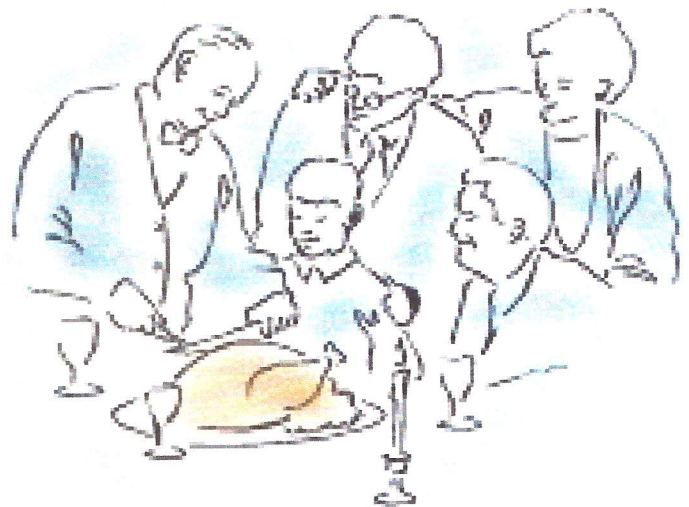


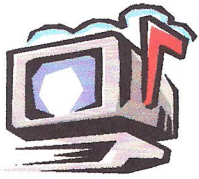
Houston Deaf Senior Citizens

Volume 4

November, 2003

Issue 11





From the Editor:

Dear Houston Deaf Senior Citizens & Friends:

Please send any news, information, jokes, pictures, recipes or anything that you want to share with Senior Citizens. **Please keep articles to less than 250 words, due to limited space on the newsletter.** Please note that the editor may, at her discretion, edit articles or news items for brevity and to correct errors. **The deadline is on 15th of each month.** Items receive after the 15th will be held until next issues.

Note: Subscriptions are not paid within three months after the due date will be removed from our mailing list.

If you have any questions, don't hesitate to contact Audrey at 281-437-6224 TTY or fax at 281-416-0799 or e-mail at audright@ev1.net.

Hope you all have a wonderful and safe Thanksgiving.

Thank you, Audrey

Houston
Deaf
Senior
Citizens
Newsletter

Editor

Audrey
Leger

The Staff

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Clifton

Zelma
Curbello

Thelma
Jo Hays

Pedro
Solis

Roger
Spivey

Mary Jo
Stevens



Flash News for next field trip
Orange, TX...Wednesday, November 5, 2003

Houston Deaf Senior Citizens will meet at Woodhaven Deaf Baptist Church, 9920 Long Point Dr., Houston at 7AM. The bus will depart no later than 7:30 AM. The group will tour the church and historical museum.

11 AM – First Presbyterian Church - free admission

12:30 or 1 PM - Buffet Lunch

2 PM – Stark Museum of Art - free admission

If you are interested in going on the field trip, please contact Audrey Leger at 281-437-6224 before the 4th. Come and let's have fun together. See you on 5th.

Planned field trips for Houston Deaf Senior Citizens for the next four months:

1. December 12, 2003 (Friday) ~~ Galveston ~~
2. January 9, 2004 (Friday) - ~~ Lake Jackson, TX and Alvin, TX ~~
3. February 13. 2004 (Friday) - ~~ Houston Area ~~
4. March 12, 2004 (Friday) - ~~ DaneVang, TX and ElCampo, TX ~~

NEWS

Note from William Zan Buchanan:

William Buchanan, age 72 of Leander, TX was taken to Seton Hospital in Austin on the 14th of August by his deaf son, Cliff, his wife, Judy and their daughter, Christy for an amputation of William's left lower calf leg. The surgery took about 10 minutes. After a brief stay at the hospital he was transferred to Georgetown Health Hospital for therapy. William was able to return home on Sept 8th. He is feeling good and happy to be home. Later he will be fitted for a prosthesis (lifelike artificial leg).

