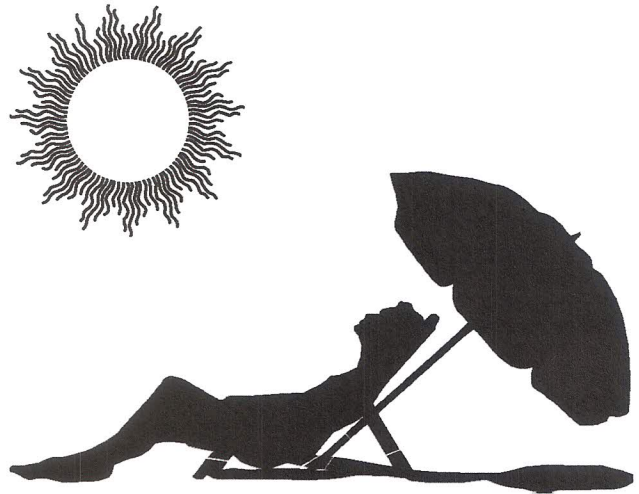
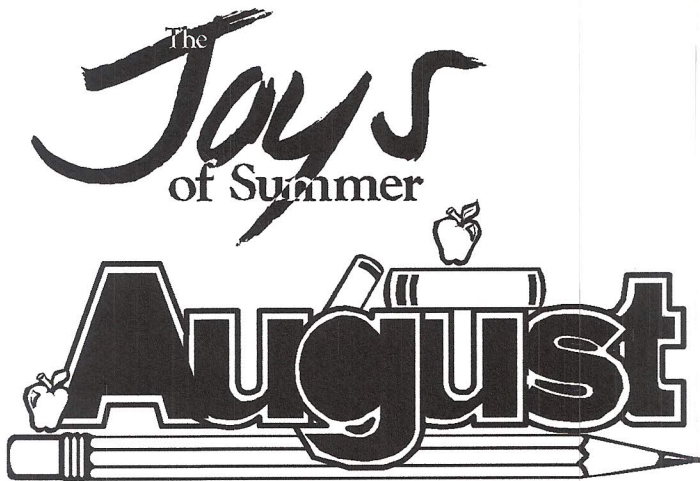


Houston Deaf Senior Citizens

Volume 5

August, 2004

Issue 8



Planned field trips for Houston Deaf Senior Citizens for the next four months:
(Attention: these places or dates may be changed if unable to reserve or time permits)

- ❖ September 10, 2004 (Friday) ~~ Cuero & Victoria, TX ~~ Historical Museums
- ❖ October 8, 2004 (Friday) ~~ Conroe & Huntsville, TX ~~ Historical Museums
- ❖ November 12, 2004 (Friday) ~~ Cameron & Rockdale, TX ~~ Historical Museums
- ❖ December, 2004 ~~ date and places -- to be announced

FLASH NEWS

We got some unexpected sad news today that one of our dear friends of Houston Deaf Senior Citizens, Elnora Morgan (formerly of Louisiana) passed away Thursday night, July 22, 2004 from leukemia. At this time an obituary article is not ready, we will print the article on next (September) issues.

Our prayers go to her family.



From the Editor:

Dear Houston Senior Citizens and Friends:

How was your vacation trip or summertime? Hope everything went well. By the time you receive this newsletter I'll be ready to take a vacation trip to Canada, and I am excited!

By the way I want to inform you that, after my first two weeks of August vacation, we will start work on the newsletter. So the September issues may be mailed a few days later than usual. Also in the future there will be a little change in the newsletter, and we are trying to get things improved for your pleasure reading.

Autumn is coming around the corner, let's enjoy the summertime.

Audrey

Houston
Deaf
Senior
Citizens
Newsletter

Editor

Audrey
Leger

The Staff

Zelma
Curbello

Thelma
Jo Hays

Pedro
Solis

Roger
Spivey

Mary Jo
Stevens

Please send any news, information, jokes, pictures, recipes, sports or anything that you want to share with Senior Citizens. **Please keep articles to less than 250 words, due to limited space on the newsletter.** Please note that the editor may, at her discretion, edit articles or news items for brevity and to correct errors. **The deadline is on the 15th of each month.** Items received after the 15th will be held until next issue.

NOTE: Unpaid subscriptions are discontinued after three months. In order to serve you better, a reminder will be sent during the second month.

