

Houston Deaf Senior Citizens

Volume 5

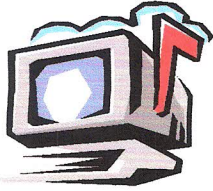
May, 2004

Issue 5

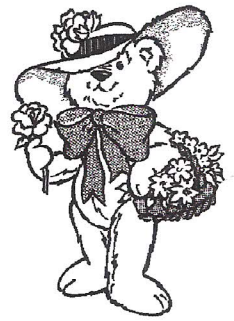


**Memorial
Day**





From the Editor:



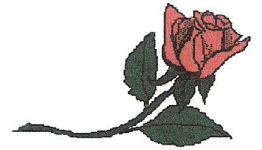
Houston
Deaf
Senior
Citizens
Newsletter

Dear Houston Senior Citizens and Friends:

We are sometimes asked for someone's address or phone number. We respect your privacy and will not give out any such information without your written permission.

I wish all of you mothers and grandmothers Happy Mother's Day!

Audrey



Editor

*Audrey
Leger*

The Staff

*Zelma
Curbello*

*Thelma
Jo Hays*

*Pedro
Solis*

*Roger
Spivey*

*Mary Jo
Stevens*

When paying for a new or renewed subscription, please make your check or money order payable to HDSC Newsletter or Houston Deaf Senior Citizen Newsletter instead of Audrey Leger. Thanks.

Please send any news, information, jokes, pictures, recipes, sports or anything that you want to share with Senior Citizens. **Please keep articles to less than 250 words, due to limited space on the newsletter.** Please note that the editor may, at her discretion, edit articles or news items for brevity and to correct errors. **The deadline is on the 15th of each month.** Items received after the 15th will be held until next issue.

NOTE: Unpaid subscriptions are discontinued after three months. In order to serve you better, a reminder will be sent during the second month.

If you have any questions, don't hesitate to contact us at 281-437-6224 TTY or fax at 281-416-0799 or e-mail us at hdscnews@yahoo.com.



***Flash News for next Field Trip
Galveston, TX***

Houston Deaf Senior Citizens will meet at Woodhaven Baptist Church, 9920 Long Point Rd, Houston, TX on Friday, May 14th at 8:00 AM. The bus will depart no later than 8:30 AM.

9:30 - 10 AM – Sacred Heart Catholic Church & Bishop's Palace - SC \$5.00
Adults \$6.00

11 AM -- Moody Mansion - SC \$5.00; Adults \$6.00

12:30 PM – Lunch at either Golden Corral or Luby's Cafeteria

2 PM – Lone Star Flight Museum - \$5.00 per person

If you are interested in going on the field trip, please contact Audrey Leger at 281-437-6224 before the 12th. Come and let's have fun together. See you on the 14th.

From Zelma Curbello of LOVE FUND:



We wish to thank you for your generous donations to LOVE FUND: Zelma Curbello, Thelma Jo Hays, William Hebert, Audrey Leger, Pernela Smith, Roger Spivey, Paula Szablowski, and I.D. & Floyd Wicker.

Maurice Ford, thank you again for your thoughtful donation to the Love Fund from the proceeds of crafts sold.

Anyone who wishes to donate \$\$\$ to LOVE FUND should please make a check or money order payable to Houston Deaf Senior Citizens - Love Fund. Please mail to:

**Mrs. Zelma Curbello
9623 Tiltree
Houston, TX 77075-4042**

NEW SUBSCRIBER:

Welcome to our new subscriber: Christine Higgins

RENEWALS:

Thank you for your renewal: Communication Axess Ability Group, Favette Crocker, Jerry or Dovie Hassell, Norma Hensley, Jula C. Karam, Mildred LeBlanc, Bubba & Judy Lorenz, Billie Moehle, John & Evelyn Norman, Vernon & Joan Pate, Martha P. Phillips, Anna Reese, Bonnie Tribble, and E. R. & Lanita Ugarte.