He loves every one of you, Senior Citizens.
His address: 204 Sunnybrooke Dr., Leander, TX 78641-7809

HEALTHY TIPS: Heart Attack - Submitting by Roger Spivey

By a friend: HOW TO SURVIVE A HEART ATTACK ALONE? IF EVERYONE WHO GETS THIS SENDS THIS TO AS MANY PEOPLE, YOU CAN BET THAT WE'LL SAVE AT LEAST ONE LIFE. Let's say it's 6:15 p.m. and you're driving home (alone of course), after an unusually hard day on the job. You're really tired, upset and frustrated. Suddenly, you start experiencing severe pain in your chest that starts to radiate out into your arm and up into your jaw. You are only about five miles from the hospital nearest your home; unfortunately you don't know if you'll be able to make it that far. What can you do? You've been trained in CPR but the guy that taught the course neglected to tell you how to perform it on yourself. Since many people are alone when they suffer a heart attack, this article seemed to be in order. Without help, the person whose heart stops beating properly and who begins to feel faint, has only about 10 seconds left before losing consciousness. However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough. The cough must be deep and prolonged, as when producing sputum from deep inside the chest. And a cough must be repeated about every 2 seconds without letting up until help arrives, or until the heart is felt to be beating normally again. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. This will allow heart attack victims can get to a hospital. Tell as many other people as possible about this, it could save their lives!

From health Cares, Rochester Genera Hospital via Chapter 240s newsletter
AND THE BEAT GOES ON ... (reprint from The Mended Hearts, Inc. publication, Heart response).

NEWS OF THE WEEK

Texas School for the Deaf and the Ohlone College Deaf Center Select Sorenson VRS

Both the Texas School for the Deaf and the Ohlone College Deaf Center have chosen Sorenson Video Relay Service (VRS) as the primary video relay service for both students and faculty. The schools selected Sorenson VRS based on its ability to deliver the highest-quality video relay service through its state-of-the-art relay solutions and reliable interpreting service. Read the full story at <http://www.sorensonvrs.com>

DeafDdigest - Gold - October 12, 2003

Mirror

My face in the mirror
isn't wrinkled or drawn.
My house isn't dirty,
the cobwebs are gone.
My garden looks lovely
and so does my lawn.
I think I will not
put my glasses back on.

Listed on Dear Abby,
Author: Cary Fellman

Submitting by
Zelma Curbello



OCTOBER BIRTHDAYS

Left to right: Richard Brownalenoir, Lavern Fair, Frank Shaw, Pernella Smith, Opal Piercy and Joe Morton.



RECIPE

BANANA-CHOCOLATE CHIP MINI MUFFINS

Prep Time: 10 minutes (Ready in 45 minutes) 3 1/2 dozen mini muffins

MUFFINS

- 1 (14-oz) pkg, Pillsbury Banana Quick Bread & Muffin Mix
- 1/3 cup miniature semisweet chocolate chips
- 3/4 cup water
- 1/3 cup sour cream
- 1 egg

GLAZE

- 1/3 cup miniature semisweet chocolate chips
- 2 tablespoons margarine or butter

1. Heat oven to 375°F. Generously spray miniature muffin cups with nonstick cooking spray. In large bowl, combine all muffin ingredients; stir 50 60 75 strokes with spoon until dry particles are moistened. Divide batter evenly into sprayed muffin cups, filling each cup 2/3 full.
2. Bake at 375°F. for 12 to 15 minutes or until golden brown and toothpick inserted in center comes out clean. Cool 15 minutes or until completely cooled.
3. In small saucepan, combine glaze ingredients; cook over low heat until melted and smooth, stirring constantly. Drizzle over muffins.

HIGHALTITUDE (ABOVE 3500 FEET): Add 2 tablespoons flour to dry bread mix. Bake as directed above.

reynoldskitchens.com

Deaf History

Carlin, John (1813-1891)

John Carlin, born in Philadelphia on June 15, 1813, lost his hearing and speech in infancy. He became an outstanding artist, writer, poet, and speaker, and was knowledgeable in many fields.