If you have any questions, don't hesitate to contact us at 281-437-6224 TTY or fax at 281-416-0799 or e-mail us at hdsnews@yahoo.com.



**Flash News for next Field Trip
Livingston & Coldspring, TX**

Houston Deaf Senior Citizens will meet at Woodhaven Baptist Church, 9920 Long Point Rd, Houston, TX on Friday, August 13th at 7 - 7:15 AM. The bus will depart no later than 7:30 AM.

10 AM – Polk County Memorial Museum in Livingston –Donations accepted

11:15 AM – Jones Davis Cabin in Livingston – Donations accepted

12 or 12:30 PM – Lunch at "Out to Lunch Café" in Livingston – Reasonable price

2-2:30 PM – – United Methodist Church (built in 1858) in Coldspring

3:30 PM – If time permits San Jacinto County (1887 Jail) Museum in Coldspring
Both in Coldspring donations accepted.

NOTE: Audrey Leger will be out on vacation this time, please contact Zelma Curbello if any questions. Thanks.

If you are interested in going on the field trip, please contact Zelma Curbello at 713 941-3247 before the 12th. Come and let's have fun together. See you on the 13th.

NEWS

Ruth Seeger: Editor's Note from a magazine of TEXAS WOMEN, *Legends in Their Own Time* (1989)

By Claudia Dee Seligman



Ruth beams with pleasure when the Texas School for the Deaf's gymnasium was renamed in her honor upon her retirement.

In 1984 she was the Co-Director for the Fifth National Games for the Deaf held in Austin, Texas. In 1989 she has traveled to the World Games in New Zealand to coach the American 4x100 meter relays plus the 100 and 200 meter dashes. Three of her Texas students have competed there.

Ruth has been honored as one of the six Outstanding Women of Austin in 1972, and placed in 1975 in the American Athletic Association of the Deaf Hall of Fame. When she retired in 1986, the gym at Texas School for the Deaf was named in her honor.

Ruth Seeger was born deaf, but she has learned sign language, lip reading, and speaking. She used an interpreter, Mike Rosen, when interviewed for this project, but she also used sign language and oral language to communicate her past to students.

Ruth recently retired after coaching at the Texas School for the Deaf for thirty-seven years. In 1957 when she was thirty-three years old, she competed in the World Games for the Deaf in Milan, Italy---the first deaf American woman in track and field ever to compete and one of the first three deaf American women to compete in the World Games. She won sixth place in high jump and a bronze medal (third place) in mixed doubles tennis.

She returned to her coaching position at TSD as the school's first female track, volleyball, and then first female softball coach. She began coaching female students to compete in the World Games in 1965. Her students have brought home thirty gold, silver, and bronze medals, including a total of ten in the 1969 Yugoslavia World Games by four TSD students.



Sammy Oates and Ruth Seeger, who both competed at the World Games in Milan in 1957.

TSD's 150th Celebration 1856 - 2006

TSDAA (Texas School for the Deaf Alumni Association) are planning to have Texas School for the Deaf's 150th celebration June 8 – 10, 2006 in Austin, TX in honor of their school. Come; join with friends and have fun!

For more information contact Billy Buza, General Chairperson at 713-921-7073 TTY or email: BBBUZA@AOL.COM OR Walt Camenisch, Vice-Chairperson at 512-892-1266 TTY or email: GOLFERWC@AOL.COM.

Also watch THE September or October Issues for more details about registration, ticket prices, schedule of events & hotel information, etc.

*All the tranquility, the happiness & security of mankind rest on justice,
on the obligation to respect the rights of others.*

~ Thomas Jefferson

Profile of Successful Alumni: Willie and Evelyn Floerke

By Jerry Hassell, TSD Alumnus

Lone Star

Journal of the Texas School for the Deaf

Summer/Fall 2003

From the time TSD was established in 1856 until around 1880, approximately 90% of the students upon leaving TSD engaged in farming, as was the apparent standard across the country. Nowadays the number is far less than 1%, but Willie (TSD '44) and Evelyn Fitch Floerke (TSD '46) have been part of this dedicated group for 59 years since they graduated from TSD.

Willie attended Gallaudet University for only one year before leaving to pursue his only interest: farming. He and Evelyn raised chiefly cotton and grain crop, but they also had huge gardens to provide delicious, healthy meals for their household and friends.

They have one son, Billy, who has been a Texas Rehabilitation Commission counselor for deaf clients in San Antonio for many years. Billy has two children of his own, Benjamin and Casey, both living in Bandera.