Planned field trips for Houston Deaf Senior Citizens for the next seven months:
(Attention: those places or dates may be changed if unable to reserve or time permits)

- ❖ June 2, 2004 (Wednesday) ~~ Lufkin, Weches & Crockett, TX ~~ Texas Forestry Museum, Downs- Aldrich House & Monroe Crook House
 - ❖ July 9, 2004 (Friday) ~~ Moulton & Hallestville, TX ~~ Historical Museums
 - ❖ August 13, 2004 (Friday) ~~ Moscow & Livingston, TX ~~ Historical Museums
 - ❖ September 10, 2004 (Friday) ~~ Cuero & Victoria, TX ~~ Historical Museums
 - ❖ October 8, 2004 (Friday) ~~ Coldspring & Huntsville, TX ~~ Historical Museums
 - ❖ November 12, 2004 (Friday) ~~ Cameron & Rockdale, TX ~~ Historical Museums
 - ❖ December, 2004 ~~ date and places -- to be announced
-

QUOTE

*Nothing can stop the man with the right mental attitude from achieving his goal.
Nothing on earth can help the man with the wrong attitude.*

~~ Thomas Jefferson

Field Trip to Columbus & Katy

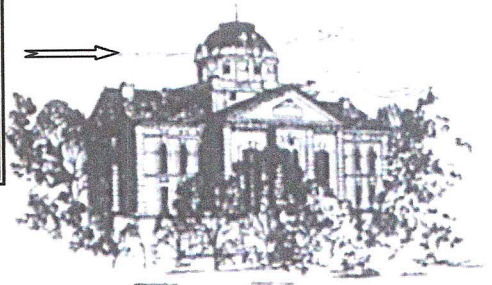
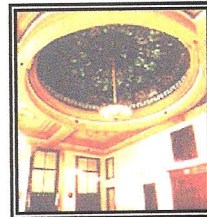
On April 21, 2004 Houston Deaf Senior Citizens group really enjoyed their day visiting several historical museums and court house in Columbus, TX. After the good lunch at Schobel's Restaurant in Columbus, we went to sightsee at "Forbidden Gardens and Discover the Mysteries of Imperial China" in Katy, TX. There are very interesting and sad historical stories about Emperor Qin and people with a lot of forbidden rules in Beijing, China. That's the reason that location is called Forbidden City. We are glad we live in America!



Stafford Open House - Columbus, TX

Stafford Opera House was built in 1886 by R.E. Stafford, a millionaire cattleman. The opera house hosted several international performers and special trains ran from adjoining towns to bring people to the performances. In 1972, the local historical preservation organization, Magnolia Homes Tour, Inc., purchased this huge building and for the next 20 years this group struggled to raise funds necessary to restore the structure to its former glory. The Stafford Opera House was reopened in 1990, and now hosts a dinner season from October through June, as well as community events such as banquets, wedding receptions, and proms.

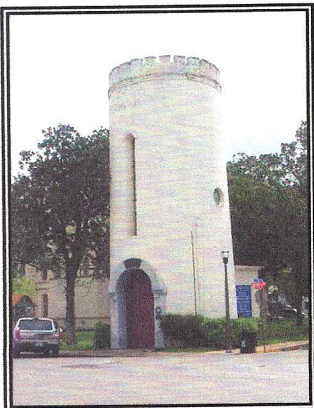
In Columbus, the present Colorado County Courthouse is the third to stand on the same site. On November 12, 1890, they installed a clock in the courthouse tower. On July 21, 1909 the clock tower was blown off and damaged by Galveston Hurricane of 1900. When the building was restored in September 1910, the tower had been replaced with a dome with the beautiful green stained glass inside of the dome (picture on the right). Years later they installed a chandelier design as an upside down umbrella.

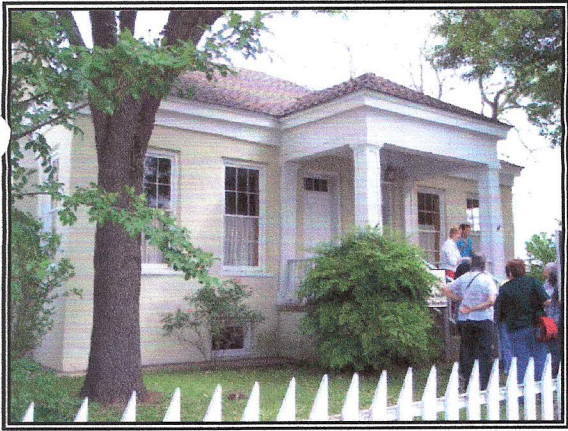


United Daughters of Confederacy Museum, SW, corner of Courthouse Square.