Carlin was largely self-educated and early demonstrated a talent for drawing. He attended the Pennsylvania School for the Deaf in Philadelphia, graduating in 1825 at the age of 12. One of his instructors was the renowned Laurent Clerc, a deaf teacher from the American School for the Deaf at Hartford, Connecticut, who was helping the Philadelphia school get started. In later years, Carlin painted portraits of Clerc.

Carlin's father, an indigent cobbler, was unable to provide financial support for the boy to remain in school, so Carlin secured employment as a sign and house painter. In his leisure time, he studied art and the English language, and by the time he was 19 years old he had mastered five languages.

In 1833 and 1834, Carlin studied drawing under John Rubens Smith and portrait painting under John Nagle in New York City. These experiences strengthened his belief that painting was his forte.

With money earned from a personal business venture, in 1838 Carlin took up the formal study of art, first in London at the British Museum, and later in Paris, where he studied portrait painting under Paul Delaroche. His knowledge of the French language stood him in good stead.

Carlin returned to New York City in 1841, making it his home. He established a studio and devoted himself to producing miniature paintings of members of the Knickerbocker families. The advent of photography turned his attention to painting landscape and genre subjects and to portraits in oils.

In December 1843 Carlin married Mary Wayland, a former pupil of the New York School for the Deaf; they had five children, all with normal hearing.

Carlin painted miniature portraits of the most famous men of the day, including a number of

Washington diplomats. He knew Jefferson Davis personally and painted his son.

Carlin wrote poetry and once earned the praise of William Cullen Bryant. He was also a prolific writer, and lectured before deaf audiences on many topics. In 1868 he wrote a children's book, *The Scratchsides Family*.

Beginning in the early 1850s, Carlin took an active interest in the public affairs of deaf people. He helped to raise considerable money for the building fund of St. Ann's Church for the Deaf in New York City. Erected in 1852, it was the first church for deaf parishioners in the United States. For 40 years, Carlin was a member of the church. The first monument to Thomas Hopkins Gallaudet, the pioneer educator, was erected in Hartford at Carlin's suggestion. He contributed a side panel for the monument and gave an oration at the unveiling of the memorial column in 1858.

In 1854, ten years before Gallaudet College was founded in Washington, D.C., Carlin wrote an article in which he favored higher education for deaf persons. He delivered a speech at the inauguration of the college (then known as the National Deaf-Mute College) on June 28, 1864. He was the first recipient of an honorary degree from the college in recognition of his services to the deaf community.

Other accomplishments included the founding of the Manhattan Literary Association of the Deaf in 1864, the first such organization in the United States, and the chairing (1873-1881) of a committee to raise funds for the building of the Gallaudet Home for Aged and Infirm Deaf.

Following an illness of six months, Carlin contracted pneumonia and died on April 23, 1891, at the age of 78 in New York City. He was buried in Woodlawn Cemetery.

Carlin, John; Gallaudet *ENCYCLOPEDIA OF DEAF PEOPLE AND DEAFNESS, p.178*

CALENDAR OF EVENTS

November 5, 2003 (Wednesday)



Houston Deaf Senior Citizens will have a field trip in Orange, TX. Please be at **Woodhaven Deaf Baptist Church**, 9920 Long Point Dr, Houston at 7 AM. Let's join us and enjoy ourselves. (See editor page 2, for more information).

November 6, 2003 (Thursday)



Due to Election Day on Tuesday, November 4th, **Positive Interaction Program (PIP)** will be held on Thursday, November 6, 2003 at Woodhaven Deaf Baptist Church at 9920 Long Point Dr. Houston at 7 PM. The presentation will be: HPD Helicopter Division. Come and learn what a wonderful asset they are to the city and how they help keep the city safe. Refreshments will be served. Interpreter & captioning will be provided. Come and join with them.