Although Willie and Evelyn gave their full attention to farming, they devoted a lot of their free time to community service for the Deaf. In 1961, they formed a group to establish Coastal Bend Silent Club in Corpus Christi, which to this day is still the main social center for the Deaf in that city. Through the



years Willie served at different times as president, secretary, and treasurer of that organization.

In 1978, Willie and his friends helped establish the Corpus Christi Area Council for the Deaf (CCACD), and he served that group as board president for many years before taking his current role as board member. Recently the group changed its name to the Deaf and Hard of Hearing Center (DHHC) to include a wider range of services.

From 1980 to 1986, Willie served as a Commissioner for the Texas Commission for the Deaf and Hard of Hearing (TCDHH), and he was appointed chairman at the end of his term. Evelyn spent a lot of her free time with the students at the Regional School for the Deaf, reading stories to them in American Sign Language (ASL).

Willie and Evelyn were honored by the Pilot Club of Corpus Christi as the "Outstanding Persons of the Year" in 1978. At the same time, the mayors of Corpus Christi and Taft proclaimed "Evelyn and Willie Floerke Day" in both cities.

It is possible that no other TSD alumni so far have been visibly recognized and honored by more civic groups than Willie and Evelyn.

Is Time Taking Its Toll on You?

Adapted from *The Memory Cure*

As you get older, are you having more difficulty remembering? There are some foods that you can eat (and some things that you can do) in order to avoid the memory loss often associated with old age. Here are a few tips.

- **Eat Berries.** A Tufts University study showed that aging rats, when fed blueberries, acted like younger rats. Blueberries, followed by strawberries and cranberries, had the greatest impact.
- **Eat foods rich in vitamin E, like olive oil, spinach and whole grains.** They can reduce age-related inflammation of the brain.
- **Exercise.** Heart hazards, like high cholesterol, may interfere with memory by restricting blood flow to the brain.
- **Get enough sleep.** Lack of sleep negatively impacts short-term memory.
- **Do math calculations in your head.** In short, engage your brain. Like any muscle, it needs to be exercised.
- **Use your opposite hand.** It engages both lobes of the brain.

Rock Away Your Bad emotions!

By Prevention Staff Writer

In a study of 25 nursing home patients, the use of rocking chairs eased emotional distress, decreased requests for pain medication, and even improved the patients' balance.

Nurses observed patients who rocked from ½ to 2 ½ hours a day over the course of six weeks. Those who rocked the most improved the most.

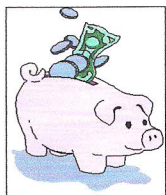
Try this: Don't wait until you are in a nursing home to trade in your easy chair for a rocker – get one *now*. And have a cup of chamomile tea while you're warming its seat. This double-whammy's sure to send stress packing since Chamomile is a proven herbal tension tamer.

Pregnant Women: Abstain from Peanuts

Source: CNN.com

According to a study by British researchers, women who have a family history of allergies, like hay fever or asthma, should not eat peanuts while pregnant or breast-feeding because their children could develop a reaction to peanuts. They found that 3.3 percent had reactions to peanuts. The finding was significant increase compared with 1989, when only 1.1 percent of the children tested positive to children, whose fingers were pricked as a part of the testing, were found to have a high level of atopy, a genetic tendency to develop allergies or asthma. Nearly half of the children who tested positive also had a history of asthma and eczema, a skin disorder. Peanut allergies are very uncommon but they can be deadly.

From Zelma Curbello of LOVE FUND:



We wish to thank you for your generous donations to **LOVE FUND**: Arlene Benham, Thelma Jo Hays, Pernella Smith and Betty Tefler.

Jean & Gene Harkness, thank you for your generous thoughtful donations to **LOVE FUND**:
IN MEMORY OF ROBERT WALKER.

Anyone who wishes to donate **\$\$\$** to **LOVE FUND** should please make a check or money order payable to Houston Deaf Senior Citizens - Love Fund. Please mail to:

Mrs. Zelma Curbello
9623 Tiltree
Houston, TX 77075-4042

NEW SENIOR CITIZEN MEMBER:

Welcome to SC Member: Mack Malone.

