

HOUSTON DEAF SENIOR CITIZENS NEWSLETTER

Volume 7

April 2006

Issue 4

Reminder: April 2, 2006

Daylight Saving Time
Forward one hour



April 16, 2006

Happy Easter



We are planning monthly field trips for Houston Deaf Senior Citizens

When the place and date are settled, it will be announced on each month of the newsletter

Attention: No field trip this month



EXERCISE THAT'S EASY ON THE JOINTS

MEMORIAL HERMANN SOUTHWEST

ORTHOPEDIC: Health Highlights – March 2006

The prescription for achy joints? Regular exercise may be one of the best medicines for relieving and preventing the joint stiffness caused by arthritis as well as by normal wear and tear. It also offers great protection against osteoporosis, fractures and muscle strains.

For osteoarthritis sufferers, swimming is an especially joint-friendly way to stay in shape and keep muscles strong. Walking or Tai Chi are two other joint-easy options.

But many other activities – cycling, dancing or even weight lifting – can be safe for the joints, as well.

The key? Don't overdo it. Whether you're adding minutes or miles to your present workout or starting something new, go gradually.

A few other tips:

- Stretch muscles slowly when warming up and cooling down.
- Apply heat before exercising if your joints are stiff.
- Plan exercise around the time of day you're typically less achy. If appropriate, take pain relievers one hour before.
- Strengthen all the muscle groups. For instance, a runner has a greater chance of injuring an Achilles tendon if she or he has strong calf muscles but weak shin muscles.
- Finally, if you feel more pain than usual, stop exercising.

Talk to your doctor about exercises that might be right for you

From the Editor:



Dear Houston Deaf Senior Citizens and Friends,

I am glad the wintertime is over and spring is now here. Some of you will be ready to travel out of town, go fishing, visiting your families and friends or go to any events during spring and summer time including TSD 150th anniversary in June, hopefully the weather won't be as crazy as before. So after you had trips or special times, will you please share any news, pictures, jokes or anything with Senior Citizens?

We have a new game for you and that will be the pictures of Senior Citizens as babies and also as adults. You try to find who's who. Whenever we have free space of the newsletter, we put down 3 to 5 Senior Citizens' pictures. It'll be fun to know who's who of your old friends. (See page 9). The quiz answers will be printed somewhere on the newsletter. You are welcome to share your baby and adult pictures with us. Just mail me those pictures and I'll scan them before send them back to you. Have fun guessing who's who!!

Take care and have a pleased spring time.

Audrey

Here's a note from HDSC President

Hello my dear HDSC fellows!

Just want to remind you about the coming HDSC Regular Business Meeting scheduled on April 12th. Please let everyone know about it and try to be there. We will have one important issue on the agenda, and it is about our By-laws. Last meeting we adopted them basically. Vice President James Fair and his By-laws committees are currently making some changes such as wordings, etc. Then it will be presented at next meeting for our final and formal actions. Remember, we are counting on every one of you to make our HDSC a strong organization.

So, I will see you all there on April 12th.

Earl Wilson Day

REMINDER: There will be no field trip in April, but will have one in May. Please check the May Issues for the place and date. Thanks.

Houston Deaf Senior Citizens Newsletter

Editor

Audrey Leger

The Staff

Roger Spivey
Zelma Curbello
Mary Jo Stevens
Thelma Jo Hays
Nancy Krone

Temporary

Margie Graham
Rochelle Simpson

Please send any news, information, jokes, pictures, recipes, sports or anything that you want to share with Senior Citizens.

Please keep articles at least 300 words or less, due to limited space in the newsletter. Please note that the editor may, at her discretion, edit articles or news items for brevity and to correct errors. **The deadline is on the 15th of each month.** Items received after the 15th will be held until next issue.

NOTE: Unpaid subscriptions are discontinued after three months. In order to serve you better, a reminder will be sent during the second month. The third month will be your last subscription.

