



Non-Profit Organization

Tidbits

Volume 24—Issue 9

www.hdsclf.org

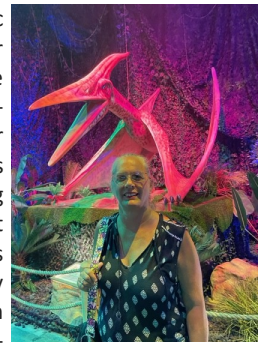
September 2023



On August 5th, nineteen seniors visited the Dios 'Alive' exhibition in Houston. There were plenty of dinosaurs to take pictures with, and the exhibit was excellent; the dinosaurs were awesome! It was like going back in time; the experience was fun for us. Here is the information about this exhibition from Google:

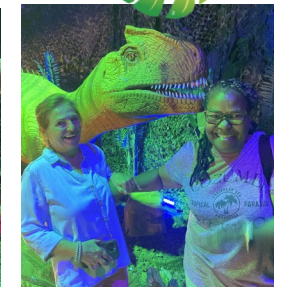
Google: From Dinos Alive Houston

"Dinos Alive is a dinosaur exhibition in Houston featuring life-size animated replicas in an immersive Jurassic venue. Walk alongside the creatures that roamed our world millions of years ago! This immersive experience brings you face-to-face with the fearsome and spectacular dinosaurs that dominated the animal world for 140 million years. From the turkey-sized Velociraptors to the mighty T-rex, interact with +80 life-sized, moving animatronics of many species and see these magnificent creatures in their habitat. With its breathtaking replicas and immersive environment, this experience is loved by dino fans of all ages. Step into another world and learn something new in a fun experience for the whole family!"



Kneel: Fred Simerka From Left to Right:

Jan Dermon, Jim Dermon, John Holland, Sidney Gilland, Wanda Andrew, Clyde Andrew, Patsy Walker, Thurman Amerson, Christine Johnson, Lori Davis, Yvonne Butler, Doina Langham, Tom Langham, Larry Butler, Dominique Parisi, Celia Lasy, Deborah Wold, Jose Ybarra





ALZHEIMER'S AWARENESS

On August 9th, Joel Silva with Houston Health Department spoke to us about the difference between Alzheimer's and Dementia.

Alzheimer's is on the rise and a higher risk for seniors. It's a progressive brain disorder that causes cell damage and memory loss.

This neurodegenerative disease causes a gradual declines in memory, memory loss, planning problem solving, and task difficulty. It is formed from proteins that hurt the brain cells and prevent cell communication.

The senior can become angry, act depressed, and hide things. Daily activities such as walking, bathing, dressing, and eating require assistance. It can be from genetics if your family has a history of it. There is no cure for Alzheimer's, but treatments are available.

Dementia is a general term for declining memory, reasoning, or other thinking skills.

There are support groups and caregivers to help. This is a safe place to find emotional support. Call the Alzheimer's Association at 800-272-3900 for help, local support groups, and education assistance.

Submitted by Nancy Morris

Social Meeting — August 9, 2023



President Patsy Walker,
40th Anniversary Chairperson Nancy Morris,
Field Trip Chairperson Jim Dermon

Special Thanks to Jan Dermon and Yvonne Butler
for serving lunch.



Menu

Chicken Salad Croissant
Chips and Cookies

MY VACATION IN CALIFORNIA

By Zane Owens

From May 31st to June 21st, I flew to Riverside, California, to see my granddaughter Samantha, who graduated from California School for Deaf Riverside in June 2023. She will go to Gallaudet on August 19th.

While visiting, Samantha and I visited Big Bear Lake, Queen Mary Boat, Palm Springs Aerial Tramway, and other places.

I enjoyed the trip and the beautiful weather.



BOWLING TORNAAMENT AT NEW ORLEANS By Christine Johnson—8/13/2023

I returned home safely today from Kenner, New Orleans, from Bowling Tournaments. The first pic is Rex/Luci Ryan, and I got a fifth place as our team, and the second picture is first place, as single individuals women whom I shared with another lady from Louisiana. I brought a trophy home. We did have a blast!



Jim/Jan Dermon's 55th Anniversary

We celebrated our 55th anniversary on a cruise to Cozumel on August 17th. In the picture on the left, we were engaged in 1967. The trip was enjoyable!



My Eye Surgery

By John Holland

On August 8th, I had a tube shunt in my left eye for glaucoma surgery. After staying home for two weeks, I went to the doctor for a check-up. Unfortunately, the pressure was too high, and I had another surgery to fix the eye. Hopefully, my vision will improve by the doctor's next appointment. I trust the Lord.