Museum originally housed city's fire department; the water tower was constructed with 400,000 bricks in 1883. When new water facilities were implemented, the city sought to demolish it with dynamite. This proving futile, the Shropshire-Upton chapter 361, United Daughters of Confederacy obtained the tower...

1836 Alley Log Cabin & Antique Tool Museum of Columbus, TX... The square notch cabin with full furnished Early Texas antiques. The tool shed is in the back yard. On display in the tool museum are various implements used in early Texas.





Dilue Rose Harris House Museum

Preservation of this simple Greek Revival style Texas cottage in Columbus, TX is important for two reasons: Because of the person who built the house and lived in it for many years and because of the unusual construction of the house.

Dilue & Ira Harris moved to Columbus in 1845. They built this modest home in 1858 and lived in it with their nine children. A unique type of construction for this area “tabby” is a mixture of gravel, sand, and lime mixed with water and poured into large block forms which were fitted together to make walls 12” to 14” thick. There is a basement for kitchen and a dining room.

Forbidden Gardens & Discover the Mysteries of Imperial China

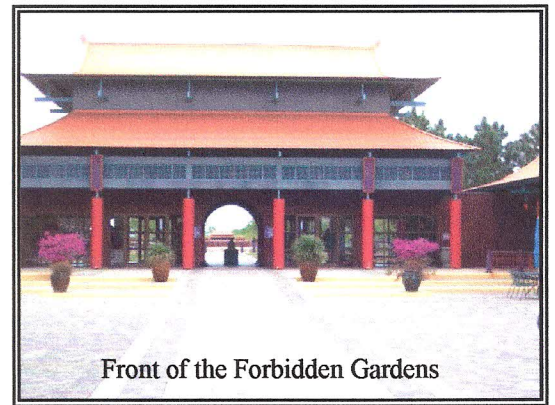


Emperor Qin

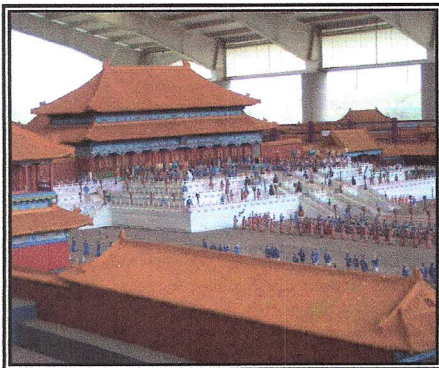
Behold, the Middle Kingdom is here!

A fascinating forty-acre, outdoor museum replicating China’s major historic scenes, including the Forbidden City of Beijing. Serenaded by the sounds of a Chinese zither and surrounded by incense wafting through the breeze, you’ll feel as if you have been transported back to exotic Imperial China.

This is a must-see for everyone who wants to embark on an unforgettable journey to a faraway and without stepping outside of Texas.



Front of the Forbidden Gardens



Left: Experience the wonder of the majestic pageantry of the Imperial Court

Right: Witness Emperor Qin’s Terracotta army standing silent guard over his tomb protecting him as they did during his lifetime.



Left: Model of the entire 6,000 piece terra-cotta army in formation under the inspection of Emperor Qin, the first ruler who united the warring states of ancient China

Right: Emperor Qin ride in a carriage in front of thousands army marching behind him.



CALENDAR OF EVENTS

May 4, 2004 (Tuesday)



Positive Interaction Program (PIP) will be held on Tuesday, May 4th at Woodhaven Deaf Baptist Church at 9920 Long Point Rd. Houston at 7 PM. The presentation will be: Angela Goins, an investigator, from Adult Protective Services is going to share with us who Adult Protective Services is and what they can do for us as well as how to utilize them. Come join us! Refreshments will be served. Interpreter & captioning will be provided.

May 7, 2004 (Friday)



FRAT will have a meeting and luncheon at 11 AM Friday, May 7th at Golden Corral Restaurant (get off Hollister exit from North 290, and make a U-turn. Restaurant is on your right.