If you have any questions, don't hesitate to contact us at
281-437-6224 TTY / VP / FAX or
E-mail us at hdsnews@yahoo.com



From Zelma Curbello of LOVE FUND

We wish to thank you for your generous donations to **LOVE FUND:**
Bertha Moses and Joan & Homer West.

~~~~~  
Thank you all for your hearty thoughtful donations to  
**LOVE FUND IN MEMORY OF YOUR DEARLY FRIENDS**

Bobby Joe Griggs – **ALL LOVED FRIENDS**      Tennie Sessions - the Class of Seniors '58 – **RALPH WHITE**  
Laura & Jeff Geyer, and Lynda & Leland Benefield – **JOE MORTON**

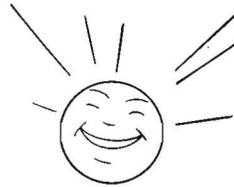
Anyone who wishes to donate **\$\$\$** to **LOVE FUND** should please make a check or money order payable to **Houston Deaf Senior Citizens - Love Fund.** And mail to:

**Mrs. Zelma Curbello**  
**9623 Tiltree**  
**Houston, TX 77075-4042**

~~~~~  
Subscription is a great gift for your loved family or friends.

WELCOME SUBSCRIBER:

Welcome back, Paul Fincher
Paul Finch's gift subscription from Virginia Mead
Virginia, thank you for your thoughtfulness gift.



MEETING

APR 4 – PIP
APR 12 – SC at MMSC
APR 26 – SC at MMSC

RENEWALS:

Thank you for your renewal: Carole Allen, Evelyn J. Autry, Arlene Benham, Nellie C. Bishop, Larry Butler, Gus & Zelma Curbello, Raymond & Ann Edgley, James & Lavern Fair, Betty Falke, Larry & Ollie Flanagan, Maria Garcia, Troy & Margie Graham, Thelma Jo Hays, William Hebert, William G. Lambert, Audrey Leger, Carl Long, Mack E. Malone, Evelyn Marek, Ima Jean Martin, Christine B. McKinnon, Early McVey & Patsy Walker, Fern Mears, Wanda L. Morton, Hazel E. Reed, Hazel Richard, Travis & Gertie Sessions, Francis & Lottie Sevier, Kennedy Slavin, Pernella Smith, Robert Smith, Sydna F. Smith, Don J. Sowell, James & Julie Spaulding, Roger Spivey, Betty J. Telfer, Franklin & Mary Faye Tippett, E.R. & Lanita Ugarte, Tommy & Jenice Wells, Homer C. & Joan West, I.D. & Floyd Wicker, Daril Williamson, and Raymond Wilson, Sr.

Daylight Saving Time

Apr 2, 2006

Forward one hour

ASL SOCIAL

Apr 7, 2006

Jax Grill Restaurant
1613 Shepherd, Houston, TX

HHT SOCIAL

Apr 14, 2006

Deerbrook Mall – Food Court
20131 Hwy 59 N, Humble, TX

SC SOCIAL-POTLUCK

Apr 20, 2006

Woodhaven Baptist Church

APRIL HOLIDAY

1 – Happy April Fool's Day

16 – Happy Easter



APRIL ANNIVERSARY

Apr 11, 1953

Travis & Gertrude Sessions



APRIL BIRTHDAY

6 – Gus Curbello

17 – Carl Long

18 – Floyd Wicker

23 – Robert Small

25 – Ann Edgley

JOKES ON US

One evening during a violent thunderstorm, a mother was tucking her son into bed. As she was about to turn off the light, he asked with a tremor in his voice, "Mommy, will you sleep with me tonight?"

The mother smiled and gave him a hug. "I can't dear," she said. "I have to sleep in Daddy's room."

A long silence was broken by his shaky little voice: "The big sissy."

-- **BOB DOUGLASS**, *The Woodlands*

CALENDAR OF EVENTS

Apr 4, 2006 (Tuesday)



Positive Interaction Program (PIP) will hold a meeting 7 PM at Woodhaven Deaf Baptist Church, 9920 Long Point Rd, Houston. This month's guest speaker will be Sgt. T.J. Salazar from the HPD Auto Theft division who will present some important information in regards to auto theft in our city and how to prevent it from happening to you. It will be interesting, so let's go and learn something. Interpreter & captioning will be provided.

Apr 7, 2006 (Friday)



ASL Social will be at **Jax Grill Restaurant, 1613 Shepherd, Houston, TX 77007** from 3 to 9 PM. Let's come to meet & enjoy chatting with your old and new friends. Any questions please e-mail to Earl Johnson at ejohnson127@houston.rr.com.

