

HOUSTON DEAF SENIOR CITIZENS NEWSLETTER

Volume 11

June 2010

Issue 05



Collecting Recipes



We are in the process of collecting recipes from our families and friends. Then, we plan to put them all into a cookbook for our organization. Please send recipes to Susan Jackson, Chairperson at sjdeaf@yahoo.com or you can mail them to HDSCLF - Recipe Collection; P. O. Box 664, Missouri City, TX 77459. These recipes can not be duplicated from Websites, please. Susan wants the recipes to be original that have been passed down in families. Ann Wheeler, Amelia Guerra, and Rochelle Simpson are on the committee, too. They need these recipes by August 1st, please. As soon as the book is made, we will let you all know when it's ready. Thanks so much for your help and cooperation to make this possible.

Mother's Day Celebration

The men did a great job of putting together a huge celebration for Mother's at our meeting on May 12th. They surprised the women with a drawing of various gifts. Picture below on the left shows all the women that won. The gifts were kitchen towels (Amelia Guerra made the crochet part to it), Centerpieces (Yvonne Butler made those), and potted flowers. The women were happy to win these gifts. The bags were all different colors. We had delicious meals cooked by the men, too! The hamburgers cooked by Felix Guerra were yummy. We had chips, potato salad, salad, and desserts. They did a wonderful job as everything tasted so good. Thank you, guys, for planning this for all of us!

Picture below on the right is Lavern and James Fair. They celebrated their 57th anniversary on May 16th. Congrats!



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CALENDAR OF EVENTS

June 1, 2010 (Tuesday) = Positive Interaction Program (PIP) will have a special presentation from City of Houston Council Member, Brenda Stardig. She has a special interest within the Deaf Community and is fluent in ASL. The meeting is held at Woodhaven Baptist Church for the Deaf, 9920 Long Point, Houston, TX at 7:30 PM. Door prizes! Interpreter and captioning are provided. If anyone wants to volunteer to make a dish, bring sandwiches, chips, desserts, tea, or soft drinks for this meeting, please e-mail to Officer James Sobota at james.sobota@cityofhouston.net

June 4, 2010 (Friday) = ASL Social will meet at Thai Spice Buffett, 2520 South Voss @ Westheimer, Houston, TX 77057 from 5:00 PM till 9:00 PM. Check www.thaispice.com. Let's meet and enjoy chatting with your old & new friends.

June 7, 2010 (Monday) = Deaf Task Force for Emergency Preparedness will have a general meeting at Lillian Beard Deaf Connection Center, 9920 Long Point Rd., Houston, TX 77055 at 6:00 PM. It's a potluck dinner and meeting. Please make plans to bring your homemade foods. Contact David S. Bass at davidsbass67@hotmail.com for more information.

June 9, 2010 (Wednesday) = Houston Deaf Senior Citizens will have their business/social meeting at West Gray Adaptive Recreation Center, 1475 West Gray, Houston, TX 77019 at 9:00 am till 1:00 pm. The women will cook the meal for the men in honor of "Father's Day". Contact Patsy Walker with your ideas and suggestions to make this a fun and successful luncheon for the Fathers!

June 10, 2010 (Thursday) = Houston Deaf Senior Citizens will take a trip to Mont Belvieu, TX to visit Barbers Hill Museum and Orange, TX to visit First Presbyterian Church. Everyone needs to be at Woodhaven Baptist Deaf Church, 9920 Long Point Rd., Houston, TX by 8:30 AM as the Bus will leave by 9:00 AM. Please contact Gertie Sessions at 281-249-5284 (VP) or Julie Spaulding at 281-249-5276 (VP) for more information.

June 11, 2010 (Friday) = Houston Hand Talk Social will be at Gabby's BBQ Restaurant, 3101 North Shepherd Drive, Houston, TX 77018 from 5 PM till 9 PM. This is a fun way to meet people that are learning ASL. Let's meet and enjoy chatting with old and new friends.

June 12, 2010 (Saturday) = Houston Deaf Asian Club will meet at Adaddin Mediterranean Cuisine, 912 Westheimer Rd. @ corner of Montrose Blvd., Houston, TX 77006 from 5:00 pm till 9 pm. Check out website at www.aladdinhouston.com.

June 17, 2010 (Thursday) = Houston Deaf Senior Citizens will have a fellowship and potluck at Woodhaven Baptist Deaf Church, 9920 Long Point Rd. from 9 am till 1 pm. If you wish to bring a covered dish, contact Evelyn Autry at 713-984-8186 TTY or Jenice Wells 281-442-8015 Tty or 281-249-5251 VP and let them know what you plan to bring. If you do not bring food, please bring \$5 to help cover the cost of food.