May 7, 2004 (Friday)



ASL Social will be at Baybrook Mall in Food Court, Hwy 45 South at Bay Area Blvd, Houston, TX 77058 on Friday, May 7th from 3 PM to 9 PM. Come to meet your old and new friends. Any questions please e-mail to Earl Johnson at ejohnson127@houston.rr.com.

May 9, 2004 (Sunday)



Happy Mother's Day



May 9, 2004 (Sunday)



Illuminations Arts presents Hand Held Tales, (stories in ASL & English) "*Legends of Wildflowers*" at Borders Books, 9633 Westheimer Rd, Houston – 2:30 to 4:00 PM. Come join us and enjoy!

May 12, 2004, 2004 (Wednesday)



Houston Senior Citizens will have a general meeting at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston from 9 AM to 1 PM. Come and enjoy chatting with friends!

May 14, 2004 (Wednesday)



Houston Deaf Senior Citizens will have a field trip to Galveston, TX. Meet at Woodhaven Baptist Church, 9920 Long Point Dr, Houston, TX by 8 AM. Let's join us and enjoy ourselves. (See editor page 2, for more information).

May 20, 2004 (Thursday)



Houston Deaf Senior Citizens will have a fellowship and potluck at **Woodhaven Deaf Baptist Church** at 9920 Long Point from 9 AM to 1 PM. If you wish to bring a covered dish, please contact Evelyn Autry at (713) 984-8186 TTY or Gertrude Sessions at (281) 447-7575 TTY and let them know what you will bring.
















May 26, 2004 (Wednesday)



Houston Senior Citizens will have a meeting at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston from 9 AM to 1 PM. Come and enjoy chatting with friends!

May 31, 2004 (Monday) ~~~~~ *Have a nice Memorial's Day* ~~~~~

May 2004

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 PIP MEETING  Arthur & Barbara Craig—1969 	5	6	7 ASL SOCIAL Food Court At Baybrook Mall 	8
9 Mother's Day  Lorenea Blondahl	10	11 Louise McCantley 	12 S.C.M.M.S.C. 	13	14 FIELD TRIP Galveston 	15 ASL SOCIAL Pasadena Strawberry Festival GHDC Astroworld
16 James & Lavern Fair—1953 	17	18 Homer West 	19	20 S.C. SOCIAL WOODHAVEN 	21	22 Jean Harkness 
23	24 Hazel Richard 	25	26 S.C.M.M.S.C. 	27	28 Esther & Richard Brownalenoir-1957 	29
30	31 Memorial's Day 					

NEWS

News from Tennie Sessions:



On March 27, 2004, our Senior Citizens (picture at left) had a wonderful trip to Palestine and toured Eilenberger's Bakery. The bakery sends different cakes to many cities in the United States at Christmas time. Some of us bought them. Then we had a picnic lunch in Davery Dogwood Park. We relaxed and walked around the lovely dogwoods since the weather was nice.

We toured many beautiful and expensive mansions in Tyler. They get lot money from oil and gas. We could hardly believe they are so lucky to have such lovely homes.

That evening we went to the Potpourri House for dinner after we stopped at Ramada Inn in Tyler.

Dinner was delicious. Then we looked around at the gift shop before going to our room for the night. Next morning we ate free breakfast buffet at Ramada Inn. It was good.

We went to Rusk and visited Footbridges Garden Park, Rusk. This 546-foot bridge is said to be the longest footbridge in the nation. It was built in 1861, the same year Texas joined the Confederacy and the Civil War began. We enjoyed recalling our history.

We arrived at Texas State Railroad depot and picked up train tickets. We rode 25 miles through the pinewoods and we saw lovely, tiny dogwoods. We crossed the Neches River to Palestine. We dropped by for lunch at the Ranch House Restaurant. We enjoyed talking together. Lunch was served well.

We won't forget how wonderful the trip from East Texas is! I am proud of East Texas where I was born. We want to thank Dale Hovinga and Glenn Brunson for their best plans for us. Congratulations them! We want to go another trip again some day through the Accent Texas Tours. The Senior Citizens are wonderful!!