Apr 9 2006 (Sunday)



Illuminations Arts will have **Hand Held Tales, "Traditional American Tales"**, 2:30 PM at **Borders Books, 12788 Fountain Lake Circle, Stafford, TX**. Bring your family and friends to join and enjoyable. For more information contact Illuminations Arts at 713-529-6909 TTY/VP or 713-529-6910 Voice, or see their website at www.illuminationsarts.org.

Apr 12, 2006 (Wednesday)



Houston Senior Citizens will have a business meeting at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston from 9 AM to 1 PM. Let's attend the meeting (see Editor Page #2), and afterward enjoy chatting with friends!

Apr 14, 2006, Friday



Houston Hand Talk Social will be at **Deerbrook Mall, Food Court, 20131 Highway 59 North, Humble, TX 77338** from 5 PM to 9 PM. Let's come to meet & enjoy chatting with your old and new friends. Any questions please contact Roger Spivey at spivey39@Yahoo.com.

Apr 20, 2006 (Thursday)



Houston Deaf Senior Citizens will have a fellowship and potluck at **Woodhaven Deaf Baptist Church** at 9920 Long Point from 9 AM to 1 PM. If you wish to bring a covered dish, please contact **Gertrude Sessions** at (281) 447-7575 TTY or **Jenice Wells** at (281) 442-8015 TTY and let them know what you will bring.

Apr 21, 2006 (Friday)



ASL Social will be at **Double Dave's Pizza Work, 3322 Ella Blvd, Houston, TX 77018** from 3 to 9 PM. Let's come to meet & enjoy chatting with your old and new friends. Any questions please e-mail to Earl Johnson at ejohnson127@houston.rr.com.

Apr 26, 2006 (Wednesday)



Houston Senior Citizens will have a social at **Metropolitan Multi-Service Center** at 1475 West Gray, Houston from 9 AM to 1 PM. Let's join with friends and have fun!

Apr 30, 2006 (Sunday)



Illuminations Arts will have **Theatrical Interpreting "The Miser"** 2:30 PM at **Alley Theatre, 615 Texas St, Houston, TX**. For information or tickets contact Illuminations Arts at 713-529-6909 TTY/VP or 713-529-6910 Voice, or see their website at www.illuminationsarts.org.

NEWS



Z.X. Curry

Around or on March 12th he was sent to the Spring Branch Memorial Hospital on Long Point Rd in Houston. He was not doing well and stayed there several days and got released on March 16th.

He and wife Dorothy are now living with their daughter Carol Ann. Carol got a care worker to take care of them during day's time while she is at work.

Daylight Saving Time - Spring forward, Fall back

Sunday, April 2, 2006 is a Daylight Saving Time, please mark your calendar to remind you to turn your clocks forward an hour on that day or at bedtime before April 2nd.

When you change your clocks, it's good idea to change the battery in the smoke detector if you have not done last Fall's Daylight Saving time.

Attention: Date change in 2007 – On August 8, 2005, President George W. Bush signed the *Energy Policy Act of 2005*. This Act changed the time change dates for Daylight Saving Time (DST) in the U.S.

Beginning in 2007, DST will begin on the second Sunday of March instead of first Sunday of April and end the first Sunday of November instead of last Sunday of October. The Secretary of Energy will report the impact of this change to congress. Spring forward will be changed on March 11, 2007 and Fall back on November 4, 2007. That will be continuing with year of 2008 – March 9th and November 2nd, and 2009 – March 8th and November 1st.

Congress retains the right to revert the DST back to the 2005 time schedule once the Department of Energy study is complete. For more information see "When we change our clocks" at

<http://webexhibits.org/daylightsaving/b.html> .

Our Hearty, Deepest Sympathy go to the McAvoy Parents and Family



The newspaper spread out the news to local and national readers about a beautiful Austinite Tara Rose McAvoy, 18, was killed by train Monday afternoon, March 13, 2006. She was walking a few feet from the railroad tracks when she was struck by a Union Pacific train with the plow extends approximately 16 inches on both sides of the tracks.

That story really touches all of us deafies including hearing people as though as most of us don't know her, but yet feel close to her.