June 18, 2010 (Friday) = ASL Social will meet at Ragin Cajun Restaurant, 9797 Westheimer Rd. #80 @ Gessner, Houston, TX 77063 from 4:00 till 9:00 PM. Check website at www.ragin-cajun.com. Let's meet and enjoy chatting with your old & new friends.

June 20, 2010 (Sunday) = Happy Father's Day to all the Fathers! May you all enjoy your special day!

June 23, 2010 (Wednesday) = Houston Deaf Senior Citizens will have their business/social meeting at Metropolitan Multi-Service Center, 1475 West Gray, Houston, TX 77019 from 9:00 am till 1:00 pm. We will have a Speaker explain about Identity Thief. Please bring your friends to hear this Speaker.

June 28, 2010 (Monday) = Joe's Banquet Center, 1300 East Hwy. 6, Alvin, TX 77511 will provide free meal for Seniors from 6 AM till 10 AM. It is free on the last Monday of each month. However, you have to pay for your drinks.

DONATIONS & NEWSLETTER DUES

Donations to Houston Deaf Senior Citizens Love Fund and Newsletter:

Thank you, W. Richard and Joan M. Brubaker, Virginia D. Duncan, and Cathy Simerka, for your generous donations.

Thanks to the following people for their thoughtful donation to Love Fund in memory of Raymond Edgley, Malcolm Pace, and Bob Wood: Gus & Zelma Curbello for all three friends and James & Julie Spaulding for Raymond Edgley.

Thanks to Felix & Amelia Guerra for donating the meats for our Mother's Day luncheon on May 12th.

Anyone who wishes to donate money to **Houston Deaf Senior Citizens Love Fund, Inc. (a 501(c)(3) non-profit corporation)** should please make check or money order payable to **Houston Deaf Senior Citizens Love Fund**. In the memo part of your check, please write down what the amount applies to or you can send a note. Please mail to address on back page. Thanks so much!

RENEWAL SUBSCRIBERS:

Thank you for your renewal: M/M Eugene Alaniz, W Richard & Joan M Brubaker, Allan & Lorena Bubeck, Shirley Bulgherini, Rufus Chappell, Lawrence E Coleman Sr, Ralph Daniels, Josephine Law Davis, Lynwood Davis, Margaret E Eyrich, Adrenna H Montez, Anna R Reese, Mildred Reeves, Ophelia Simpson, Tommy Smith, Dorothy Nell Thomas, Consuela Trinidad, and Peter M Wright.

NEW SUBSCRIBER: Welcome to our new subscribers - Larry Hilferty and Karen Michel.

Thank you card was received from the family of Raymond Edgley saying: "I can't thank you enough....but I hope you know I appreciate everything you've done. Love, Ann Edgley and Family."

Senior Citizen Trip to Goliad, TX

Twelve Senior Citizens left on May 14th for this wonderful trip to Goliad, TX. Our first stop was at Goliad State Park where we took a tour of Mission Espiritu Santo. This was a very informative historical museum. There were several rooms - Church, Granary, Priests' Quarters, Mission School Workshop, Cistern (Well), and Foundations of Convento. It was a nice and enjoyable walk around these buildings as the weather was great that day. Next, we stopped at birthplace of General Ignacio Zaragoza. That was very interesting. I had to Interpret for the group since our assigned Interpreter hurt her ankle on Thursday. That was quite an experience for me and the Tour Guide was very patience since I had to read her lips. Then, I had to sign to the deaf citizens. To listen to the History of this building and the things that happened a long time ago was surprising. We saw the Angel of Goliad Statue before heading downtown. The Courthouse was lovely on the outside. The Hanging Tree has grown very big in front. We stopped at another Museum. Then, we headed to Golden Corral for lunch in Victoria.

Please join us on our next trip on June 10th as we take a trip to Mont Belvieu and Orange. We will be stopping at 2 Historical places. It will be fun so come and join us! Smiling.....

NEWS

DeafNation World Expo

The 2010 DeafNation World Expo will be held at the Sands Expo Center, the perfect place to truly bring the Deaf together under one roof. It will take place at Sand Expo's 200,000 sq. feet exhibit hall, where exhibitions, workshops, entertainment, sporting activities, activities for the children and so on will come together to provide four full days' worth of many hours of presentations, education and socializing for the attendees. The best thing about the World Expo, aside from the socializing and cultural/language opportunities, will be the free admission to all events. This will begin July 18-23, 2010 from 9 AM till 5PM at 201 Sands Ave., Las Vegas, NV 89109. Please register on-line at www.deafnation.com and make a copy of the form to gain entrance to the Expo.