News from Maurice Ford

On January 31, 2004, my neighbor, Karin Patterson came to my house with a message for me. Someone in the emergency room at Northeast Medical Center Hospital in Humble, TX called and said that my sister, Geneva, had problem with her colon. She just had surgery to remove the colon, and was put in an ICU room. It scared me and I am worrying over her. I came to Humble to stay with her for a while. She stayed in the ICU for 2 weeks then moved to 4th floor for 2 weeks. Afterwards, she was sent to South Health Rehabilitation House for 2 weeks before transferred to Treemont Nursing Home for a couple of weeks. She lost a lot of weight, but she's OK now. On April 4th she was discharged from the nursing home and I brought her home. I really appreciate and thank Karin for helping me with the phone call. Please pray for my sister....Thanks, *Maurice*

Brief news from Evelyn Norman

Bert and I visited Mildred Hays Reeves recently, who had a car accident last November, and she is doing fine. She is staying with her daughter in Carrollton, TX. She is still going for the therapy every Tuesday and Thursday. We had a nice time visited with her.

A Big Surprise: Submitted by Tim Reeves

On Saturday, April 17, 2004 Mildred Reeves was thoroughly surprised when she was met by over 50 of her family and friends attending a birthday celebration given by her children. Only expecting to be going to dinner with her immediate family Mildred was shocked when the door opened and she saw all of her close friends and family.

This surprise was an extra special considering that Mildred has been away from her home in Nederland since being involved in a serious auto accident back in November 2003. Mildred was critically injured after she lost control of her vehicle and hit a guardrail in the early morning hours of November 7, 2003. After spending nearly two months in Beaumont hospital, some of which was in ICU and undergoing hip surgery she was transferred to Dallas for rehabilitation therapy. She now remains in Dallas where her son and daughter care for her during her recovery.



Photo from left to right: Mildred Reeves, Joe Morton, Franklin Tippet, Lennie Morton, Esteline Stewart, friends, and family.