RENEWALS:

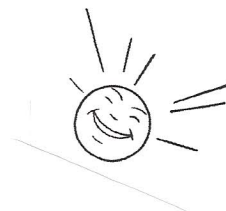
Thank you for your renewal: Dottie Brookes, M/M Jerry Capell, Audrey Edgley, Jennie Lee Jordan, Mrs. Jeanette Mortzfeldt, Malcolm H. Pace Jr, Flora E. Perkins, L. V. Thornton, and Bob & Jane Wood.

Little Old Man

A little old man shuffled slowly into an ice cream parlour pulled himself slowly, painfully .. up onto a stool. After catching his breath he ordered a banana split.

The waitress asked kindly, "Crushed nuts?"

"No," he replied, "arthritis."



CALENDAR OF EVENTS

August 5, 2004 (Thursday)



Positive Interaction Program (PIP) will be held on Thursday, August 5th this time at Woodhaven Deaf Baptist Church at 9920 Long Point Rd. Houston at 7 PM. The presentation will be: You have heard what the media says about tasers. Now come and hear the truth about them. Sgt. William Tweedie with the Houston Police Department SWAT Team will be here to give a demonstration and discuss them with you. Come and enjoy this excellent presentation. Refreshments will be served. Interpreter & captioning will be provided.

August 6, 2004 (Friday)



FRAT will have a meeting and luncheon at 11 AM Friday, July 2nd at Golden Corral Restaurant (get off Hollister exit from North 290, and make a U-turn. Restaurant is on your right).

August 7, 2004 (Saturday)



ASL Social will be at **Traders Village Houston, 7979 N. Eldridge Rd, Houston, TX 77041** Saturday, August 7th from 11 AM to late afternoon/evening. Come to meet your old and new friends. Bring enough money; you might want to shop around. Any questions please e-mail to Earl Johnson at ejohnson127@houston.rr.com.

August 10, 2004 (Tuesday)



Chief's Citywide "PIP" Meeting: There will be NO Citywide PIP meeting in August. The City wide PIP Board Members hope you enjoy a safe and fun summer vacation. See you in September! The next Chief's Citywide PIP Meeting will be 7 PM, Tuesday, September 14, 2004.

August 11, 2004, 2004 (Wednesday)



Houston Senior Citizens will have a general meeting at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston from 9 AM to 1 PM. Come and enjoy chatting with friends!

August 13, 2004 (Friday)



Houston Deaf Senior Citizens will have a field trip to Livingston and Coldspring, TX Friday, August 13th. Meet at Woodhaven Baptist Church, 9920 Long Point Dr, Houston, TX by 7 - 7:15 AM. Let's join us and enjoy ourselves. (See editor page 2, for more information).

August 19, 2004 (Thursday)


















Houston Deaf Senior Citizens will have a fellowship and potluck at **Woodhaven Deaf Baptist Church** at 9920 Long Point from 9 AM to 1 PM. If you wish to bring a covered dish, please contact **Gertrude Sessions** at (281) 447-7575 TTY or **Jenice Wells** at (281) 442-8015 TTY and let them know what you will bring.

August 25, 2004 (Wednesday)



Houston Senior Citizens will have a meeting at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston from 9 AM to 1 PM. Come and enjoy chatting with friends!

August 2004

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Menefee Holdern 	4	5 PIP MEETING 	6 Raymond Edgeley 	7 7ASL SOCIAL Traders Village Houston 
8 Christine McKinnon Doris Adams 	9	10 Margaret Braquet 	11 S.C.M.M.S.C. 	12 Lanier Page 	13 Field Trip Moscow & Livingston 	14 Nellie Bishop 
15	16	17	18	19 S.C. SOCIAL WOODHAVEN James Fair Tom/Jenice Wells-1964  	20	21 Avie Alaniz Fred Duncan, Jr 
22	23	24	25 S.C.M.M.S.C. 	26	27	28
29	30	31 Jesse Dirksen 				

Hallettsville & Moulton

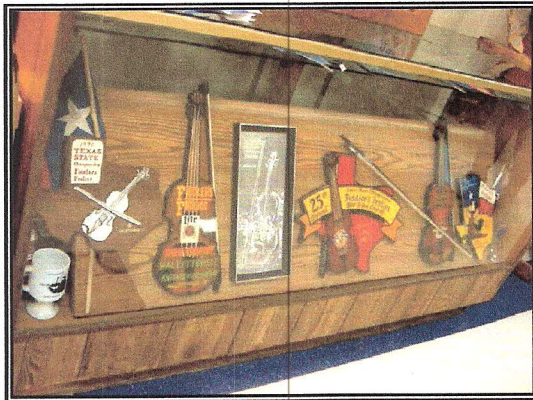
July 9, 2004

On Friday, July 9th, Houston Senior Citizens had a field trip to tour three different Halls of Fame in Hallettsville, TX. Also, they went see-sighting at Stanzel Aircraft Museum in Schulenburg, TX and the St. Joseph's Catholic Church in Moulton, TX. They had really enjoyed their time looking at several places in one day.