Deaf Day at Six Flags

Will be held on Saturday, August 7, 2010 from 10:00 a.m. to 10:00 p.m. at Arlington, TX (Between Dallas and Ft. Worth). Ticket prices and other information will be sent out soon. For more information contact: Allison Randolph at allison.randolph@tccd.edu, 817-515-1343 (voice), or 817-484-6740 VP.

Asparagus/Cancer

Submitted by Audrey Leger from Snopes

"Asparagus for Cancer" was printed in Cancer News Journal on December 1979. There was a discovery by Richard R. Vensal, D.D.S. that asparagus might cure cancer. A Professor at the University of Pennsylvania stated that asparagus was used as a popular remedy for kidney stones. He even referred to experiments on the power of asparagus in dissolving stones. For the treatment, asparagus should be cooked before using, and therefore canned asparagus is just as good as fresh. For the procedure: 1) Place the cooked asparagus in a blender and liquefy to make a puree and store in the refrigerator and 2) Give the patient 4 full tablespoons twice daily, morning and evening. Patients usually show some improvement in 2-4 weeks. It can be diluted with water and used as a cold or hot drink. Asparagus contains a good supply of protein called histones, which are believed to be active in controlling cell growth. For that reason, asparagus can be said to contain a substance that is called cell growth normalizer. That accounts for its action on cancer and in acting as a general body tonic. In any event, regardless of theory, asparagus used as we suggest, is a harmless substance.

Deaf Conroe man indicted on capital murder

Submitted by Linda Smith from DeafNetwork.com

While her deaf client has been indicted on a charge of capital murder in the stabbing death of his estranged wife, a Houston attorney said she doesn't believe that charge should stick because he "didn't mean to kill her." Willis police arrested Earl Handy Jr., 39, of Conroe, Jan. 16 for allegedly fatally stabbing Donna Allen Handy, 34, in her home. He also is charged with aggravated assault with a deadly weapon after allegedly injuring Handy's boyfriend, Joseph Taylor, of Conroe. Police previously said Handy waited outside his wife's home for the opportunity to confront her and Taylor. When Taylor opened the door to the single-wide mobile home in the Pin Oak subdivision shortly before 8 a.m., Handy allegedly stabbed him several times in the upper body. Police arrived to find Donna Handy stabbed in the chest, and she was later pronounced dead at Conroe Regional Medical Center. Earl Handy was found in the other end of the home, and police used their Taser stun guns to subdue him when he began stabbing himself, Willis Police Detective Alton Nelson previously said. Handy is still in the Montgomery County Jail with no bond amount set, according to jail information. His indictment states Handy intentionally caused the death of Donna Allen by stabbing her with a knife while committing or attempting to commit of burglary. A person commits capital murder "if the person intentionally commits the murder in the course of committing or attempting to commit kidnapping, burglary, robbery, aggravated sexual assault, arson, obstruction or retaliation, or terrorist threat" under the Texas Penal Code. The penalty for capital murder includes life in prison, life in prison without parole or death. Two sign-language interpreters have been appointed to Handy by the 9th state District Court of Judge Fred Edwards, according to records from the Montgomery County District Clerk's Office.



NEWS

Dave Lieberman's Fettuccine Alfredo

Submitted by Margie Graham from Dr. Oz's TV Show

Chef Dave Lieberman transforms this fatty pasta dinner into a healthy meal by replacing the cream and butter with a secret ingredient – cauliflower. This vegetable helps reduce the risk of breast cancer while also cutting the calories to less than half of the traditional dish! With only 6 ingredients, anyone can make this dish in a snap!

Ingredients Serves 2

1/2 lb cooked whole wheat pasta

1/2 head cauliflower, cored removed and broken into small florets

2 Tbsp olive oil

2 shallots, minced

1/2 cup chicken stock

1 cup grated parmesan cheese, plus more for garnish

Salt and black pepper to taste

Directions: Steam the cauliflower for 20 minutes until very soft. In a small sauce pan, heat the olive oil over medium-low heat and cook the shallots until soft and translucent, stirring often, for about 10 minutes. Add the chicken stock and cook for 5 minutes longer. Set aside to cool.