She, who had been deaf since birth, graduated last year from the Texas School for the Deaf, and she won the state title in June and represented the state "with dignity and pride". She also attended Austin Community college and then started at Gallaudet University in Washington, D.C. in January, but had returned to Texas.

Our prayers go to the parents and family of hers. Please check the website: <http://www.taramcavoy.com>

DEAF SENIORS ASSOCIATION CONFERENCE 2007

On March 2006 Newsletter, we mentioned about the Deaf Seniors Association Conference 2007 at the Renaissance Orlando SeaWorld Resort in SeaWorld, Florida from April 9th to 15th. And printed down for any information, contact Adele Shuart, asst. chairperson as adele@dsa2007.com or TTY/VP as (561) 738-0268, which are incorrect per Adele Shuart.

She contacted us and said that she had a hard time accessing her DSA email address so she decided to change back to the original. She hopes people do not have a hard time reaching her.

Here are the correct email address and TTY/VP number: aks1973@adelphia.net and [\(561\) 737-1291](tel:(561)737-1291). Per her message, still as mentioned in the article, anyone can access www.dsa2007.com.

Anyone of you had written down the email address and phone number, please make the correction in your address book. Thanks.

Senior Citizens Field Trip

Houston Deaf Senior Citizens took a trip to San Antonio for a day on March 10th. They enjoyed sightseeing the interesting arts at San Antonio Museum of Art (SAMA). The buildings were large with a three-story section in the middle, and a four-story building on both sides of the main building. They showed several different collections of art: American 18th & 19th Century Art, Ancient Art, Asian Art, European Art, Latin American Art, Modern & Contemporary Art, Near Eastern & Islamic Art, Oceanic Art. Due to limit one hour, they didn't tour completely in the building, but really enjoyed to sightsee and know enough about arts with two tour guides' speech.

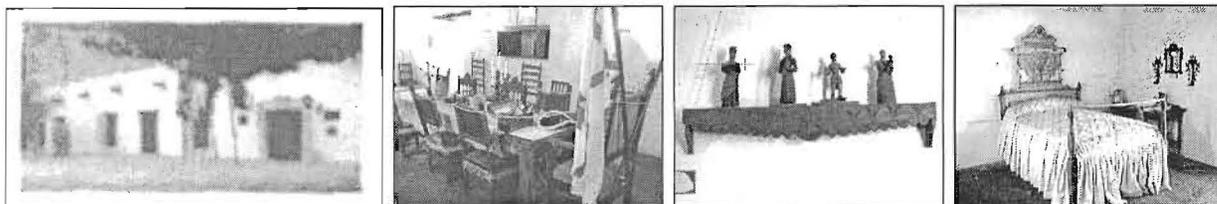
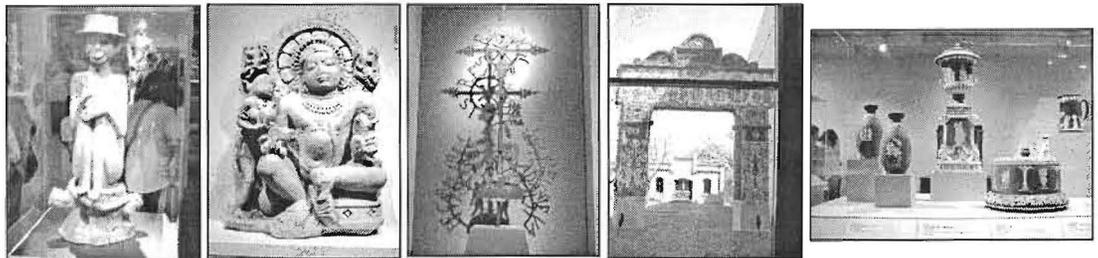
After lunch at Luby's Cafeteria, they toured by themselves at Spanish Governor's Palace which had really nice antique furniture.

The story about that building – before the Battle of the Alamo and before the Declaration of Texas Independence was signed, the Spanish Governor's Palace was the Capital building for the region known as Tejas (Texas). Originally built as a Presidio in 1722 for the Spanish Military and the Presidio Capitan (who often also served as the Governor), and later the city became known as San Antonio, TX. In 1772, the King of Spain ordered the presiding governor and company located at Los Adeas to permanently relocate to San Antonio establishing San Antonio as the new Capitol of Texas in which the Spanish Governor's Palace would now serve as its Governmental building. The Spanish Government period ended at San Antonio, Tejas (Texas) in 1821.