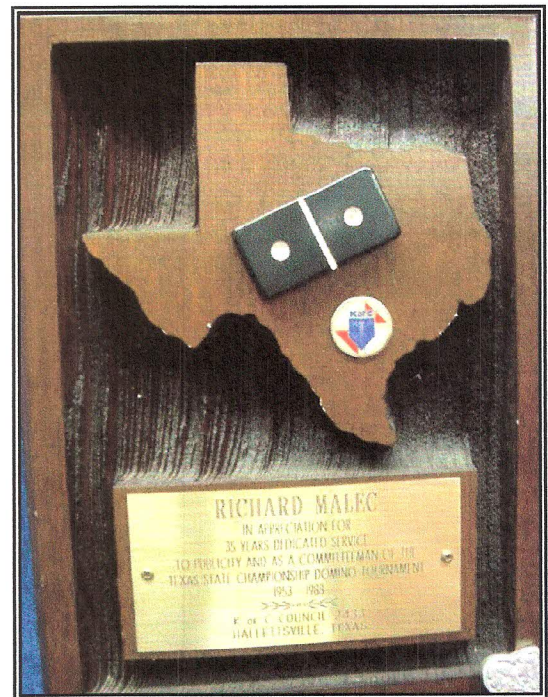


Above: Two fiddlers have won a Hall of Fame award.

Below: See several different kinds of violins.



Below:
Richard Malec was a committeeman of the Texas State Championship Domino Tournament 1953-1988



Left side:
Banner of Old-Timers' Baseball Hall of Fame.



Right side: See many different baseballs and pictures of the teams.





**St. Joseph's Catholic Church
in Moulton**



**"Yes, St. Joseph's in Moulton has
indeed become a beautiful jewel of
the Catholic faith for all who rest**



**Lavaca Historical Museum
in Hallettsville**



**Wedding dress from 1916,
worn by Theresia Sciba who
married John Chovanetz**



**Stanzel Model Aircraft
Museum in Schulenburg.**

REST IN PEACE

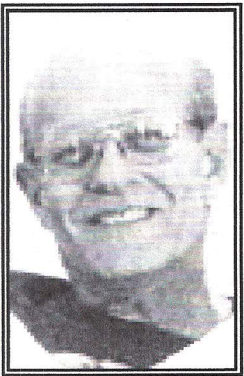
OBITUARIES



Barbara (Sanchez) Brownell, 67, passed away Sunday afternoon, June 27, 2004. She died of cancer, and was cremated.

She graduated at Louisiana School for the Deaf (LSD) in 1957 and one of fine basketball players.

She is survived by her husband, James Brownell, two sons, a daughter and five grandchildren. The prayers go to James Brownell and family.



Robert Wayne Walker, 59, of Houston passed away Monday, June 28, 2004. He was born in Marfa, TX on January 23, 1945.

He is survived by his loving wife of 23 years, Patsy Nell Walker; children: Tracy Walker (Houston), OSI Timothy Walker and wife Clara (Italy); stepchildren: Lisa Zanot and husband Mark (Houston),

Donny Adkins and Melissa (Austin); grandchildren: Patricia, Brandon, Chad, Molly, TY, A.J., R.J.; Father-in-Law Early R. McVey (Houston), and sister, Sandra Walker (Florida).

The family received friends for visitation from 9 to 11 AM Friday, July 2, 2004 at Earthman Resthaven Funeral Home, 13102 North Freeway, Houston, TX with a Funeral Service held at 11 AM Friday in the Chapel, Arthur Craig officiated. The burial was followed in Resthaven Cemetery. The prayers go to Patsy Walker and the families.

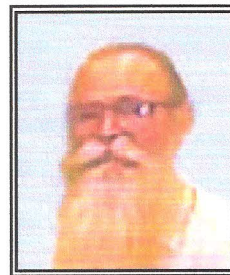


Jerry Ruben Moreno, 55, born December 12, 1948 in Dallas, TX, passed away July 1, 2004. Jerry was a devoted and loved associate for over 34 years for Meisel Visual Imaging. He will be remembered as a loving, caring, playful, and boisterous charming person who always had a smile on his face that would bring happiness to those who knew him.

