson, Paula Szablowski, Rose Warchesick

**Gift Subscription:**

Sheila Kennedy (Don/Patti Sah)



Send some news, your trip, an announcement (newborn baby, birthday, anniversary, craft, obituary, and color photos to me before or on **15th day of each month**. Thanks!

**Jan Dermon** Editor of HDSCLF Tidbits  
**Email:** jdermon.senior@gmail.com

**Board of Directors and Tidbits Committees**



**Patsy Walker**  
President



**Christine Johnson**  
1st VP



**Nancy Morris**  
Secretary



**Jim Dermon**  
Treasurer

**Newsletter Editor**  
Jan Dermon

**Webmaster**  
Judy Becker

**Photography**  
Robert Bellard  
Jan Dermon



**To HDSCLF Members,**

Thank you so much for your thoughtfulness and condolences regarding the passing of my son, Alvin R. Wright.  
God bless you all!

Sincerely yours,  
Audrey Leger

<input type="checkbox"/> New <input type="checkbox"/> Renewal		<input type="checkbox"/> \$5.00 per year-Electronic <input checked="" type="checkbox"/> \$12.00 per year-Paper	X Year(s) = \$ _____.00	Houston Deaf Senior Citizens Love Fund, Inc. Non-profit, 501(c)(3) tax exempt organization	<input type="checkbox"/> SUBSCRIPTION <input type="checkbox"/> DONATION
Please Print Clearly					
Name:		OFFICE USE ONLY			
Spouse:		<input type="checkbox"/> Money Order <input type="checkbox"/> Check <input type="checkbox"/> Cash		<input type="checkbox"/> Receipt # <input type="checkbox"/> Receipt #	
Address:		<input type="checkbox"/> Y/P/Phone _____ <input type="checkbox"/> Fax _____			
City/State/Zip:		Donation/Gift Subscription			
Email (Required):		<input type="checkbox"/> Gift Subscription from (Giver) _____ <input type="checkbox"/> Donation to HDSCLF \$ _____ In memory of _____ (tax deductible) <input type="checkbox"/> Donation \$ _____ to the Houston Deaf Senior Citizens Love Fund (tax deductible)			
Make payable to <b>HDSCLF</b> and mail this form with personal check or money order to Houston Deaf Senior Citizens Love Fund, Attn: Treasurer, PO Box 131072, Spring, TX 77393. Thank you.					