See my pirate picture!

Google: What is a tube shunt in glaucoma surgery?

Glaucoma tube shunts are small devices implanted into the eye to drain excess fluid. The tube portion of the device is inserted into the eye to create a drain for aqueous fluid. The tube shunt surgery aims to decrease eye pressure and vision loss due to glaucoma.

2023 Field Trip to Astros Game—August 24th

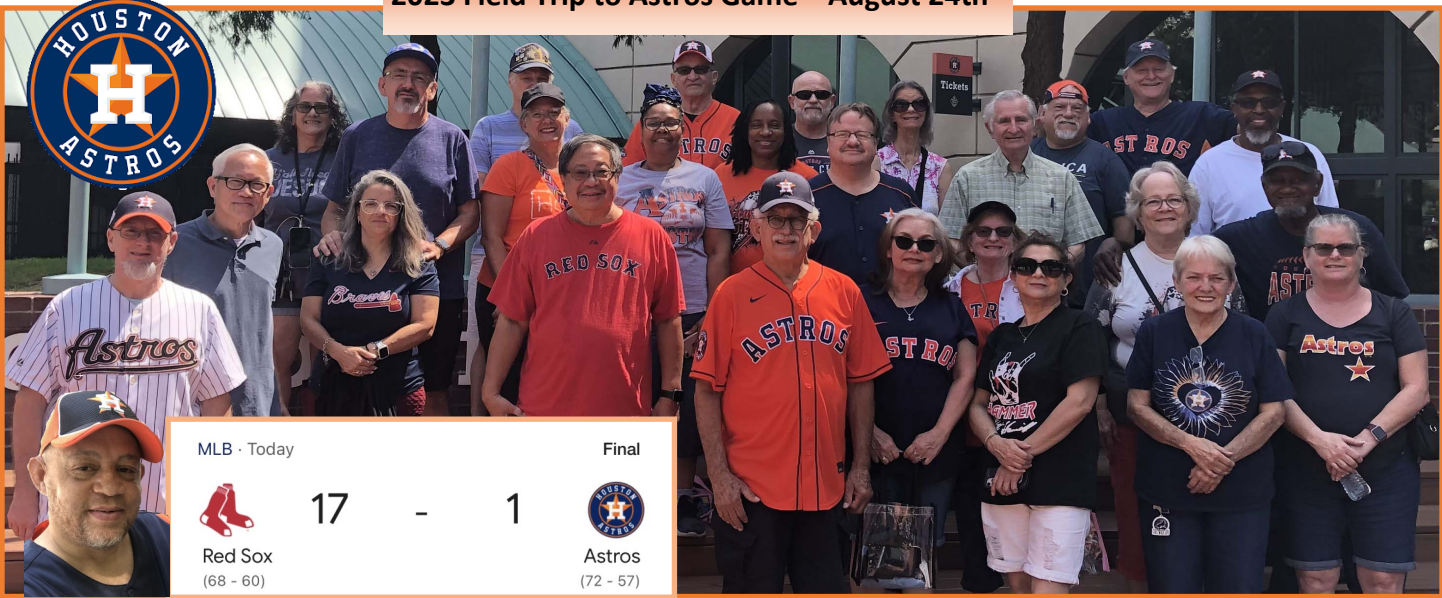


Photo Taker Robert Bellard **First Row:** Donald Payne, Robert Wong, Celia Lasry, Don Sah, Lee Rodriguez, Cristina Rodriguez, Ruth Garcia, Patsy Walker, Joanie Stephens **Middle Row:** Rosa Saucedo, Dominique Parisi, Sidney Gilland, Christine Johnson, Lori Davis, Clyde Andrew, Diane Finnegan, Dennis Smith, Nancy Morris, Lawrence Coleman **Back Row:** Michael McKenzie, Jose Ybarra, Larry Hilferty, Jeanne Hilferty, Abel Yarrito, Fred Simerka, Thurman Amerson



Sam Houston Memorial Museum
Texas Prison Museum





**Walker County Historical
Statue of Sam Houston**

All Day Field Trip—Visiting Huntsville, TX
Saturday October 14, 2023

Cost: Over 60—\$5
Under 59—\$10

Meet at the South Parking Lot
behind Memorial City Mall
at **7:15 am**
Bus leaves at **7:45 am**