In a large blender, combine the cooked cauliflower and the shallot-chicken stock mixture and purée until silky smooth. Pour the puree into the sauce pan and heat over medium heat until steaming. Remove from the heat, toss in the cooked pasta and add the grated parmesan cheese. Season to taste with salt and pepper and divide between 2 serving bowls. Top with more parmesan cheese. Calorie : 455 per serving

HAPPY 40TH ANNIVERSARY TO JULIE AND JAMES SPAULDING

Written by Julie Spaulding



James and I knew each other for 9 months. We got married at 8 PM on June 13, 1970. The wedding was simple. I spent \$625 for everything while my parents paid for reception. My Mother made my wedding gown. My sister, Michelle, was matron of honor. Her cousin, Diana Duncan, and her younger sister were bridesmaids. Flower girl was cousin, Karen. Ring bearer was David Fair. Best man was James Fair. Billy Buza, James' brother-in-law, and Julie's brother were groomsmen. We rode in James Fair's car after we left church.

James Fair dropped us off at Mall to get our car. We felt sorry for James Fair because his car was full of rice. James and Lavern had to clean it up.

Honeymoon was good and bad. We drove 1963 Chevrolet to California. Trip was 2 weeks. Car ran bad. We took car to shop in different states many times. Car was down on Hwy. close to Las Vegas at night. James encouraged me to act as hitchhiker. I was cool! Man stopped by to help us. I was scared because driver looked mean. I refused to ride, but James made me jump into Ford Convertible. He dropped us off at Hotel. I was relieved that he was nice. Hotel Manager called wrecker and it was towed to the shop. We found motel and didn't sleep well. We made it back home safely.

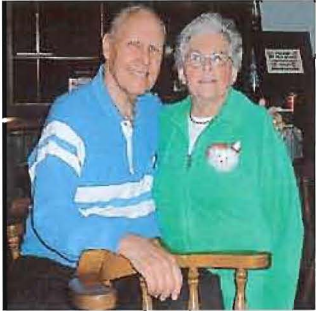
My Mother's friend gave a gift which is ruby vase (shown in picture) to our parents for their 40th wedding anniversary in 1983. Then, I passed it to my cousin in 2003. Then, she passed it to us now. I hope that we will continue to pass it to our family in the future. We have 2 sons and 4 grandchildren. We are not young again, but we are looking forward to having 50th wedding anniversary. We are blessed for better and worse.