Some of the senior citizens enjoyed taking pictures. They're happy arrived home safely at 7 PM after a long trip.

Here are some pictures of arts at SAMA and Spanish Governor's Palace.

San Antonio Museum
of Arts



Spanish
Governor's
Palace

Some Christian Humor

1.) The minister was preoccupied with thoughts of how he was going to ask the congregation to come up with more money than they were expecting for repairs to the church building. Therefore, he was annoyed to find that the regular organist was sick and a substitute had been brought in at the last minute. The substitute wanted to know what to play. "Here's a copy of the service," he said impatiently. "But, you'll have to think of something to play after I make the announcement about the finances." During the service, the minister paused and said, "Brothers and Sisters, we are in great difficulty; the roof repairs cost twice as much as we expected and we need \$4,000 more. Any of you who can pledge \$100 or more, please stand up." At that moment, the substitute organist played "The Star Spangled Banner." And that is how the substitute became the regular organist!

2.) A Sunday school teacher began her lesson with a question, "Boys and girls, what do we know about God?" A hand shot up in the air. "He is an artist!" said the kindergarten boy. "Really, How do you know?" the teacher asked. "You know - Our Father, who does art in Heaven."

St Patrick Party

Houston Deaf Senior Citizens' meeting and social are usually on Wednesdays. And since St Patrick's Day fall on Friday, they took a party on March 22nd. They were in good spirit to wear the green clothes and three of them won the prizes.

The winners are 1st Jenice Wells, 2nd Pernella Smith, and 3rd Rochelle Simpson. There were nice prizes with the money and diner coupons.

Also they bought the crafts to donate the money to Love Fund and Newsletter Fund.

They really were enjoying themselves.

A Group of St Patty



Standing: Nancy Krone, Tommy & Jenice Wells, Pernella Smith, Brenda Baxter, Rochelle Simpson, Gertie Sessions, Julie Spaulding (behind to Gertie), Christine McKinnon, and Patsy Walker.

Sitting: Sandra Manley, and Nellie Bishop.

DeafDigest Blue - March 19, 2006 - Blue Edition - Barry Strassler, Editor

Video Relay Service interpreter's Tips for using the Video Relay Service with ease

Hi VRS Users --

It's helpful to let your interpreter know the name signs of people you may discuss during a conversation. That way your conversation can flow more naturally. When you do stop to spell a name for your interpreter, the most helpful thing for them is if you spell it slowly and clearly so that they can get it right the first time. Otherwise, the Hearing person may hear something like this, "Caitlin or Cataline or something like that." Or, if you do not stop to spell the name, the Hearing person may hear "C on the chin". Sometimes, the interpreter is not able to clarify the name without completely stopping the flow of conversation.

And, when the interpreter hears a name from a Hearing person, the interpreter may need to clarify the spelling. Difficulties come up with names for interpreters when they hear them, for example....Anne or Ann; Cheryl or Sheryl; Corey, Cory, Kory, Korey, or Corie; Erik, Eric or Erick; Drew or Dru; Casey or Kasey; Christy, Christie, Kristi, or Kristy.

There are so many new creative names these days that the interpreter may have no idea how to spell them correctly. Chauvanne, Shavonne, Shavon.....Elaine, Ilayne, Elayne.....Shemida, Shemeeda, Shamida.....all of these groups of names sound exactly the same.

If you know there is going to be a challenging name that comes up, you can give it to the interpreter before you start the call, so that your call goes much more smoothly. We all want your calls to go as well as possible. When we interpret for you, we become an instant team. Top-notch perfect interpreting usually requires a lot of teamwork. Taking just that extra second at the right time can truly help your call go well.

--Your Loyal VRS Interpreters

News of the Week - Looking Back 5 Years Ago:

We are a Majority of One Percent! Susan Finsidore, involved with the SHHH, was one of the panelists at the Region III Conference of Training Forum on Issues in Vocational Rehabilitation that took place earlier in the week in Philadelphia. She said that a survey breakdown revealed that of the deaf, hard of hearing and late deafened Americans: 95 percent are hard of hearing 4 percent are late deafened 1 percent are deaf

What this means - We are a Majority of One Percent! Why?