Contact Christine Johnson
979-413-5014
Deadline: 10/11/2023



Lunch
On
Your
Own

Tentative Field Trips for November, and December 2023



Texas Hatters
Lockhart, TX



Danish Heritage Museum
Danevang, TX

Social Meeting — 2nd Wednesday of the month: 9/13, 10/11, 11/8, 12/13
Field Trips—Saturday 9/16; Saturday 10/14; Saturday 11/18; Tuesday 12/05

HDSCLF's 40th Anniversary Party

August 8, 2023

The 40th Anniversary is quickly approaching on October 11th. Please make sure each of you has paid the \$35 by September 15th to be able to enter the party. Anyone who doesn't pay is not allowed into the party. If anyone wants to pay at the door, the cost is \$50.00.

This will be a fun event that everyone will enjoy and have a delicious meal. The committee is looking forward to seeing you all there.

Chairperson

Nancy Morris
nmorris726@gmail.com



Co-Chairperson

Christine Johnson
979-413-5014

Please Note:

HDSCLF 40th Anniversary Party

Cost: \$35.00

Deadline September 15, 2023

After September 15th—\$50.00



HDSCLF

40th Anniversary Luncheon

1983—2023

Wednesday, October 11, 2023

9:00 AM to 3:00 PM

Metropolitan Multi-Service Center

1475 West Gray St

Houston, TX 77019

Houston Deaf Senior Love Fund Luncheon — \$35.00 Per Person

Name:

Address:

City/Zip:

Phone/VP

Email:

Mail this form with a check or money order (payable to HDSCLF) to
Houston Deaf Senior Citizens Love Fund, PO Box 131072, Spring, TX 77393
MEMO: 40th Registration Due date by September 15, 2023.

No Bake Cookies

Submitted by Jan Dermon



As of August 24th, Houston has had a heat wave for several days. The heat index average is 102 daily.

One day, I craved a homemade chocolate cookie and remembered my old recipe that was not required to bake. It is No Bake Cookies, and there is no need to use an oven to bake them! It satisfies my chocoholic.

No Bake Cookies

- 2 cups sugar ½ cup peanut butter
- 1 stick butter 3 cups uncooked quick oats
- 3 T cocoa 1 teaspoon vanilla
- ½ cup milk

Cook first 4 ingredients, stirring constantly until mixture comes to a boil. Remove from heat and add last 3 ingredients. Mix well and drop by spoonfuls onto wax paper.

Tidbit Newsletter

Renewals:

Thelma Covelle, Wally Mallay, Dominique Parisi, Celia Lasry, Lee/Cristina Rodriguez, Barbara Warren

Gift Subscription:

Sue Ramierz (Thelma Covelle)

In Memory of:

Janice Southwell (Nancy Morris)
 Mary Jo Stevens (Nancy Morris)
 Audrey Leger's Son—Alvin Wright (Nancy Morris)



Send some news, your trip, an announcement (newborn baby, birthday, anniversary, craft, obituary, and color photos to me before or on **15th day of each month**. Thanks!
Jan Dermon Editor of HDSCLF Tidbits
Email: jdermon.senior@gmail.com

Board of Directors and Tidbits Committees

			
Patsy Walker President	Christine Johnson 1st VP	Nancy Morris Secretary	Jim Dermon Treasurer

Newsletter Editor Jan Dermon	Webmaster Judy Becker	Photography Robert Bellard Jan Dermon
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Houston Deaf Senior Citizens Love Fund, Inc. Non-profit, 501(c)(3) tax exempt organization		<input type="checkbox"/> SUBSCRIPTION <input type="checkbox"/> DONATION
New <input type="checkbox"/> \$5.00 per year-Electronic Renewal <input type="checkbox"/> \$12.00 per year-Paper	X Year(s) = \$ _____.00	
Please Print Clearly		
Name:	OFFICE USE ONLY	
Spouse:	<input type="checkbox"/> Money Order	<input type="checkbox"/> Check
Address:	Receipt #	<input type="checkbox"/> Cash
City/State/Zip:	Receipt #	
Email (Required):	VP/Phone	
	Fax	
Donation/Gift Subscription		
Gift Subscription from (Giver) _____ Donation to HDSCLF \$ _____ In memory of _____ (tax deductible) Donation \$ _____ to the Houston Deaf Senior Citizens Love Fund (tax deductible)		
Make payable to HDSCLF and mail this form with personal check or money order to Houston Deaf Senior Citizens Love Fund, Attn: Treasurer, PO Box 131072, Spring, TX 77393. Thank you.		