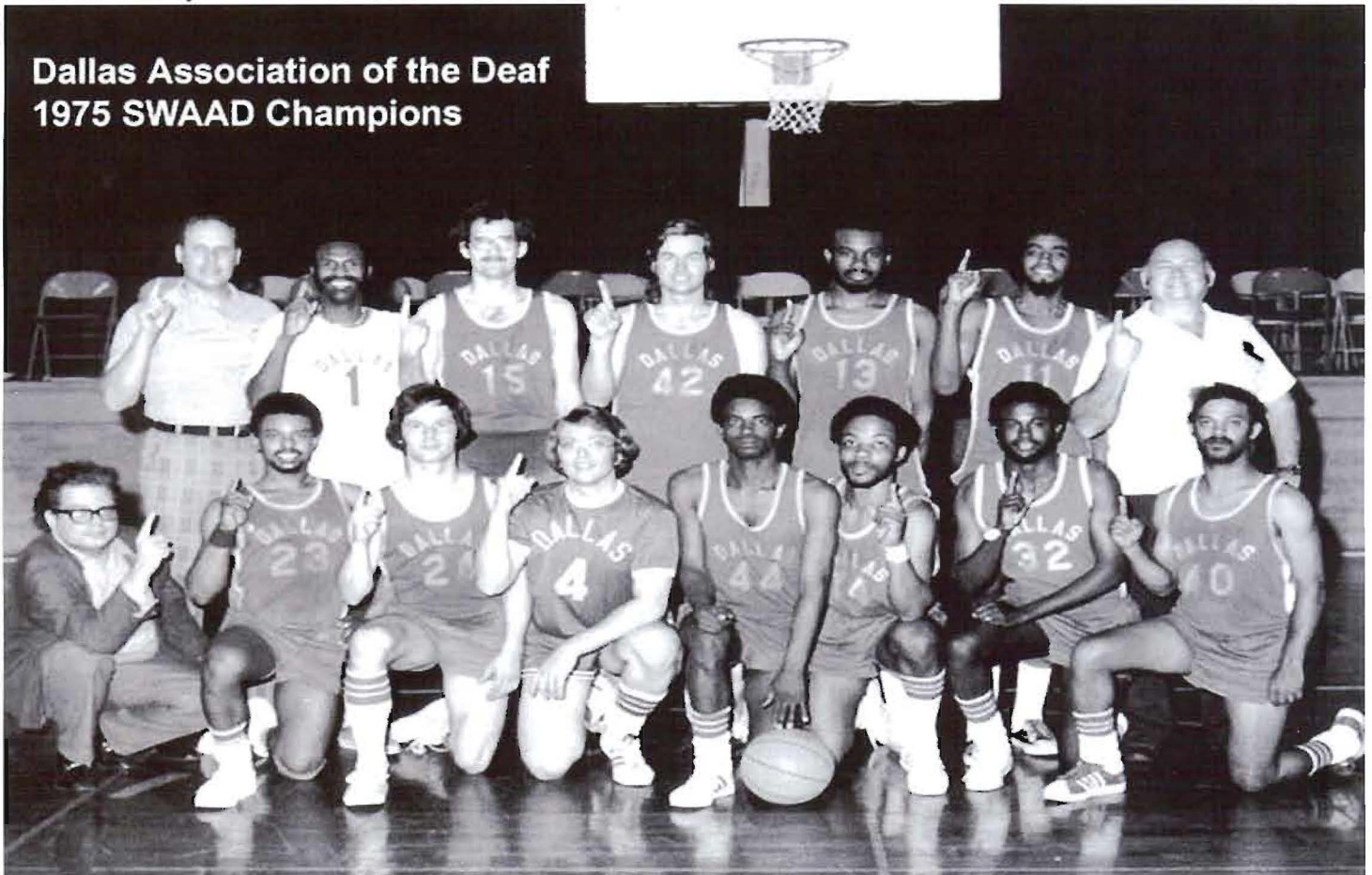
REST IN PEACE

OBITUARY



It is with deepest regret to inform everyone that **Robert (Bob) Wood, Sr.** died at the age of 78, Monday morning, May 3, 2010. He was born in Dallas on December 8, 1931. His sudden passing was a great blow to the members of Dallas Association of the Deaf and also to the Deaf community. Bob was a splendid man, of great intellect, and had a big heart. He was a life-long faithful member of the Dallas Association of the Deaf (D.A.D.) and was one of the association's biggest donors that helped the association to keep going strong. Bob was formerly president of the Dallas Association of the Deaf and also served on the board for years. He was also a dynamic leader in the Deaf bowling community. Bob was a chairman of the National Deaf Bowling Association (NDBA) in 1980. It was the most

successful event that NDBA had ever had. The Dallas Deaf community applauded the way he guided D.A.D. to obtain national recognition. The bowlers and fans had identified Bob as an all around American guy. Bob was also a long time avid Dallas Cowboy fan as well as a former Cowboys ticket holder. Bob had never missed his membership at the Deaf club since the day he joined the old Dallas Silent Club in 1951 and this continued when the members purchased a building, which also had two lots, on Maple Avenue in Dallas, in 1973. The name of this club was changed to the Dallas Association of the Deaf. D.A.D. tentatively plans to have a special dedication ceremony at the clubhouse in honor of Bob Wood's untiring and devoted life to the Dallas Association of the Deaf. Survived by wife Jane; son and wife Robby and Allie; and grandchildren, Chelle and Robert III. Bob shall be sorely missed by all who knew him. Submitted by Herbert Picou and Cathy R. Edler-Ashley.



**Dallas Association of the Deaf
1975 SWAAD Champions**

(continue on page 7)



Malcolm Hugh Pace, Jr., age 85, was born on December 12, 1924 in Bowie, TX to Malcolm and Eva Brubaker Pace and passed away on May 4, 2010 in New Boston Nursing Center. Visitation was held at 10:00 A.M. to 11:00 A.M. on Friday, May 7, 2010 at Bates Family Funeral Home. He was a Newspaper printer for the El Paso Times and a member of First Baptist Church, Moores Lane in Texarkana, Texas. He is survived by two daughters, Mary Downs of New Boston, TX and Nancy Montes of El Paso, TX; a son Jesse H. Pace of LA; nine grandchildren; nine great grandchildren, and several nieces and nephews. He is preceded in death by his wife, Hazel Pace in 2003; and a son Malcolm Hugh Pace III in 1998. A Memorial Service was held 11:00 A.M. Friday, May 7, 2010 at Bates Family Funeral Home with Rev. Ken Cox officiating. Memorials may be made to Manna Kitchen, PO Box 775, New Boston, TX 75570.