...We, the deaf, pushed hard for captioned TV and captioned movies

...We, the deaf, pushed hard for better quality of interpreters

...We, the deaf, pushed hard for TTY relay services

...We, the deaf, pushed hard for ASL acceptance everywhere

...We, the deaf, pushed hard for Deaf Awareness

The spillover of our efforts have impacted positively onto the hard of hearing and late deafened sectors – they are able enjoy captions as much as we do; they are able to use voice with relay service; they are able to get oral and reverse interpreting services; hearing students are able to learn ASL as a foreign language requirement; and Deaf Icons (Curtis Pride, Kenny Walker, Heather Whitestone and Marlee Matlin) are recognized everywhere.

Who's who...?

Here is a new quiz game to find Who's who. Let's have fun and find a match.
The quiz answers are printed in the back page of the newsletter.



1. _____



2. _____



3. _____



4. _____



5. _____



A. Evelyn J. Autry



B. Lennie Morton



C. Mary Jo Stevens



D. Thelma Jo Hays



E. Nancy Morris

Health Tips - Remedy

HONEY & CINNAMON: *Source: Unknown*

It is found that mixture of honey and cinnamon cures several diseases. Honey is produced in most of the countries of the world. Scientists of today also accept honey as a "Ram Ban" (very effective) medicine for all kinds of diseases. Honey can be used without any side effects for any kind of diseases. Today's science says that even though honey is sweet. If taken in the right dosage as a medicine, it does not harm diabetic patients. Weekly World News, a magazine in Canada, in its issue dated January 17, 1995 has given the following list of diseases that can be cured by honey and cinnamon as researched by western scientists.

Here are a few of tips:

HEART DISEASES: Make a paste of honey and cinnamon powder, apply on bread, chapatti, or other bread, instead of jelly and jam and eat it regularly for breakfast. It reduces the cholesterol in the arteries and saves the patient from heart attack. Also those who already had an attack, if they do this process daily, are kept miles away from the next attack. Regular use of the above process relieves loss of breath and strengthens the heart beat. In America and Canada, various nursing homes have treated patients successfully and have found that as you age, the arteries and veins lose their flexibility and get clogged; honey and cinnamon revitalizes the arteries and veins.

FATIGUE: Recent studies have shown that the sugar content of honey is more helpful rather than being detrimental to the strength of the body. Senior Citizens who take honey and cinnamon powder in equal parts are more alert and flexible. Dr. Milton who has done research says that a half tablespoon honey taken in a glass of water and sprinkled with cinnamon powder, taken daily after brushing your teeth and in the afternoon at about 3:00 P.M. when the vitality of the body starts to decrease, increases the vitality of the body within a week.



Recipes

Spinach Salad with Chicken and Fruit

Source: Better Homes and Gardens

6 cups fresh spinach (8 ounces)
 ¼ cup salad oil
 3 tbsps red wine vinegar
 3 tbsps orange juice
 1 tbsp Dijon-style mustard
 ½ tsp poppy seeds

1 11-ounce can mandarin oranges, chilled and drained
 1 ½ cups cubed cooked chicken or turkey or two 5-ounce cans chunk-style chicken, drained and flaked
 2 cups strawberry halves or cantaloupe cubes

1. Rinse and tear spinach. Cover and store in refrigerator. For dressing, in a screw top jar combine oil, red wine vinegar, orange juice, mustard, and poppy seeds. Cover and shake well. Chill up to 24 hours.
2. When ready to serve, in a large salad bowl combine spinach, orange sections, chicken, and strawberries or cantaloupe. Shake dressing and drizzle over salad; toss to coat. Makes 4 to 6 main-dish servings.



PEACH QUICKIE

Submitting by Minnie Collins

1 (#2) can sliced peaches
 1 pkg. white or yellow cake mix

1 stick margarine or butter
 Nuts (optional)

Pour peaches and juice in 9 x 13 inch pan. Sprinkle cake mix over peaches. Melt margarine and pour over top. Sprinkle with chopped nuts if desired. Bake at 350° degrees for 25 to 30 minutes.

NOTE: You can add some raisins along with nuts if desired...
 Also for diabetic....you can change to sugar free peaches, sliced as well for the cake mix...
 It will be great for the diabetics...