November 7, 2003 (Friday)



FRAT will have a meeting and luncheon Friday, November 7th from 11 AM to 2 PM at Golden Corral Restaurant (get off Hollister exit from North 290, and make a U-turn. Restaurant is on your right. Come, and you can find out how you can become a FRAT, and have many more savings, as well as a discount toward your birthday or wedding anniversary. Besides getting all you want from the buffet, you can also find out who is getting the discount.

November 7, 2003 (Friday)



ASL Social at Jax Grill Restaurant, 1613 Shepherd Road, Houston, (South of (I-10) Katy Freeway), Friday, November 7th from 5 PM to 9 PM. Please e-mail to contact Roger Spivey at spivey39@ev1.net.

November 12, 2003 (Wednesday)



Houston Senior Citizens will have a general meeting at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston from 9 AM to 1 PM. Come and enjoy chatting with friends!

November 20, 2003 (Thursday)



Houston Deaf Senior Citizens will meet at **Woodhaven Deaf Baptist Church** at 9920 Long Point from 9 AM to 1 PM. There will be a Mexican dinner. If you wish to bring a covered dish, please contact **Evelyn Autry** at (713) 984-8186 TTY or **Gertrude Sessions** at (281) 447-7575 TTY and let them know what you will bring.

November 26, 2003 (Wednesday)



Due to Thanksgiving Day on Thursday, there will be no meeting on Wednesday, the 26th at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston

November 27, 2003 (Thursday)

~~~~~*Happy Thanksgiving Day*~~~~~



# November 2003

| SUN | MON | TUE | WED                                                                                                                  | THU                                                                                                                      | FRI                                                                                                                                         | SAT                                                                                                      |
|-----|-----|-----|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
|     |     |     |                                                                                                                      |                                                                                                                          |                                                                                                                                             | 1                                                                                                        |
| 2   | 3   | 4   | 5 FIELD TRIP<br>ORANGE<br>         | 6 PIP MEETING<br>                    | 7 ASL SOCIAL<br>JAX GRILL RESTAURANT<br>J. C. SMITH<br> | 8                                                                                                        |
| 9   | 10  | 11  | 12 S.C.M.M.S.C.<br>                | 13 GENE HARKNESS<br>LARUE CLIFTON<br> | 14                                                                                                                                          | 15                                                                                                       |
| 16  | 17  | 18  | 19                                                                                                                   | 20 S.C. SOCIAL<br>WOODHAVEN<br>       | 21                                                                                                                                          | 22                                                                                                       |
| 23  | 24  | 25  | 26 S.C.M.M.S.C.<br>NO MEETING<br> | 27 HAPPY<br>THANKSGIVING<br>          | 28                                                                                                                                          | 29 DARWIN S. HILL<br> |
| 30  |     |     |                                                                                                                      |                                                                                                                          |                                                                                                                                             |                                                                                                          |

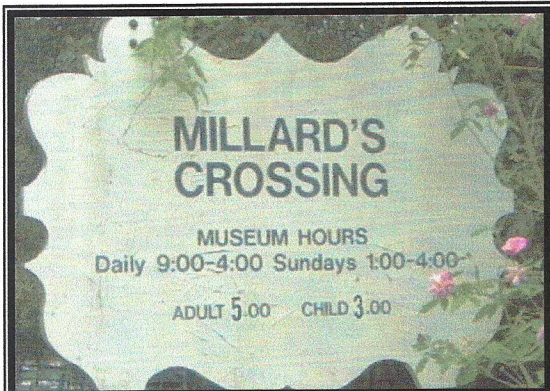


# Field Trip

## Nacogdoches, Texas

October 10, 2003

Houston Deaf Senior Citizens visited Historic Millard's Crossing Museum in Nacogdoches, TX on October 10, 2003. See great pictures below:



Millard's Crossing started 35 years ago when Mrs. Albert Thomas retired from her busy life of politics and antique collections. She decided to put her collections at Millard's. Millard's Crossing currently serves as a museum complex where visitors can enjoy touring unique collection of 19<sup>th</sup> century buildings.



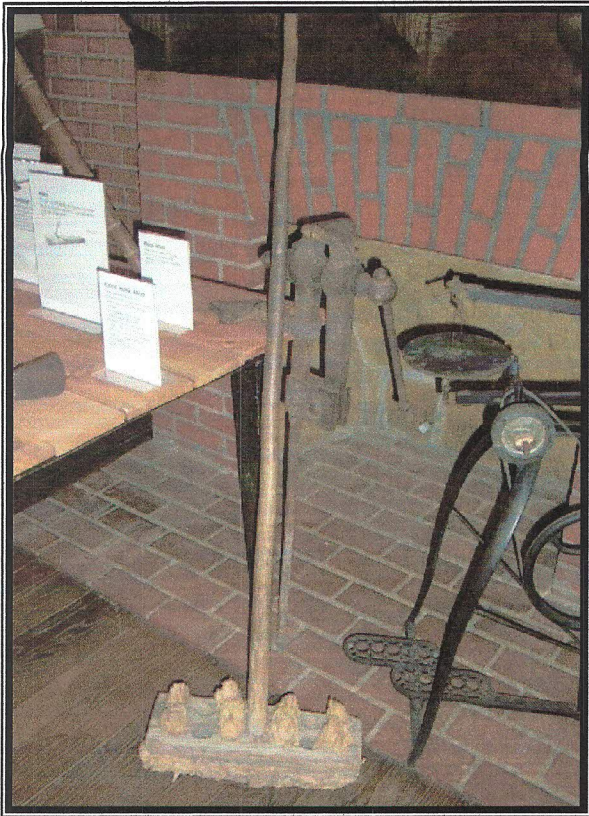