PINETREE CAMPOUT

Summer Deaf Camp is having their 15th annual Family Oriented activity on June 4-6, 2010. Free Combo meals and refreshments. Gate will open at 12 Noon and everyone and families are welcome. All support will be appreciated - \$20 per Adults, \$10 per 13 - 17 years old Kids, and free for Kids under 12 years old. This is located at 1611 N. Bell St #B, Hope, AR. It includes camp, fun games, campfire, small camper (No RV), door prizes 50/50 Raffles, trophies, pool ground, vendors available, showers, and portable toilet. Email to Sunshine at harleyrosabiker@aol.com or Orange at orangepakalolaw@aol.com for more information.

POOF and the light goes off

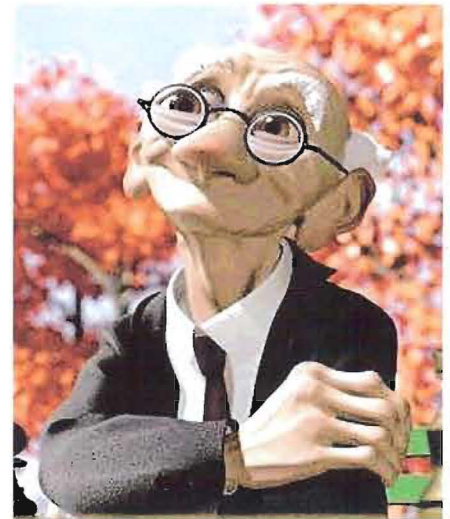
A 78-year-old man goes for a physical. All of his tests come back with normal results. The doctor says, 'Harold, everything looks great. How are you doing mentally and emotionally? Are you at peace with God?'

Harold replies, 'God and I are tight. He knows I have poor eyesight, so he's fixed it for when I get up in the middle of the night to go to the bathroom, *poof*!, the light goes on. When I'm done, *poof*!, the light goes off.'

'Wow, that's incredible,' the doctor says.

A little later in the day, the doctor calls Harold's wife. 'Winona ,' he says, 'Harold is doing fine, but I had to call you because I'm in awe of his relationship with God. Is it true that he gets up during the night and *poof*!, the light goes on in the bathroom, and when he's done, *poof*! the light goes off?'

'OH MY GOODNESS!' Winona exclaims. 'He's peeing in the fridge again!!!!'.



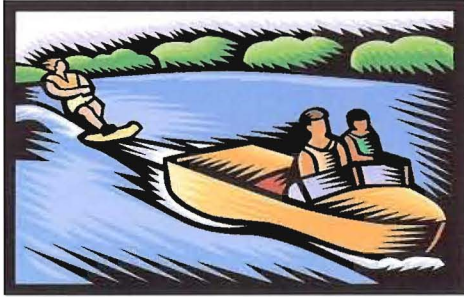
Mission Deaf Connection Center Seeks to Improve Communication

In an effort to reach out to the hearing impaired in the community, the church is set to open the Mission Deaf Connection Center (MDCC) at 6708 Mahogany St. at Chaffee Crossing in Barling, AR in about 2 months. Dee Mathes, director of deaf ministry at Mission United Methodist Church hopes that it will improve communication between the deaf and the hearing through its program. The new center plans to offer after school programs for deaf children and other children with disabilities that hinder communication. Sign Language classes will be offered for parents of hearing-impaired children. The center will have a computer lab and programs for the senior citizens. For more information, visit www.missionumc.com.

EDITOR'S MESSAGE

Sure hope you all are sending recipes to Susan Jackson, Chairperson. This is a great idea to create the cookbook which will be sold as a fundraiser for our organization. Susan is working hard on getting this together to be ready by November. Amelia Guerra, Rochelle Simpson, and Ann Wheeler are helping her out to get this completed on time. Please continue to send the recipes by August 1st. Thanks so much!

If you have any information, jokes, recipes, event, pictures, sports, or news that you want me to publish, please send them to me by the 15th of each month. My E-mail address is nmorris726@gmail.com or you can mail to me at 15335 Falmouth Ave., Houston, TX 77084-1412.



Please note that Editor may, at her discretion, edit articles or news items for brevity and to correct errors. When sending large pictures to me, please make sure you use a larger envelope.

Have a safe and happy Summer!

Nancy Morris, Editor

This is funded by DARS-DHHS

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