MONSTER MASH PARTY MIX

Great for any party
 Email submitted by Mary Faye Tippett

10 cups popped pop corn
 1 (16-ounces) bag plain M&M's
 1 (14-ounces) Jar dry-roasted peanuts

1 cup golden raisins
 1 cup Reese's Pieces

Mix altogether in a large serving bowl and enjoy the party!

Makes 15 cups

REST IN PEACE

OBITUARIES

Charles (Buddy) Van Dusen Jr., Grudgingly gave in to colon cancer March 9, 2006.



He is survived by his daughters Tatiana, Heather and Krista and son Ryan; parents Patti & Charles Van Dusen, sisters Charlotte Houston, Elaine Stroupe and brother Dennis Van Dusen & wife Gloria numerous nieces and

nephews and cousins.

He was born in Dallas November 7, 1951 and attended Stonewall Jackson, W. H. Gaston and Bryan Adams, before moving with his family to Kenner, Louisiana where he became a high school all star baseball player. In 1976 he returned to Dallas, worked as a draftsman and CAD tech, coached Colt baseball in Mesquite and was a member of Dallas Deaf Club.

Even though he had a severe hearing loss, he was always upbeat and optimistic and was a caring and giving person. He devoted his life to his three daughters.

The family was received visitors at Eastgate Funeral Home on Sun. from 6 to 8 PM. A Memorial service was held at First Presbyterian Church, 408 Park Street, Dallas at 2:30PM on March 13, 2006, followed a private burial at Oakland Cemetery.



Maurice Ford, 82, born March 25, 1923, passed away Saturday, March 18, 2006, and he was cremated.



The funeral service for the family only was held at Rosewood Funeral Home in Richland Hills near Ft. Worth, TX.



Services were conducted at Centuries Funeral Home Chapel for **Annie Monroe Frazier, age 82** of Shreveport, La on Saturday March 4, 2006 at 11:00 a.m. With Dr. Mike McKee of Highland Baptist Church officiated where Mrs. Frazier was a member.

Interment as followed in Centuries Memorial Park.

Visitation was at the funeral home on Saturday from 10:00 a.m. to service time. Mrs. Frazier entered into rest on Friday March 3, 2006 after a brief illness. She was attended Louisiana School for the Deaf. She was a native of Goldonna, La. and lived in Shreveport for most of her life.

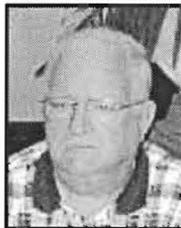


Mrs. Frazier was a loving wife, mother and grandmother. She had a kind spirit and a tremendous compassion for others. Mrs. Frazier was preceded in death by her husband, Henry Shippe Frazier and her grandson, Jeffrey Ben Arnold.

She is survived by her loving daughters, Betty Arnold, Henrietta Bradley and husband Thomas, Kathy Brown and husband Arnold, and Georgia Raymond and husband Paul; one son, Henry Shippe Frazier II; five grandchildren, Bryant and Braden Arnold, Kacy Terra, Kyle Johnston, Stephanie Pinney; five great-grandchildren, Cody and Jace Arnold, Landry Terra, and Taylor and Hunter Pinney.



Glenn Davis Friloux, 67, of Texas City, passed away Friday, March 3, 2006, at Seabreeze Care Center.



A graveside service was held 10 a.m. Monday, March 6, 2006, at Galveston Memorial Park Cemetery in Hitchcock. No visitation.

Mr. Friloux was born April 10, 1938, in Texas City. He worked in the accounting department of Moody Bank.

Survivors include his brothers Curtis Friloux of Texas City and Lloyd Friloux and wife Jimmie of Blue, Oklahoma; sister Elaine Campbell and husband Calvin of Santa Fe, Texas; numerous nieces and nephews.

In lieu of flowers, donations may be made to the American Cancer Society.



Nelson Hays passed away around or on March 5, 2006 in California.



He is survived by his wife, Annabelle and children. I apologize there is not much detail.



Rose Raben Katz, 85, of Austin, beloved wife, mother and grandmother, passed away on Monday, March 13, 2006, after a long battle with cancer and acute kidney disease.



She was born in Iowa City, Iowa on November 8, 1920. She lost her hearing at the age of 7 due to Spinal

Meningitis.