So, Happy Birthday to Mildred; we're so happy you are on the road to recovery.

~~~~~

**Deaf & Hard of Hearing Awareness Day at Six Flags AstroWorld  
Presents  
Great Houston Deaf Connections  
Saturday, May 15, 2004  
(Park hours: 10:00 A.M. to 10:00 P.M. --- Parking: \$7.00 per vehicle)**

Come away with us and be part of this fun-filled day with your family and friends! Your ticket includes all rides, shows and adventures for the entire day. The Great Houston Deaf Connections (GHDC) will have a welcome table located at the main gate to greet you and answer your questions.

Admission: \$19.99 + tax a coupon (regular front gate price: \$41.99 + tax.) Present the coupon and add to your savings with a MEAL DEAL. Only \$7.00 + tax per person! (Regular price around \$9.00 +) MEAL DEALS are redeemable at select locations..... For the coupons or more information: contact Greater Houston Deaf Connections - [ghdc2003@yahoo.com](mailto:ghdc2003@yahoo.com); visit our website for Entertainment Schedule updates at [www.sixflags.com](http://www.sixflags.com) or [greaterhoustondeaf.org](http://greaterhoustondeaf.org). Present this coupon and \$19.99 + tax at the Six Flags AstroWorld Guest Relations Window for admission to Six Flags AstroWorld and WaterWorld. Use this coupon to also purchase discounted MEAL DEALS for \$7.00 + tax. Valid for up to six quests a coupon only on May 15, 2004.

## 38<sup>th</sup> Annual Tournament of the Texas Bass Club of the Deaf (TBCD)

Texas Bass Club of the Deaf, hosted by Houston Bass Club of the Deaf (HBCD), to be held at Sam Rayburn Reservoir Thursday - Sunday, May 13-16, 2004. There will be \$2,000 to First Place Team Winner and \$1,000 to Second Place.... For more information: contact Billy Buza at E-mail: [Bbbuza@aol.com](mailto:Bbbuza@aol.com).

### WHERE

Shirley Creek Marina & Campgrounds  
23177 F.M. 226  
Etoile, TX 75944

PH: (936) 854-2233  
FAX: (936) 854-2024  
<http://www.shirleycreek.com>

### TOURNAMENT DIRECTOR

Billy Buza  
5911 Brady  
Houston, TX 77011

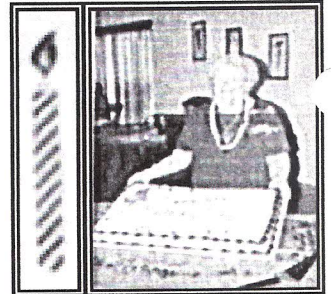
E-mail: [Bbbuza@aol.com](mailto:Bbbuza@aol.com)  
FAX: (713) 921-5322

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**Flashback from TSD**  
**Tidbits: by Glenn Brunson**  
Submitted by Tennie Sessions

### 80<sup>th</sup> Birthday Party for Ruby Kleberg

Last February 21, 2004, Dorothy and Max Floyd of Midland, Residents of La Vista gave a surprise birthday party for Ruby Kelberg at la Vista Community Retirement Center in San Marcos at 2:00 p.m. they told stories about Ruby. Cake and refreshments were served.



### Farewell Party for Bonnie Gough



Last March 20, 2004, La Vista Community Retirement Center gave a Farewell Party for Bonnie Gough. She is moving back to California on March 24, to be near her family and friends. She is looking forward to going fishing near Baja, California. We will all miss her.

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**New Horizons, Quarterly Publication of Deaf Seniors of America, Inc.**  
Submitted by Tennie Sessions

### Ron & Melvia Nomeland

DSA (Deaf Seniors of America) Board Member Ron Nomeland and wife, Melvia, visited The Villages for a few days as a guest of John and Shelby Kubis, who recently moved here from Lake Worth in South Florida.



# HEALTH TIPS

## HOW TO FIGHT YOUR ALLERGIES

Source: adapted from USA Weekend

Twenty percent of people in the United States suffer from allergies. There are allergic reactions to food or there are airborne allergens, like pollen and mold, which end up affecting your eyes, nose and airways. Exposure usually sets off a series of responses that can lead to symptoms such as runny nose, itchy eyes, scratchy throat, sneezing and coughing. If you're not sure how to tell whether or not you have an allergy, you can always see a doctor, who can conduct skin testing to figure out if you suffer from allergies. The most common is skin testing, which involves injecting tiny amounts of known allergens under the skin and watching for a typical reaction. Once allergens have been detected, a treatment plan can be set up, which can be as simple as avoiding certain foods and animals. But for things you can't avoid, like pollen, mold or dust mites, medication may be necessary. Antihistamines have been the most commonly practiced form of treatment, and these days doctors have new and improved antihistamines as well as agents that work on other aspects of the inflammatory process.



## 9 STRATEGIES TO KEEP ALLERGIES AT BAY

Source: adapted from First Draft

Tis the season for pollen and mold sufferers: Hay fever affects more than 35 million people.

Here are some do's and don'ts to help alleviate allergy attacks:

1. **DO** keep your windows closed at night. Use air conditioning which cleans, cools and dries the air.
2. **DO** minimize early morning activities outdoors between 5 and 10 a.m. this is when pollen is most prevalent.
3. **DO** keep your car windows closed when you travel in a car.
4. **DO** take a vacation during the height of the pollen season. Pick a place that is more pollen-free, like the beach or the sea.
5. **DON'T** spend much time outdoors when the pollen count, humidity, or wind factor is high.
6. **DO** take the medications prescribed by your allergist.
7. **DON'T** rake leaves or mow lawns which stir up molds and pollen. Leave this to someone who isn't allergic.
8. **DON'T** hang sheets or clothing out to dry as pollens and molds may collect in these items.
9. **DON'T** grow too many indoor plants. Wet soil is a breeding ground for molds.

# HUMOR IN UNIFORM.....



My family wanted to do something to honor my nephew, a Ranger with the Army's 101<sup>st</sup> Airborne, who had been sent to Iraq. So, with the help of her four year old grandson, Chandler, my sister tied a yellow ribbon on the tree in her front yard. "Why are we doing this, Grandma?" Chandler asked. "It's for your uncle," she said. As he watched his grandmother attach the bow, Chandler remarked quietly, "A tree's not much of a present."

Diane L. Olwin, Reader's Digest of May 2004



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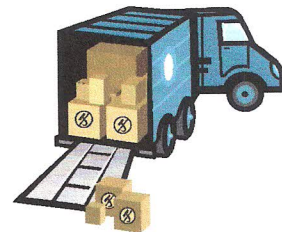
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# MOVING?



Please make sure your

**NEWSLETTER**

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