Watkin's log house was built by a great-great uncle of Mrs. Thomas on her mother's side of the family in the 1830's. A modern kitchen and bathroom were added for her grandchildren who used to stay in the house when they came to visit.



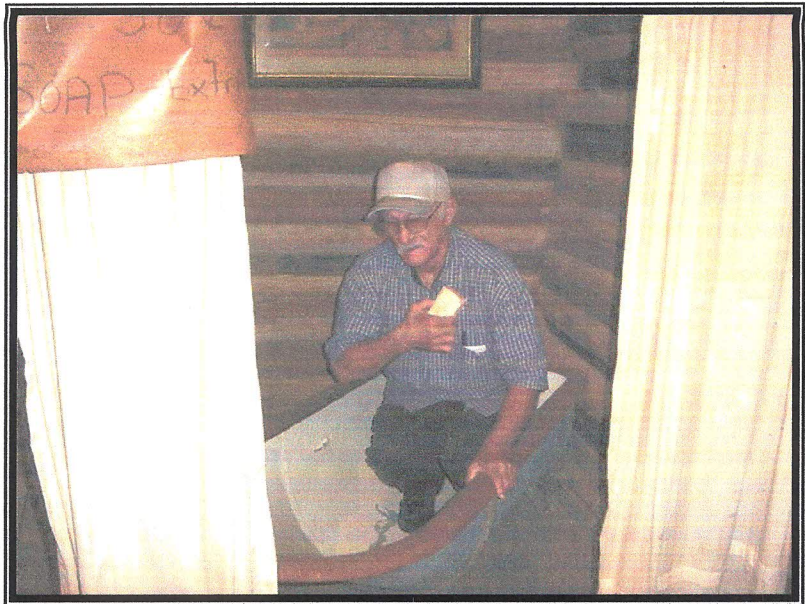
In Log School House, Senior citizens women wearing bonnets and men with straw hats. The house, bonnets and straw hats give them a feeling of what it was like in the old days. They seem to be having fun.







Upper picture shown: the broom has 8 holes. Corn husk was inserted into each hole to sweep the floor in the old days. Isn't it interesting?



William Lambert satisfying his curiosity to see how the bathtub fits him.

The Stone Fort Museum explains the history of East Texas and Nacogdoches prior to 1900, placing special emphasis on the Spanish and Mexican periods, beginning in 1690 with the establishment of the Spanish Mission Tejas and ending with the overthrow of the Mexican government in 1836 by Texas revolutions. It stands on the campus of Stephen F. Austin State University. (From Stone Fort Museum brochure.) →







# REST IN PEACE

## OBITUARIES



**Charles W. "Charlie" Sandlin**, born April 8, 1939, passed away on September 19, 2003. He will be greatly missed by his family and friends. Surviving are stepmother; Ruth Sandlin Hanks, sisters: Paula Gail Parker and Margaret Ruth Sandlin O'Day, nieces; Mary Sandlin Keefe, Kellie Ann Sandlin, and Kathy Podraza, nephews; Wiley Garrette Sandlin III, cousins, Kristen Leigh O'Day, Zachary Straub-Parker and numerous great nieces, great nephews and cousins. Also surviving Charlie is Karl Kilbourne who has been considered the "adopted son" to Charlie and misses him very much.

Visitation had begun at 2 PM Friday, September 26<sup>th</sup> at Forest Park Lawndale Funeral Home. Funeral Services were conducted at 2 PM Saturday, September 27, 2003 at Forest Park Lawndale Family chapel with interment to follow in Forest Park Lawndale Cemetery.



**Mickey Richburg Jr., 69**, of Odessa passed away Monday, Oct. 6, 2003, at Medical Center Hospital. He was born September 26, 1934, in Inadale, TX to Carmen and Christeen Richburg.

Mickey attended the Texas School for the Deaf in Austin. He managed the Palace Cleaners in Roswell, N.M., and worked for Levi Strauss and Co for many years in both Roswell and Odessa. He was last employed with Albertsons in Odessa. He volunteered at the Northside Senior Citizens Center and was cherished by many of his friends in the deaf community. He has been a resident of Odessa for the past 22 years.

Survivors include his mother of Odessa; two daughters, Paula McDonald of Roswell and Jennifer McDonald of Anchorage, Alaska; three brothers, James A. Richburg of Odessa, Gary Richburg of Roswell and Ronald Richburg of Roswell; one sister, Janie Coats of Carlsbad, N.M.; and six grandchildren, Jeremy and Justin Weeaks of Roswell, Joman and Joloni Pettes of Roswell, Billy McDonald of Anchorage and Brian Chavez of Anchorage. He was preceded in death by his father in 1976 and his brother, T. D. Richburg in 1997. Cremation arrangements entrusted to Sunset Funeral Home of Odessa.



Mrs. Mary Louise Dupre'

Funeral Services for **Mrs. Mary Louise (Slack) Dupre, 66** (graduated from Louisiana School for the Deaf in 1957), were held Friday, October 10, 2003 at 2 PM in the Oak Grove Assembly of God church with Dr. Mike McKee officiating. Burial was followed in the Salem Cemetery under the direction of Bailey Mortuary, Plain Dealing, LA.

Mrs. Dupre was born April 17, 1937 in Plain Dealing, LA to Thurman and Jessie Cook Slack and died October 7, 2003 at her home in Benton, LA following a lengthy illness. She was a resident of Plain Dealing for the past 22 years, member of the First Baptist Church of the Deaf Mission, Shreveport, LA and retired from the Veterans Hospital.