She attended the Iowa School for the Deaf and in 1938 married Joseph Katz who attended the Minnesota School for the Deaf. They celebrated 67 years of loving marriage until Joe's passing one year ago.

With Joe, Rose lived in Omaha, Nebraska, Fort Worth, and Houston and for the last sixteen years in Austin so that they could be close to their son, Jerry Paul Katz, daughter-in-law Carrin, and their grandsons Stephen Katz and David Katz and his wife Shelly.

During her eighty-five years, Rose energetically pursued several diverse roles. First and foremost, she was an extremely nurturing and supportive mother and grandmother. Family was always the central focus and no effort or sacrifice was too great for her unending support of family. Her emphasis on family, a strong work ethic and excellence in achievement were always evident and will not be forgotten.

Rose was also energetic in giving her time to organizations of the deaf. She was a tireless leader, officer, and president of the deaf clubs in both Fort Worth and Houston. She founded the first deaf club for teens in Houston. She was the first woman to become a president of the Fraternal Society of the Deaf and was honored for her continuous leadership in the state by being named Miss Deaf Texas in the late 70's.

In Austin, she served on the board of the Vaughn House which provides housing and vocational rehabilitation for deaf clients. Rose's working career took two paths as she continued to give to the deaf community. She became the first Deaf teacher's assistant in the Houston Independent School

District. She loved working with deaf children and serving as a role model and continued this work for over ten years.

Rose was probably best known throughout Texas for the business she started in 1980, Rosie's TDD Sales. As the first TTY's (telephones for the deaf) were created, Rose was thrilled to bring better communication to the deaf and hard of hearing. Her business thrived for 26 years as she brought better communication devices to her deaf colleagues. She never retired from this work and found fulfillment in serving the needs of the deaf.

Whether it was family, community leadership, teaching or business sales, Rose was present with perceptive reasoning, a firm commitment, and endless energy. As a favorite past time, she loved joining her son Jerry and her husband Joe as an avid supporter of the Westlake High School Football team, and rarely missed a game over the last ten years.

She was also active in the Deaf Senior Citizens of Austin and a long time supporter of the Texas School for the Deaf.

In lieu of flowers the family requests a donation to the Texas School for the Deaf Alumni Association and Museum (Billy Buza - (713) 921-7073), Austin, Texas.

The family offers their thanks to Dr. Robert Kerr, Dr. Judith Betts and to her caregivers, Mimi Palomo and Mercedes Montemayor.

To all her friends and staff at the Summit at Northwest Hills, thanks for a great year of companionship and all the fun at Bingo.

The service was held at Temple Beth Shalom at the Dell Jewish Community Center (7300 Hart Lane), on Thursday March 16, 2006 at 3:00 P.M.

Burial was followed at Temple Beth Shalom Burial Gardens at Austin Memorial Park.



Betty Mae Leggett – Sparks, 75, passed away March 10, 2006 at 9:00 AM in San Diego, California.

Betty was born in Dallas, TX to Raymond and Bulah Leggett. She is survived by her son Fred Vacca Jr. and daughter Catherine Manning, granddaughter Shannon, grandson Travis and two great-grandchildren Destiny and Faith.

Family would like to give special thanks to all her friends who shares in her life. She loved them all.

Senior Humor

Sitting on the side of the road waiting to catch speeding drivers, a state trooper sees a car pattering along at 22 mph.

He thinks to himself, "This driver is as dangerous as a speeder!" So he turns on his lights and pulls the driver over.

Approaching the car, he notices that there are five elderly ladies – two in the front seat and three in the back, wide-eyed and white as ghosts. The driver, obviously confused, says to him, "Officer, I don't understand. I was going the exact speed limit. What seems to be the problem?"

The trooper trying to contain a chuckle, explains to her that 22 was the route number, not the speed limit.

A bit embarrassed, the woman grinned and thanked the officer for pointing out her error.

"But before you go, Ma'am, I have to ask, is everyone in this car OK? These seem awfully shaken."

"Oh, they'll be all right in a minute, officer. We just got off Route 120."

Source: Unknown – Submitted by Montie Strother



Who's who – the quiz answers:

#1 – D, #2 – C, #3 – E, #4 – A, #5 – B

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