He is survived by his parents, Ruben and Ersilia Moreno; brother, Larry Moreno, sisters: Yolanda Moreno and husband, Frank; Margaret Saldaa and husband, Gehrig; Diana Ortia and husband, Mack; nephews and nieces.

Family received relatives and friends Tuesday, July 6, 2004 from 6 to 8 PM at Sparkman-Hillcrest Funeral Home. Funeral Services were held Wednesday, July 7, 2004 at 10 AM at Sparkman-Hillcrest Northwest Highway Chapel.

In memory of Jerry, donations may also be made to Deaf Action Center of Dallas. He will be dearly missed.



Private services for **Jerry Wayne Howell, 60,** of Nacogdoches, were held at a later date. Howell died July 3, 2004 in Nacogdoches, TX.

Born April 29, 1943, in Port Arthur, he was the son of Joe Lewis Howell, SR and Dorothy Petty Howell. He was a Baptist and a member of Deep East Texas Association for the Deaf.

Survivors include son, Allen Wayne Howell of Nacogdoches; daughter, Abigail Howell of College Station; and brother, Joe Jr Howell of Nacogdoches.

Memorials may be made to Deep East Texas Association for the Deaf in Lufkin.

Laird-McGill Funeral Home in charge of arrangements.



BURDETTE, BYRLE ROYCE, age 69, formally of Carrollton, now residing in Pottsboro, Texas, passed away Monday, July 16, 2004.

He is survived by his brother Billy Bob Burdette and wife Patricia Lynn Burdette of Arlington.

Memorial Funeral Services were held at Georgetown Baptist Church in Pottsboro at 11:00 a.m. Monday, July 19, 2004.

Johnson-Moore Funeral Home in Denison is in charge of services.

Family requests memorials to Georgetown Baptist Church, 207 Georgetown Rd., Pottsboro, Texas 76076.



Elvee Jones, 88, passed away Friday, July 16, 2004 in Duncanville, TX. She was preceded in death by husband, Robert Lee Jones; sister, Bernadine "Deedie" Walls and brother-in-law, W.T. Walls.

She is survived by sister, Ester Beaty; four children: Roy Jones, Connie Garrett, Ed Jones and Edith Rhone; niece Pearl Richard and her husband J M Richard; daughter-in-law, Nannie L. Jones; son-in-law, Joe Butcher, 14 grandchildren, one great-niece and several great-grandchildren.

Viewing was held throughout the day on Friday, July 23, 2004 at Williams Funeral Home in Jacksonville, TX. Wake took place from 6 – 7 p.m. on the evening of Friday, July 23, 2004 at Williams Funeral Home.

Funeral services began at 1 p.m. on Saturday, July 24, 2004 at Seminary Heights Church of Christ. Interment was followed at Jacksonville City

Cemetery. She will be greatly missed by her family and friends.



Thank You Note

Perhaps you sent a lovely card,
Or sat quietly in a chair.
Perhaps you sent a funeral spray,
If so we saw it there.
Perhaps you spoke the kindest words,
As any friend could say;
Perhaps you were not there at all,
Just thought of us that day,
Whatever you did to console our hearts,
We thank you so much whatever the part.

By the family of

Robert Walker



Houston Deaf Senior Citizens

To All!

Thanks for cards & those

who brought food, etc.

I appreciated it very much

and you all are sweet.

ILY All Always,

Patsy Walker



LIFE IN THESE UNITED STATES



We got lucky when we heard the old Piedmont Hotel in Atlanta was getting a face-lift and its beautiful maple doors became available for sale as salvage items. We bought several and had them installed in our 19th-century home. Showing a friend around our house, I pointed out, "You know, many of these doors are from the Piedmont Hotel." He raised an eyebrow. "Most people just take towels."

Barbara C. Woodall, Fairburn, GA --- Reader's Digest of August 2004



5802 Holly
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Mary Redman
(713) 981-1543 Voice/TTY

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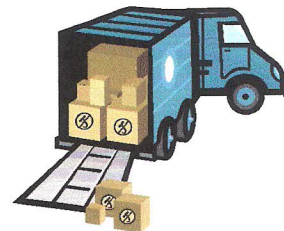
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