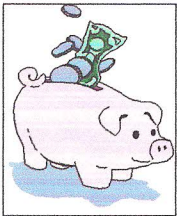
She was preceded in death by her parents, Thurman and Jessie Cook Slack; and two sons, Rodney Dupre and Donovan Dupre. She is survived by her husband, Fred Dupre of Benton, LA; son, Billy Dupre of Houston, TX; daughter, Rose Whittington and Husband, Doug of Benton, LA; Three sisters, Arline Hamiter, Florine Dinkins, Doyline Jackson, all of Plain Dealing, LA and two grandchildren, Morgan Whittington and Alex Whittington, both of Benton, LA.



**Bernice G Key, 98**, born October 10, 1905 in Bryants Mill TX and passed away October 13, 2003 in Plano, TX. She was a long time resident of Dallas, Bernice is survived by daughter, Gwendolyn (Thornton) Brown (Verdneil Brown); son, Lee R. Thornton and wife, Mary; granddaughter, Judy B McFarland and husband, Jerry; grandson, Stephen J. Thornton; great-granddaughter, Becki Miniham and husband, Mike; great-grandson, Jim McFarland and wife, Megan; and 7 great-great-grandchildren.

Family received friends from 6 to 8 PM on Wednesday, October 15, 2003 at Restland Funeral Homes. Services were held at 11:30 AM on Thursday, October 16, 2003 at Restland's Wildwood Chapel.

**Note:** Gwendolyn (Thornton) Brown graduated from TSD in 1940 and married Homer Brown, a TSD houseparent, who was killed during World War II.



**From Zelma Curbello of LOVE FUND:**

We wish to thank you for your generous donations to **LOVE FUND**: Arlene Benham, Gus & Zelma Curbello, Thelma Jo Hays, William Hebert, Audrey Leger, Elnora Morgan, Roger Spivey, and Paula Szablowski.

Maurice Ford, thank you for your generous by making the beautiful crafts to be sold and donated money to **LOVE FUND**.

Early McVey and Hazel & Jack Richard, thanks for your thoughtful of donations **IN MEMORY OF ALL DECEASED FRIENDS**.

Anyone who wishes to donate **\$\$\$** to **LOVE FUND** should please make a check or money order payable to Houston Deaf Senior Citizens-Love Fund. Please mail to:

**Mrs. Zelma Curbello  
9623 Tiltree  
Houston, TX 77075-4042**

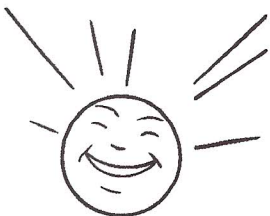
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**NEW SUBSCRIBERS:**

*Welcome to our new subscribers: Clark Grundler % Granbury Care Center and Tam & Martha Malone*

**RENEWALS:**

Thank you for your renewal: Jesse & Brenda Baxter, Sr., Cynthia Clifton, Mrs. Henry (Ann) S. Frazier, George T. Joffrion, Marie L. Shropshire, and Steven Sirois.

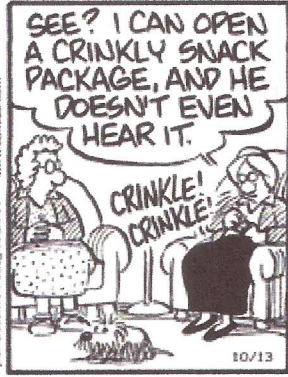


If people from Poland are called Poles, why aren't people from Holland called Holes?

If Fed Ex and UPS were to merge, would they call it Fed UP?

Why is a person who plays the piano called a pianist but a person who drives a race car not called a racist?

Received E-mail from a friend



Submitting by Karen Clifton, received from her friend

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5802 Holly  
Houston, TX 77074

Mary Redman  
(713) 981-1543 Voice/TTY

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Houston Deaf Senior Citizen Newsletter

Mail to: Audrey Leger  
P O Box 664  
Missouri City, TX 77459

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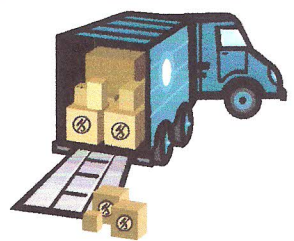
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ZIP \_\_\_\_\_

TTY or FAX #: \_\_\_\_\_  
(Please Circle one)

EMAIL: \_\_\_\_\_

# MOVING?



Please make sure your  
**NEWSLETTER**  
moves with you!

(Print, Please)

OLD ADDRESS:

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CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

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